



Meeting Call to Order: Due to inclement weather, the meeting was called to order at 8:32 a.m. via Zoom by LCRB Member Dr. Elaine Henderson.

Roll Call and Introduction of Guests:

Present via Zoom: Margie Beckmann, Katrina Ellis, Kristin Gentry, Christine Heintzelman, Dr. Elaine Henderson, Scott Hufty, Sarah Lavy, Jim Price, Cheri Winchester and Hally Wells

Absent: Kathy Boessen, Glenda Fitzgerald and Melba Houston

Guests Attending via Zoom: Judson Bliss (SLC), Rachel Svejkosky (F.A.C.T.), Cathi Bornhop (F.A.C.T.), Kristi Hammond (YIN), Cara Merritt (YIN), Julie Seymore (TCC), Jaidan Adams (PreventEd), Kelly Wieser (PreventEd), Christine Petty (CHN), Jen Kaiser (CHN), Felicia Linear (ThriVe – Best Choice), Juvaughn Baker (ThriVe – Best Choice), Marilyn Carter (D.A.R.T.), Ron Tompkins (NFN), Shima Rostami (Gateway Human Trafficking), Sherry Saunders (SJA) and Lindsay Kyonka (CNW)

Community Brief:

Dr. Shima Rostami, Executive Director for Gateway Human Trafficking, spoke with board members and guests about the issue of human trafficking and its regional and local implications. Shima represents the Eastern District in Missouri, which includes 49 counties. Her primary goal is to educate parents, school personnel, mental health providers, and youth about the realities of human trafficking and how the issue presents locally to support prevention and intervention efforts.

Shima shared statistics for the region from the last several years as follows:

Year	Cases Reported	Survivors		Year	Cases Reported	Survivors
2015	448	158		2019	625	175
2016	480	76		2020	946	360
2017	531	81		2021	1,103	355
2018	458	87		2021	1,103	355

While the rise in numbers demonstrates a prevalence of cases, it also reflects the effectiveness of national and community-based education efforts to prevent incidences and apprehend perpetrators, according to Shima. Shima also noted that the COVID-19 pandemic and associated school shut-downs also attributed to an increase in trafficking cases with decreased supervision from mandated reporters and increased screen time. Regionally, human trafficking cases stem from underlying issues of poverty, homelessness and substance use disorder, where children and youth are exchanged to meet the caregivers’ needs. In addition to providing education, Shima and Gateway Human Trafficking also provide services to survivors of human trafficking.

Approval of Minutes: *A motion was made to approve the December 21, 2022, meeting minutes. (M.S.P.: Hufty, Ellis)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheet as of December 31, 2022
- Profit & Loss Budget Vs. Actual December 31, 2022
- Sales Tax History from 2022 to Present
- LCRB 2022- 2023 Funding Summary
- LCRB 2022- 2023 Schedule of Units

The balance of the Peoples Bank & Trust account on 01-24-23 was \$575,213.09 in the Main Account and \$692,587.16 in the Money Market Account for a total balance of \$1,267,800.25.

The Balance Sheet as of December 31, 2022, shows \$165,000 in the LCRB Reserve Fund and \$10,000 in the prepaid tax match fund. Assets and equity are in balance at \$1,254,841.34.

A total of \$167,561.40 was received in December 2022 (153.2% of the monthly budget), and a total of \$199,314.67 (122.24% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$31,753.27. For the calendar year 2022, a total of \$1,823,196.81 was received (137.81% of the yearly budget), and a total of \$1,537,135.59 (78.25% of the yearly budget) was paid out in expenditures, resulting in a net income of \$286,061.22.

The December 2022 sales tax revenue (deposited on January 6, 2023) was \$137,190.24 (\$9,650.41 or 7.57% more than December 2021).

