

LINCOLN COUNTY RESOURCE BOARD Lincoln County, Missouri Meeting Minutes of October 22, 2014 Lincoln County Health Department Troy, MO 63379

Meeting Call to Order: The meeting was called to order at 8:07 a.m. by Melba Houston, chair.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

<u>Present</u>: Melba Houston (Chairman), Adam Burkemper, Kathy Boessen, Christine Heintzelman, Charles (Pheeze) Kemper, Margie Beckmann, Rod Barnhill, David Thompson, Barb Wehde, Glenda Fitzgerald, Kristin Gentry, Nancy Behlmann, Jim Price and Cheri Winchester (Executive Director)

Absent: Michele Neblock

<u>Guests</u>: Kelly Broeker (PFH), Beth Sailors (PFH), Lauri Cross-Fink (CFS), Kathy Morrison (PCHAS), Mark Grezeskowiak (PCHAS), Jason Beard (PCHAS), Meghan Henkelman (SJA), Kimberly Hewlett (SJA), Jessica Carter (CNW), Brenda Petruso (ThriVe), Victoria Walker (CHC), Heather Lytle (F.A.C.T.), Sabrina Kuznecoff (TCC), Emily Jenkins (NFN) and Jan Burkemper (CenterPointe Hospital).

Approval of Minutes: A motion was made to approve the minutes of the September 24, 2014, meeting as printed. (M.S.P.: Kemper, Barnhill)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of September 30, 2014
- Profit & Loss Budget vs. Actual September 30, 2014
- · Sales Tax History from 2013 to Present
- LCRB 2014 Funding Summary
- LCRB 2014 Schedule of Units

The balance of the Peoples Bank & Trust account on 10-21-2014 was \$50,000.00 in the Main Account and \$184,158.69 in the Money Market Account for a total balance of **\$234,158.69**.

The Balance Sheet as of September 30, 2014, showed \$18,817.45 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$257,400.88.

A total of \$117,888.83 was received in September 2014 (148.92% of monthly budget) and a total of \$98,920.32 (96.4% of monthly budget) was paid out in expenditures, resulting in net income of \$18,968.51.

As of September 30, 2014, a total of \$807,615.84 (or 113.35% of budget to date) had been received in revenue and a total of \$913,755.77 (or 97.7% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$106,139.93.

The September 2014 sales tax revenue (deposited on 10-7-2014) was \$95,446.02 (\$14,336.32 or 17.68% more than September 2013).

In September 2014, \$94,415.48 was paid to our providers. The outstanding 2014 contract commitment totaled \$275,331.34. The usage rate of our contracted services through September 30, 2014, was 79.31%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Kemper)

Correspondence & Announcements:

 Melba Houston shared the front-page story "Lincoln County Resource Board to fund \$1.2 million in 2015 for children's services" published in the October 14, 2014, issue of the *Lincoln County Journal*.

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D.A.R.T. Report:

 Beth Sailors reported D.A.R.T. will meet next week. The taskforce is currently working on new member packets; grant opportunities to establish Lincoln County as a drug-free community; and focusing on the coalition's primary objectives, which include establishing positive, pro-social activities and educating the community on local drug issues.

Children's Trust Fund Report: Kristin Gentry reported the fund earned \$749 in the first quarter of 2014, providing an ending balance of \$6,340.16. Ms. Gentry said the funding status allows for acquiring or replenishing supplies for local schools.

Old Business: None

New Business:

• Ms. Winchester provided a hard copy of the completed 2013 Lincoln County Resource Board (LCRB) audit prepared by Charles Montgomery, CPA. Ms. Winchester reported the audit confirmed the LCRB 2013 finances and management conform to the United States accounting principles per Mr. Montgomery's report of findings. The audit shows a loss of \$48,442.00 in net assets, which Mr. Montgomery attributes to higher utilization for LCRB-funded programs and administrative costs, which included adding Cheri Winchester to 2013 payroll for training prior to Becky Hoskins 12-31-13 retirement. Ms. Winchester said she delivered a copy of the audit to Lincoln County Presiding Commissioner Dan Colbert and has published the report on the LCRB website under the 2013 financials page.

