



**Meeting Call to Order:** The meeting was called to order at 8:33 a.m. at the Cuivre River Electric Cooperative's Community Room by LCRB Chair Kathy Boessen.

**Roll Call and Introduction of Guests:**

Present: Kathy Boessen, Margie Beckmann (via Zoom), Katrina Ellis, Glenda Fitzgerald, Christine Heintzelman (via Zoom), Dr. Elaine Henderson, Melba Houston, Scott Hufty, Sarah Lavy (via Zoom), Jim Price, Cheri Winchester and Hally Wells

Absent: Kristin Gentry

Guests Attending via Zoom Jane Gavril (CHN), Jessica Hogan (PreventEd), Rachel Svejkosky (F.A.C.T.), Heidi Oakley (F.A.C.T.), Julie Seymore (TCAC), Shima Rostami (GAAHT) and Kristi Hammond (YIN)

Attending in Person: Zane Maus (SLC), Judson Bliss (SLC), Cathi Bornhop (F.A.C.T.) and Sherry Saunders (SJA)

**Approval of Minutes:** *A motion was made to approve the September 27, 2023, meeting minutes. (M.S.P.: Price, Hufty)*

**Monthly Financial Report:**

Ms. Winchester reviewed several financial documents, including:

- Balance Sheet as of September 30, 2023
- Profit & Loss Budget Vs. Actual September 30, 2023
- Sales Tax History from 2022 to Present
- LCRB 2023-2024 Funding Summary
- LCRB 2023-2024 Schedule of Units

The balance of the Peoples Bank & Trust account on 10-24-23 was \$59,048.88 in checking; \$350,311.51 in the Money Market Accounts; and \$800,000.00 in the Certificate of Deposit. The LCRB total balance on 10-24-23 was \$1,209,360.39.

The Balance Sheet as of September 30, 2023, shows \$185,000 in the LCRB Reserve Fund and \$10,000 in the prepaid tax match fund. Assets and equity are in balance at \$1,267,689.07.

A total of \$152,470.08 was received in September 2023 (121.81% of the monthly budget), and a total of \$155,896.24 (79.16% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$3,426.16.

The September 2023 sales tax revenue (deposited on October 6, 2023) was \$139,975.47 (\$18,229.05 or 11.52% less than September 2022).

In October 2023, \$200,278.15 was paid to our providers for September 2023 services. The outstanding 2023-2024 contract commitment is \$1,733,454.46 (for the contract term of July 1, 2023 through June 30, 2024). The usage rate of our contracted services through September 30, 2023 is 20.23%.

*A motion was made to approve the monthly financial reports for audit as printed, submitted and explained. (M.S.P.: Hufty, Fitzgerald)*

**Correspondence & Announcements:**

- Kathy Boessen announced that Ms. Winchester has been chosen as the Saint Louis Crisis Nursery's 2023 Guardian Angel Award recipient and will be recognized at the Nursery's "Over the Top for Tots" event on Friday, Nov. 10, from 10:00 a.m. to 2:00 p.m. at the Ameristar Conference Center in St. Charles. Several LCRB members have purchased tickets to attend.
- Ms. Winchester shared upcoming parent series webinars through ParentGuidance.org, funded by the LCRB and offered through the Troy R-III School District. The series includes nine webinars beginning in October 2023 and concluding in April 2024, featuring distinct mental health topics. The series launched with a three-part webinar series regarding emotional regulation. More information can be found on the Troy R-III School District's website and on the LCRB Facebook page.

- Ms. Winchester shared a thank-you note from Jan Burkemper, wife of the late Adam Burkemper, a founding LCRB member, regarding the board's honoring of Adam and his legacy at the October 2023 LCRB Legislative Summit and Mobile Outreach Tour.

#### Old Business:

- **2023 LCRB Legislative Summit & Mobile Outreach Tour, sponsored by Toyota Motor Manufacturing, Missouri**  
Ms. Winchester reviewed expenses from the October 4, 2023, LCRB Legislative Summit and Mobile Outreach Tour. The summit was funded entirely through a Toyota Motor Manufacturing, Missouri, grant (no children's services funds were used for the summit). Ms. Winchester issued surveys to participants following the summit, and feedback thus far remains very positive. The LCRB thanks our summit host sites, speakers and presenters for their contributions and work to bring our policymakers and community leaders to the forefront of our children's mental health needs.
- **Fall Site Visits and Audits**  
Hally Wells has begun fall site visits and audits with LCRB-funded providers. Audits will be completed over the next month. Hally will examine invoiced charges from the first three months of the 2023-2024 contract cycle (July, August and September).

#### New Business:

- The LCRB audit has been completed by Charles Montgomery, C.P.A.; copies of the completed audit have been delivered to the LCRB Chair and Finance Committee; shared with Sarah Burkemper, CPA, for the LCRB tax return; and posted to the LCRB website for public view.
- Ms. Winchester is advancing her work on the **2022 Annual Report to the Community**, and she asked LCRB members for their meeting date preference to present our annual report to the **Lincoln County Commissioners**. Based on feedback from the group, Ms. Winchester will schedule the presentation on November 13 at 11:00 a.m.
- Ms. Winchester announced that two of the **Lincoln County Resource Board members' terms** will expire at the end of 2023. Both Jim Price and Margie Beckmann have expressed their desire to continue to serve on the LCRB. Additionally, Donna Orf, Toyota Motor Manufacturing, Missouri & Tennessee, general manager of administration, conducted outreach to the LCRB to express her interest in serving on the board.

