



**Meeting Call to Order:** The meeting was called to order at 8:31 a.m. at Cuivre River Electric Cooperative's Community Room by LCRB Member Dr. Elaine Henderson.

**Roll Call and Introduction of Guests:**

**Present:** Margie Beckmann, Katrina Ellis, Glenda Fitzgerald, Christine Heintzelman, Dr. Elaine Henderson, Scott Hufty, Jim Price, Cheri Winchester and Hally Wells

**Absent:** Kathy Boessen, Kristin Gentry, Melba Houston and Sarah Lavy

**Guests:** **Attending via Zoom,** Felicia Linear (ThriVe - Best Choice), JuVaugh Baker (ThriVe – Best Choice), Brittany McDonnell (CNW), Rachel Svejkosky (F.A.C.T.), Chari Bender (NFN), Kristi Hammond (YIN), Kelly Wieser (PreventEd), Jaidan Adams (PreventEd), Jane Gavril (CHN), Christine Petty (CHN) and Becky Martin (citizen)

**Attending in Person,** Mark Grzeskowiak (PCHAS), Cathi Bornhop (F.A.C.T.), Judson Bliss (SLC), Marilyn Carter (D.A.R.T.), Dr. Amy Salvo (Troy R-III School District), Julie Seymore (TCC) and Sheri Jay (citizen)

**Approval of Minutes:** *A motion was made to approve the August 24, 2022, meeting minutes. (M.S.P.: Price, Hufty)*

**Monthly Financial Report:**

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheet as of August 31, 2022
- Profit & Loss Budget Vs. Actual August 31, 2022
- Sales Tax History from 2021 to Present
- LCRB 2022 - 2023 Funding Summary
- LCRB 2022 - 2023 Schedule of Units

The balance of the Peoples Bank & Trust account on 09-27-22 was \$675,414.97 in the Main Account and \$692,587.16 in the Money Market Account for a total balance of \$1,368,002.13.

The Balance Sheet as of August 31, 2022, shows \$165,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$1,285,176.86.

A total of \$178,343.16 was received in August 2022 (163.05% of the monthly budget), and a total of \$85,809.90 (51.7% of the monthly budget) was paid out in expenditures, resulting in a net income of \$92,533.26.

The August 2022 sales tax revenue (deposited on September 7, 2022) was \$173,616.23 (\$15,739.32 or 9.97% more than August 2021).

In September 2022, \$84,770.55 was paid to our providers for August 2022 services. The outstanding 2022-2023 contract commitment is \$1,576,884.93 (for the contract term of July 1, 2022 through June 30, 2023). The usage rate of our contracted services through August 31, 2022 is 8.78%

*A motion was made to approve the monthly financial reports for audit as printed, submitted and explained. (M.S.P.: Heintzelman, Fitzgerald)*

**Correspondence & Announcements:**

- **PreventEd has opened a satellite office** in Lincoln County through a three-year, \$1 million grant. The grant, provided through the Health Resources and Services Administration for a Rural Communities Opioid Response Initiative, supports a collaboration among PreventEd, Compass Health Network, the Lincoln County Health

Department, Lincoln County Ambulance District, and Lincoln County Treatment Court to reduce the number of overdose events in Lincoln County.

- There will be a **CASA Informational Meeting** on Thursday, October 13 from 6:00 to 8:00 p.m. at Cuivre River Electric Cooperative's Community Room (1112 East Cherry Street, Troy) regarding the local effort to bring CASA (Court Appointed Special Advocates) services to Lincoln County.
- **The Lions Club** is endeavoring to start a chapter in Troy. The Moscow Mills Lions Club has experienced needs and service opportunities greater than what the Moscow Mills club alone can address. Anyone interested in becoming involved in a Troy Lions Club chapter should reach out to Sandy McCann at 573-823-7345.
- The **Crisis Nursery Wentzville** and **The Child Advocacy Center** will host an Open House on Friday, October 14 from 3:00 to 4:00 p.m. at their new Lincoln County location housed on the Mercy Hospital Lincoln campus.

#### Old Business:

- Ms. Winchester shared plans for the Toyota Motor Manufacturing, Missouri-sponsored **LCRB 2022 Legislative Summit and Mobile Outreach Tour**. The summit and mobile outreach tour transports our legislators and other local leaders to the forefront of Lincoln County children's mental health needs. Scheduled for October 18, 2022, the day's activities will commence at the new Winfield Middle School. There, our rural school districts will address the current trends and conditions that are impacting the mental health of our county's kids. This year's agenda also will include a tour of new Lincoln County-based services, thanks to a partnership with Mercy Hospital Lincoln, affording families and children access to the Crisis Nursery's Family Empowerment Program and The Child Advocacy Center's mental health therapy services. The summit will conclude at the Lincoln County Health Department where attendees will learn about "Bridge of Hope Lincoln County," a site for emergency housing with wrap-around services for Lincoln County families and adults experiencing homelessness. The summit would not be possible without the support of Toyota Motor Manufacturing, Missouri, which awarded the LCRB a grant of \$3,000 to cover the food and transportation costs. The event is offered without the expenditure of LCRB funds.