Executive Director's Report:

Ms. Winchester reported she:

- Met with the regional directors on October 10 regarding a collaborative effort to establish common community
 indicators to track and measure positive impacts derived from children's services funds' investments. The directors
 agree to monitor school dropout rates, juvenile crime, child abuse substantiated reports, violent deaths and
 substance abuse rates.
- Will have the fall audits completed in November and, thus far, the audits that have been completed did not uncover
 any billing discrepancies. The provider files have been thorough, well organized and demonstrated the positive
 progress they are making in the lives of our county's children and youth.
- Will mail the 2015 contracts and clinical agreements by mid-November 2014.
- Drafted and submitted the LCRB 2015 funding news release, earning front-page coverage of "Lincoln County Resource Board to fund \$1.2 million in 2015 for children's services" in the October 14, 2014, *Lincoln County Journal*.
- Conducted a presentation for the Troy Area Chamber of Commerce Leadership Troy 2014 Quality of Life session.
- Established a presence at the Lincoln County Family Violence Council annual candlelight vigil and invited providers to share information of LCRB-funded programs and services at the LCRB-designated table.
- Conducted outreach to Dr. Cynthia Berry to the present 2014 LCRB Needs Assessment findings at the December 2014 System of Care meeting.
- Conducted outreach to Troy R-III Community Relations Specialist April Bryant regarding invitation for Governor Nixon to visit Lincoln County and learn about recent local mental health gains, including the LCRB's 2015 funding announcement and Youth Mental Health First Aid trainers' federal grant.
- Managed ongoing website and social media updates to advance awareness of LCRB mission, funded programs and results (125 Facebook likes and 116 Twitter followers).

Committee Reports:

A. Finance Committee: NoneB. Personnel Committee: None

C. Selection & Review Committee: None

Community Health Partner Brief:

Jan Burkemper with CenterPointe Hospital provided an overview of CenterPointe's services to help care for patients suffering with severe mental illness and behavioral disorders. Mrs. Burkemper said CenterPointe focuses on treating the whole person, working collaboratively with health partners to meet their individual physical and mental health needs and to offer services that support the family unit. CenterPointe currently treats Lincoln County families at its St. Charles facility, where their mental health specialists provide care and counseling for children, starting at age 4, through the geriatric population. Their programs include/address self-harm, chemical dependency, in-patient and outpatient counseling/services. Mrs. Burkemper, ultimately, wants to serve her home community, bringing CenterPointe's outpatient

program, tele-psychiatry and a new "Reach Out" program to Lincoln County. Mrs. Burkemper reported CenterPointe currently cares for between 40 and 50 Lincoln County residents who travel to, or are transported to, St. Charles for care. Through tele-psychiatry, Lincoln County patients can enjoy face-to-face interactions, via the computer, with a psychiatrist to manage their medications, secure refills of prescriptions, which are delivered via mail to the patient's home. The outpatient program provides counseling, coping and life skills to ensure patients can successfully function in society. The Reach Out program would provide patients with a 1-800 number to ensure health care compliance, thwart crisis situations and connect patients to needed outside resources, such as transportation, food, etc. The coordinator would also proactively reach out to patients to remind them of appointments, ensure they have transportation and to address any potential barrier to care. Mrs. Burkemper said CenterPointe currently operates Missouri-based satellite offices in St. Peters, Washington, West County, South County and downtown St. Louis in addition to offices in Chicago, Minnesota and Kansas City.

Comments for the Good:

Melba Houston reminded attendees that the December LCRB meeting will be held one week early due to the holiday schedule. The meeting will be held on Wednesday, December 17 at 8 a.m. at the home of Kathy (board member) and Allen Boessen. All are welcome to attend.

Beth Sailors with Preferred Family Healthcare announced the "Prevent the Zombie Apocalypse" 5k event on November 1 in downtown Labadie. The event is designed to educate the community on local substance abuse issues; provide prosocial activities for youth and the community; and to collect unused and expired prescription drug medications.

Sabrina Kuznecoff with The Child Center invited the community to the agency's wine tasting fundraiser on Thurs., Oct. 23 from 6-9 p.m. at Quintessential on Main Street in St. Charles. Tickets are \$40, which includes four drink tickets to sample various wines paired with complimentary appetizers.

Heather Lytle with F.A.C.T. invited the board and attendees to the agency's karaoke event scheduled for November 1 at the 94 Bistro, no cost to enter.

Brenda Petruso with ThriVe announced that she attended the Winfield High School parent-teacher conferences where she interacted with parents who were excited and interested in the program now offered at Winfield and that the R-III School District's New Horizons High School has earned board approval to bring the program to their students.

Adjournment: The meeting was adjourned at 8:49 a.m. by Melba Houston. (M.S.P. Kemper, Thompson)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for 8:00 a.m. on Wednesday, November 26, 2014, at the Lincoln County Health Department (Community Room), #5 Health Department Drive, Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director