In January 2023, \$121,570.31 was paid to our providers for December 2022 services. The outstanding 2022-2023 contract commitment is \$930,751.29 (for the contract term of July 1, 2022 through June 30, 2023). The usage rate of our contracted services through December 31, 2022 is 45.87%

A motion was made to approve the monthly financial reports as printed, submitted and explained. (M.S.P.: Beckmann, Price)

Correspondence & Announcements: None

Old Business: None

New Business:

- **LCRB Budget Year: Finance Committee**

- Finance Committee Chair Jim Price shared the committee's recommendation to align the LCRB's budget year with its contract cycle to support the board's prudent management of funding allocations. This move follows the practices of the Franklin County children's services fund, which, like the LCRB, changed its contract cycle from the calendar year to the school year to maximize investments. The LCRB fiscal year and government reporting cycle would remain the same (January through December). To make this transition, the LCRB would implement the first six months of the approved 2023 budget. LCRB staff would work with the Finance Committee to generate a budget for July 1, 2023 through June 30, 2024 for board approval in advance of the Selection & Review Committee session.

A motion was made to align the LCRB's budget year with its contract cycle by implementing the first six months of the approved 2023 LCRB budget, and creating a separate budget for July 1, 2023 through June 30, 2024 for Finance Committee and board approval during the first quarter of 2023. (M.S.P.: Heintzelman, Hufty)

- **Dr. Ruby Payne and "Emotional Poverty" School District Keynote Presentations, August 2023**

- Dr. Elaine Henderson introduced the concept of the LCRB funding a day of "Emotional Poverty" keynote presentations from Dr. Ruby Payne, educator and author of the *Bridges Out of Poverty* research and books, including the recent publication *Emotional Poverty*. Through financial support from Toyota, the LCRB has hosted two "Bridges out of Poverty" workshops (in 2020 and 2021), but has yet to bring Dr. Payne to Lincoln County. Given the rise in mental health needs of students compounded by national issues related to the exodus of educators and school-based violence, the timing is critical for enhanced school-based interventions. Dr. Payne would be invited to Lincoln County to address all four school districts, educating faculty and staff on the research behind emotional poverty (what it is and how it presents in the classroom) and equipping them with practical and proven classroom management strategies to diffuse behaviors and create environments for all students to learn. Both Ms. Winchester and LCRB member Dr. Henderson have heard Dr. Payne speak and can attest to her dynamic approach to addressing such critical and timely needs.
- For the board's consideration, the LCRB has explored costs and feasibility of hosting Dr. Payne for a full-day of presentations to be held at the Troy R-III School District's Performing Arts Center, which seats 250 people. Dr. Payne would offer three keynote presentations to address all four school districts during a staff professional development day in August 2023. The total cost for these services is \$16,300, including

travel. If approved, the Troy School District would require every faculty member to attend, which would command two presentations due to staff size and the center's capacity. The third presentation would be dedicated to the other three school districts based on their staff sizes and capacity.

A motion was made to hire Dr. Ruby Payne to conduct three keynote addresses in August 2023 for Lincoln County educators, LCRB members, and providers (as space allows). (M.S.P.: Ellis, Beckmann)

Executive Director's Report:

Ms. Winchester stated that she will email the board her completed written report and highlighted a few items, including:

Ms. Winchester announced that we received **more than 30 responses on the Mid-school-year Assessment**. Those responses will be collected and compiled into a report by Dr. Cynthia Berry, and, when completed, the information will be shared with LCRB members, providers and the report will be uploaded to the LCRB website. **Mid-contract-cycle Provider Reports** have been issued and are due to the LCRB by Feb. 10. The provider reports will focus on how many children, youth and families have been served by mid-contract cycle; wait lists; and program viability for the remaining six months of the contract cycle. The board decided to assess clinical outcomes on an annual basis.

2023-24 LCRB funding applications for both renewals of funding and for concept papers from new applicants will be posted on the LCRB's website by January 31, 2023. LCRB deadlines will be noted on the applications with renewal applications due in March. There will be no significant changes in the application form or process for the upcoming contract cycle.