#### New Business:

- Ms. Winchester shared findings from LCRB's **End-of-Contract Provider Reports**. During the Jan. 1, 2021 through June 30, 2022 LCRB funding cycle, LCRB served 2,463 Lincoln County kids with direct services, including counseling, therapeutic mentoring, psychiatry, respite care, early intervention programs, crisis care, advocacy, case management and a home-based infant care program provided by registered nurses. At the same time, 16,436 Lincoln County kids received LCRB-funded school-based prevention programming. Funded prevention curricula include: sexual abuse prevention and Internet safety; social emotional learning programs; violence prevention (topics range from anger/conflict management and bullying/cyberbullying to coping skills, self-esteem and healthy relationships); resiliency skills and toxic stress management with a drug-specific prevention curriculum; and healthy relationships and risk avoidance. To account for Lincoln County kids who received services from more than one LCRB-funded program, such as school-based prevention and counseling services, the LCRB reduces the figure of our total youth served by 20%, totaling \*15,119 Lincoln County kids served through LCRB-funded mental health programs during the one-time, 18- month LCRB contract cycle.
- Ms. Winchester stated that LCRB is working on the **2023 Administrative and General Budgets**. For 2023 budget considerations, she reported that in FY 2023 the LCRB is scheduled to conduct its comprehensive needs assessment, which has been completed by Dr. Cynthia Berry in the past. The LCRB conducts a county-wide needs assessment every three years. The current assessment is posted to the LCRB website. Additionally, LCRB will reach the end of the three-year contract with CaseWorthy on August 31, 2023. Renewal contract terms have been presented to the LCRB Finance Committee for initial review, consideration and board recommendations.

#### Executive Director's Report:

Ms. Winchester stated that she will email the board her complete written report and highlighted a few items, including:

In partnership with the Troy R-III School District and its inaugural 2022-23 Parent Series, **The Lincoln County Early Childhood Taskforce Force (ECTF)** is preparing for its upcoming **Parent Engagement Night**, scheduled for November 29 at Troy Middle School. With a focus on "Healthy Behaviors and Development," activities, resources and program sessions will target Lincoln County parents of children ages 0-5. Additionally, the ECTF continues to utilize 2022 Shower of Love funds to help meet basic needs of families with young children. The ECTF meets on the third Thursday of each month at 10:00 a.m. at the Lincoln County Health Department.

**LCRB's September YouTube Video will explore bullying and cyber-bullying**, featuring an interview with Tina Meier founder of the Megan Meier Foundation. Ms. Meier presented to Troy R-III parents, along with the American Federation for Suicide Prevention, to launch the R-III School District's Parent Series.

The **Lincoln County Housing Task Force (LCHTF)** continues to advance its efforts to provide emergency shelter with wrap-around services for Lincoln County families and adults by 2023 and will be called "Bridge of Hope Lincoln County." The LCHTF meets on the first Wednesday of each month at 12:00 p.m. at the Troy Chamber of Commerce and via Zoom.

Ms. Winchester invited providers to reach out if they are interested in scheduling a provider brief during a future meeting. **Provider briefs** allow providers to share timely updates, explain programming, and encourage referrals and support on the part of meeting attendees and LCRB members. Currently, Saint Louis Counseling and Gateway Human Trafficking have scheduled briefs.

**Committee Reports:**

- A. Finance Committee: Chair Jim Price stated that he's pleased to see sales tax revenues remain strong, and he feels encouraged by LCRB's healthy financial state knowing the considerable need and subsequent dollars the board will allocate this funding cycle.
- B. Personnel Committee: None
- C. Selection & Review Committee: Chair Christine Heintzelman commented that there continues to be no shortage of mental health needs in our county, and she expressed her appreciation to providers for completing their end-of-contract-cycle reports, which are so helpful to the LCRB's decision-making processes.

**Comments for the Good:**

- **Julie Seymore** of The Child Advocacy Center (TCC) shared news regarding TCC's new Lincoln County-based office space on the Mercy Hospital Lincoln campus. TCC has already begun seeing children and youth who have experienced abuse for mental health therapy services. The agency has hired a therapist from Lincoln County and a ribbon cutting is scheduled at the new Troy location at 1004 East Cherry Street on Friday, October 14 at 3:00 p.m.
- **The Child Advocacy Center will host its 2022 Legislative Breakfast** on Tuesday, October 4 at 8:30 a.m. at the Wentzville location.
- Chari Bender from **Nurses for Newborns (NFN)** announced that the agency is currently looking for a community health worker to serve both St. Charles and Lincoln County families. NFN began employing community health workers in the St. Louis region with great success in meeting infants' and families' needs. Community health workers ensure that families who are at greatest risk for child abuse will receive the enhanced Healthy Families America (HFA) services up to the infant's third birthday. HFA-trained community health workers use the Nurturing Parents curriculum to improve attachment and health behaviors between caregivers and their infants.

**Adjournment:** *The meeting was adjourned at 9:18 a.m. by Elaine Henderson. (M.S.P.: Hufty, Price)*

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, October 26, 2022 via Zoom and in-person at Cuivre River Electric Cooperative**, located at 1112 East Cherry Street, Troy.

Minutes respectfully submitted by: Cheri Winchester, Executive Director