*A motion was made to recommend to the Lincoln County Commissioners that Jim Price and Margie Beckmann be approved for another three-year term on the Lincoln County Resource Board, beginning on January 1, 2024 and ending on December 31, 2026, and that Donna Orf be considered for an appointment to the LCRB with a three-year board term also beginning January 1, 2024. (M.S.P.: Heintzleman, Hufty)*

- Ms. Winchester asked board members to consider **November and December meeting dates**, given the proximity of both to upcoming holidays.

*A motion was made to keep the November meeting date—the day before Thanksgiving—as scheduled, and to move the December meeting date up one week to Wednesday, December 20, to be held at the Lincoln County Health Department Community Room, if available. (M.S.P.: Fitzgerald, Houston)*

Ms. Winchester will check with the Lincoln County Health Department regarding availability and will report back to the board, funded providers and will update the LCRB website with meeting plans.

#### Executive Director's Report:

Ms. Winchester stated that she will email the board her completed written report and highlighted a few items, including:

Dr. Cynthia Berry continues to collect data and perform analysis for the **2023 Needs Assessment**. When completed, this Needs Assessment will include post-pandemic data and analysis. The report will feature demographic trends and an analysis of our county's behavioral health needs and trends, underscoring LCRB-funded programs' provisions in addressing reported needs and gaps that remain within our broader system of care due to funding constraints and/or statutory limitations, such as transportation.

The **first of two school-based assessments** for the 2023-2024 academic year will be issued on November 28 and due to the LCRB by late December. This assessment will focus primarily on prevention services thus far for the year, while the second assessment will ask school personnel to provide feedback regarding LCRB-funded school-based direct services.

The LCRB conducted outreach to Lincoln County School District superintendents to encourage the districts' participation in this year's **Missouri Student Survey** (the only survey where the LCRB receives anonymous feedback directly from our student population) and to include this year's three additional survey modules, as recommended by Dr. Cynthia Berry. The supplemental modules include assessments of: poverty, sexual harassment and toxic stress (anxiety). Dr. Berry believes the modules will help our board and county to better understand the underlying issues that lead our students to participate in high-risk behaviors, such as substance use, for more effective programming and services.

The **Early Childhood Task Force** will partner this year with the Winfield School District to hold a "Parent Engagement Night" on its primary school campus; the date for the event has not yet been announced. Ms. Winchester reminded providers that the Shower of Love fund continues to meet safety and critical care needs for families with children 0-5. Those needing assistance with diapers, safety items, one-time-only utility bills, one-time-only childcare tuition assistance, and more have been helped. Please contact the LCRB for the Shower of Love funding form.

**Inter-agency meetings** are being held with all four school districts with strong attendance from our LCRB-funded providers and system of care partners. The meetings are confidential and allow providers and school personnel to collaborate in identifying helpful resources and supports to meet critical student and family needs.

The **Bridge of Hope Lincoln County**, expected to open in mid-2024, has hired a program manager for the facility.

Ms. Winchester invited providers to present a **Provider Brief** during one of the upcoming LCRB monthly meetings. The briefs offer board members and other attendees up-to-date information regarding provider services, highlighting the significant work and outcomes LCRB dollars fund in Lincoln County.

#### **Committee Reports:**

- A. Finance Committee: Jim Price stated that he is not presently concerned about the recent sales tax decline. The LCRB maintains a strong financial position with prudent reserve funding. However, the recent sales tax declines further support the board's decision to invest \$800,000 into a high-yield CD to help generate some funds during this time of sales tax revenue contraction.
- B. Personnel Committee: None
- C. Selection & Review Committee: None

#### **Comments for the Good:**

- Hally Wells reported on the **D.A.R.T. Teen Summit** that was held on Thurs., October 19 at NorthRoad Community Church from 8:30 a.m. to 1:00 p.m. This year's summit allowed students the opportunity to hear three of six different sessions related to: nicotine and vaping, marijuana, refusal skills, alcohol abuse, a personal story, and social norms. Diverse groups of students from all Lincoln County middle schools were educated and encouraged to make healthy choices related to drug and alcohol use. Dr. Mark Penny, Troy R-III superintendent, addressed the students, and the students also enjoyed an inspiring talk and musical presentation by drummer Jeff Mazingo. Providers were present to pass out materials and interact with students over lunch.
- Ms. Winchester shared a thank-you note from Jim Wallis, LCRB's 2023 Pheeze Kemper Legacy Award recipient. Jim, instrumental in the development of the Wellness Center (LCRB's predecessor) and the passing of the ballot initiative that allowed funding for the current LCRB, was recognized at the October LCRB Legislative Summit.
- On November 3, the **Crisis Nursery Family Empowerment Program (FEP)** will hold a diaper drive. No registration is required. Families are invited to come pick up a supply of diapers at the FEP's office on the campus of Mercy Lincoln located on East Cherry Street in Troy, MO.
- F.A.C.T. will host a workshop entitled "Focus on Discipline" on Saturday, November 11 from 9:00–11:00 a.m. at the agency's St. Charles location. Those interested should register for the free event. Ms. Winchester posted the event and QR code for registration on the LCRB's Facebook page. Childcare will be provided.

**Adjournment:** The meeting was adjourned at 9:26 a.m. by Kathy Boessen. (M.S.P.: Hufty, Price)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, November 22, 2023 via Zoom and in-person at Cuivre River Electric Cooperative's Community Room**, located at 1112 East Cherry Street in Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director