



**Meeting Call to Order:** The meeting was called to order at 8:36 a.m. at Lincoln County Health Department's Community Room by LCRB Chair Kathy Boessen.

**Roll Call and Introduction of Guests:**

**Present:** Kathy Boessen, Margie Beckmann, Katrina Ellis, Glenda Fitzgerald, Christine Heintzelman (via Zoom), Dr. Elaine Henderson, Melba Houston, Scott Hufty, Sarah Lavy (via Zoom), Jim Price, Cheri Winchester and Hally Wells

**Absent:** Kristin Gentry

**Guests Attending via Zoom** Jane Gavril (CHN), Rachel Svejkosky (F.A.C.T.), Cathi Bornhop (F.A.C.T.), Jaidan Adams (PreventEd), Sherry Saunders (SJA), Julie Seymore (TCAC), Felicia Linear (ThriVe – Best Choice) and Kristi Hammond (YIN)

**Attending in Person:** Judson Bliss (SLC), Zane Maus (SLC), Madeleine Castle (Senator Hawley's Office), Laura Parn (Troy R-III Director of Teaching and Learning Supports) and Lieutenant Amy Tippet (LCSO)

**Approval of Minutes:** *A motion was made to approve the July 2023 electronic meeting minutes. (M.S.P.: Hufty, Fitzgerald)*

**Monthly Financial Report:**

Ms. Winchester reviewed several financial documents, including:

- Balance Sheet as of July 31, 2023
- Profit & Loss Budget Vs. Actual July 31, 2023
- Sales Tax History from 2022 to Present
- LCRB 2023- 2024 Funding Summary
- LCRB 2023- 2024 Schedule of Units

The balance of the Peoples Bank & Trust account on 08-15-23 was \$688,249.56 in the Main Account and \$692,587.16 in the Money Market Account for a total balance of \$1,380,836.72.

The Balance Sheet as of July 31, 2023, shows \$185,000 in the LCRB Reserve Fund and \$10,000 in the prepaid tax match fund. Assets and equity are in balance at \$1,230,976.69.

A total of \$151,714.63 was received in July 2023 (121.21% of the monthly budget), and a total of \$49,112.96 (26.2% of the monthly budget) was paid out in expenditures, resulting in a net income of \$102,601.67.

The July 2023 sales tax revenue (deposited on August 7, 2023) was \$157,371.04 (\$17,549.49 or 10.03% less than July 2022).

In August 2023, \$88,330.72 was paid to our providers for July 2023 services. The outstanding 2023-2024 contract commitment is \$2,063,892.50 (for the contract term of July 1, 2023 through June 30, 2024). The usage rate of our contracted services through July 31, 2023 is 4.99%.

*A motion was made to approve the monthly financial reports for audit as printed, submitted and explained. (M.S.P.: Price, Houston)*

**Correspondence & Announcements:**

- Ms. Winchester shared that, following a generous donation of 80 supply-filled backpacks given to the LCRB by Shima Rostami of Gateway Alliance Against Human Trafficking, Hally distributed a supply of backpacks to both St. Stephen United Methodist Church (for its Blessing of the Backpacks event) and Winfield Primary School.

## Old Business:

- **Dr. Ruby Payne and “Emotional Poverty” School District Keynote Presentations, August 2023**

Dr. Ruby Payne presented her research and work on the topic of emotional poverty to more than 1,500 school personnel (from all four public school districts and our local parochial schools). The LCRB funded Dr. Payne to present three keynote Emotional Poverty presentations on Monday, August 14 to reach and teach educators from across Lincoln County as well as interested community leaders. Dr. Payne reviewed: The brain's structure and its relationship to emotional development; differences in the male and female brain, including how information and stimuli are processed and communicated; the effects of chronic activation of the stress system in the developing brain; how to recognize a student who is emotionally dysregulated; and effective, practical strategies to reduce conflict and promote classroom learning.

Feedback from attendees has proven overwhelmingly positive. It was shared that some districts have already implemented small group studies among staff to more effectively meet students' needs. Ms. Winchester explored costs for hosting follow-up Emotional Poverty workshops through Dr. Payne's company the aha! Process and shared findings with the LCRB Finance Committee and our local school superintendents.

- **LCRB Reports**

- **End-of-Contract-Cycle Provider Reports; *Annual Report to the Community*; Lincoln County Commissioners Presentation**

The End-of-Contract-Cycle Provider Reports are complete and will be forwarded to the LCRB members. Ms. Winchester stated that during the 2022-23 LCRB contract cycle, 2,784 students received direct services through LCRB-funded providers. Further, 14,829 students and 874 parents/adults/guardians received LCRB-funded prevention programs. Outcomes from the provider report will be included in the LCRB's *Annual Report to the Community*, due in the third quarter, and will also be shared during our annual presentation to the Lincoln County Commissioners.

- **Needs Assessment**

Dr. Berry has received the requested LCRB-funded agency needs assessment surveys and is advancing her work on the 2023 LCRB Needs Assessment project.