The **Early Childhood Taskforce (ECTF)** met on January 19 and discussed plans for 2023, including the spring Shower of Love (SOL) campaign, parent education and outreach, and more. Because of generous donations received during the 2022 SOL Campaign, the ECTF has expanded its scope of critical baby care items for Lincoln County fragile families—working to reduce stressors associated with child abuse and neglect, which is the premise for the SOL campaign. The ECTF agreed to use remaining funds to assist eligible families with one-time assistance on delinquent childcare fees, utility bills and other “larger” expenses to help stabilize the family unit, reduce risks for child abuse and neglect, and ensure needed care for Lincoln County's babies and children (ages 0-5). The ECTF meets on the third Thursday of each month at 10:00 a.m. at the Lincoln County Health Department.

Ms. Winchester announced that the **Winfield School District will begin in-depth CaseWorthy training** in the upcoming weeks. Following a meeting with Winfield counselors and administrators on January 11, the district has decided to invest staff time into CaseWorthy training to expedite student referrals to LCRB-funded programs and create a safety net to ensure access to desired mental health care services.

The Troy Area Chamber of Commerce and its Leadership Troy program hosted its “Quality of Life & Health Care Session” on Thursday, January 5, chaired by Ms. Winchester. Several LCRB-funded providers attended the session to inform Leadership Troy participants of their various programs and services to support the mental health and wellbeing of Lincoln County children and families. Leadership Troy is designed to help participants become more connected to and aware of services, organizations, agencies and businesses within all facets of community life. Ms. Winchester expressed her appreciation to the following providers for their participation in the day: Compass Health Network, Presbyterian Children's Homes & Services, PreventEd, The Child Advocacy Center and Saint Louis Counseling.

Ms. Winchester shared updates regarding **LCRB's Communications**. LCRB will continue featuring original videos on our **YouTube channel**, producing a new one every other month throughout 2023. Recently, **Justina Coronel from KSDK** reached out to Ms. Winchester regarding a story on the LCRB, timeline is tentative. Lastly, Sarah Graff from the Office of **U.S. Congressman Sam Graves** recently visited Ms. Winchester to learn more about LCRB and Lincoln County, as portions of our county have been added to Congressman Graves' district.

Ms. Winchester invited **providers and community service agencies** to reach out if they are interested in scheduling a provider/community brief during a future meeting. **Briefs** allow providers or local service organizations to share timely updates, explain programming, and encourage referrals and support on the part of meeting attendees and LCRB members. February and March are currently open.

Committee Reports:

- A. Finance Committee: None
- B. Personnel Committee: None
- C. Selection & Review Committee: Chair Christine Heintzelman reminded providers to reference LCRB's website for funding application due dates and deadlines later this month.

Comments for the Good:

- **Marilyn Carter (D.A.R.T. Coalition)** announced that there will be a **Teen Institute in St. Louis on June 12-15, 2023**. As described on PreventEd's website, the event offers a "powerful seminar that equips high school students to prevent substance misuse among their peers." Carter encouraged Lincoln County representation. Carter also shared that Winfield Middle School students created **anti-vaping advertisements** as part of a D.A.R.T. contest, with submissions uploaded to TikTok and other social media platforms, to educate young people on the dangers of vaping. **Lincoln County CORE will host a movie night** at 6:00 on February 3, 2023 at Troy Movie House. *100 Miles to Redemption* will be shown, and viewers may attend a virtual Q & A with Shawn Livingston, the individual whom the movie is about, following the film. Lastly, Carter announced that Hardee's will team up with NECAC to raise money for winter heating bills for fragile families. **"Biscuits for a Buck"** is set for February 10.
- **Kristi Hammond (YIN)** stated that there is a current opening with Youth In Need, and she welcomes applications. The new person will provide therapy primarily for elementary students for the Winfield and Elsberry school districts.
- **Jaidan Adams (PreventEd)** thanked those agencies and partners who have shared their spaces so that PreventEd could meet with students and families during the last few months. She is happy to announce that she now has a permanent meeting space near Community State Bank. Jaidan also will be presenting an evening program about vaping at the Ninth Grade Center on February 28. Though scheduled to accommodate parents, all are welcome to attend.

Adjournment: *The meeting was adjourned at 9:23 a.m. by Elaine Henderson. (M.S.P.: Price, Huffy)*

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, February 22, 2023 via Zoom and in-person at Cuivre River Electric Cooperative's Community Room, located at 1112 East Cherry Street, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director