## New Business:

- **2023 LCRB Legislative Summit & Mobile Outreach Tour, sponsored by Toyota Motor Manufacturing, Missouri**

Thanks to the generosity of Toyota Motor Manufacturing, Missouri, the Lincoln County Resource Board invites our legislators and local leaders to “Journey through the State of Kid’s Mental Health,” providing a rural perspective on policies affecting our children and adolescents, on Wed., Oct. 4. The tour will launch from the Silex R-I School District “At the Intersection of Education and Mental Health” (doors open at 9 a.m. and the program will promptly begin at 9:30 a.m.), followed by the Troy R-III School District’s Early Childhood Education Center where we are “Building the Needed Infrastructure” with the state’s recent \$160 million investment; and concluding our tour with Bridge of Hope Lincoln County (introduced at the 2022 summit), where we will demonstrate our progress and collaborative approach to helping “Lincoln County’s Fragile Families Find their Way Back Home.”

Through the Toyota grant, the LCRB will provide transportation from the Lincoln County Health Department. The bus is scheduled to arrive by 8:30 a.m. with an 8:45 a.m. departure time.\* To reserve your seat on the bus, please email the LCRB and include your cell phone number should we need to reach you that morning. \*We’ve since asked our transportation providers to arrive at the Health Department by 8:15 a.m. to try and leave by 8:30 a.m., if possible, to provide more time for transit and to allow for more networking at Silex R-I.

During our session at the Silex School District, we will play a new LCRB video providing an historical perspective of our fund, leading to a place where the LCRB can now invest more than \$2 million in a contract cycle. Following the video, we’ll honor (and surprise) our 2023 Pheeze Kemper Legacy Award recipient and will also pay tribute to the late Adam Burkemper and his work to establish the LCRB.

- **Back-to-School LCRB Open House Presence**

Hally Wells reported that LCRB-funded providers were well represented at the Lincoln County public school open houses. Attending the events, which were all scheduled over a three-day period, presents scheduling challenges, and the LCRB appreciates our funded providers’ efforts to educate and engage with caregivers to enhance access to care and reduce stigmas associated with mental health.

### Executive Director's Report:

Ms. Winchester stated that she will email the board her completed written report and highlighted a few items, including:

#### The Early Childhood Taskforce (ECTF)

- The ECTF continues to respond to provider requests for support through funds raised during the 2023 Shower of Love (SOL) Campaign, held by our Public Health Fund and distributed by the LCRB. The ECTF's SOL balance is \$6,193.69. The ECTF meets on the third Thursday of each month at 10:00 a.m. at the Lincoln County Health Department.
- The ECTF will partner this year with the Winfield School District to hold a "Parent Engagement Night" on its primary school campus.

Ms. Winchester will email all four Lincoln County public school districts to confirm **inter-agency meeting dates, times and locations** for the school year. Inter-agency meetings will begin in September to provide resources and supports to meet critical student and family needs.

The Bridge of Hope Lincoln County will **host a "Build the Bridge Forum" on Wednesday, August 23** at 6:30 p.m. at LCCOA. All are invited to attend.

Ms. Winchester invited providers to present a **Provider Brief** during one of the upcoming LCRB monthly meetings. The briefs offer board members and other attendees up-to-date information regarding provider services, highlighting the significant work and outcomes LCRB dollars fund in Lincoln County.

Ms. Winchester will facilitate the "Quality of Life and Health Care Session" for this year's **Leadership Troy class on Thursday, October 5**.

Hally Wells will conduct **training for new and current CaseWorthy users** at the Troy Area Chamber of Commerce office on Tuesday, September 5 from 9:00 – 11:30 a.m. All school and LCRB-funded providers who use the platform are invited and should email Hally to participate.

#### Committee Reports:

- A. Finance Committee: Scott Hufty responded to a question from LCRB member Margie Beckmann regarding the possibility of investing LCRB funds that exceed our provider contract and reserve fund allocations into a high-yield Certificate of Deposit to maximize returns on investment for greater funding to keep pace with needs.

*A motion was made for the LCRB Finance Committee to open a Certificate of Deposit, investing up to \$500,000\*, with a local banking company that could offer the highest annual percentage yield. (M.S.P.: Beckmann, Fitzgerald) \*The Finance Committee's recommendations were shared with the full board electronically on Aug. 31, 2023. The Finance Committee recommended the board invest a revised total of \$800,000 into a Certificate of Deposit with a local bank offering an APY of 4.8%. The LCRB unanimously approved the Finance Committee's recommendations via an electronic board vote to allow for expeditious investing before rates could change. The LCRB holds the recorded electronic votes on file.*

B. Personnel Committee: None

C. Selection & Review Committee: Chair Christine Heintzelman thanked providers for taking the time to complete reports that support and guide committee and board decisions.

#### Comments for the Good:

- Dr. Elaine Henderson announced that the **2023 Walk to End Alzheimer's** will be held on Sunday, October 8 at Troy Buchanan High School's track. The Opening Ceremony will begin at 3:00 p.m., and the walk starts at 3:30.

**Adjournment:** The meeting was adjourned at 9:41 a.m. by Kathy Boessen. (M.S.P.: Hufty, Price)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, September 27, 2023 via Zoom and in-person at Cuivre River Electric Cooperative's Community Room**, located at 1112 East Cherry Street in Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director