



Meeting Call to Order: The meeting was called to order at 8:31 a.m. at Cuivre River Electric Cooperative's Community Room by LCRB Chair Kathy Boessen.

Roll Call and Introduction of Guests:

Present: Margie Beckmann, Kathy Boessen, Katrina Ellis, Glenda Fitzgerald, Christine Heintzelman, Dr. Elaine Henderson, Melba Houston, Scott Hufty, Jim Price, Cheri Winchester and Hally Wells

Absent: Kristin Gentry and Sarah Lavy

Guests: **Attending via Zoom**, Madronica Malone (ThriVe - Best Choice), Cathi Bornhop (F.A.C.T.), Rachel Svejkosky (F.A.C.T.), Kristi Hammond (YIN), Lindsay Kyonka (CNW), Sherry Saunders (SJA), Amanda Harmel (PreventEd), Jim Wallis (Chestnut Health Systems), Sarah Wehde (TCC), Marilyn Carter (D.A.R.T.) and Catherine Dreher (citizen)

Attending in Person, Mark Grzeskowiak (PCHAS), Dawn Mowery (DSS) and Judson Bliss (SLC)

Approval of Minutes: *A motion was made to approve the September 28, 2022, meeting minutes. (M.S.P.: Hufty, Heintzelman)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheet as of September 30, 2022
- Profit & Loss Budget Vs. Actual September 30, 2022
- Sales Tax History from 2021 to Present
- LCRB 2022 - 2023 Funding Summary
- LCRB 2022 - 2023 Schedule of Units

The balance of the Peoples Bank & Trust account on 10-25-22 was \$653,615.56 in the Main Account and \$692,587.16 in the Money Market Account for a total balance of \$1,346,202.72.

The Balance Sheet as of September 30, 2022, shows \$10,000 in the prepaid tax match fund and \$165,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$1,362,612.69.

A total of \$174,091.39 was received in September 2022 (159.17% of the monthly budget), and a total of \$96,655.56 (59.62% of the monthly budget) was paid out in expenditures, resulting in a net income of \$77,435.83.

The September 2022 sales tax revenue (deposited on October 7, 2022) was \$158,204.52 (\$28,317.67 or 21.80% more than September 2021).

In October 2022, \$171,023.07 was paid to our providers for September 2022 services. The outstanding 2022-2023 contract commitment is \$1,406,141.26 (for the contract term of July 1, 2022 through June 30, 2023). The usage rate of our contracted services through September 30, 2022 is 17.85%.

A motion was made to approve the monthly financial reports for audit as printed, submitted and explained. (M.S.P.: Heintzelman, Henderson)

Provider Brief:

- **Judson Bliss, Regional Office Director for St. Louis Counseling (SLC)**, shared updates from the agency with LCRB members and guests. Judson manages three regional offices for the organization; they are located in Herculaneum, Union and Troy. SLC has seven regional offices in total. Established in 1955, SLC was originally named Catholic Family Services, but the agency changed its name in 2018 to better reflect its mission and mental health services. As an agency, SLC served 5,000 people last year—300 of those were students seen in Lincoln County schools, and 200 were Lincoln County kids and families who accessed services through the Troy SLC

office. SLC provides the following services: school-based services, including individual and group counseling, educational presentations, skill building and crisis intervention; Love & Logic parenting classes, parent groups and individual counseling at the local office; and, most recently, virtual “psycho-education” for those individuals currently on a wait list for individual counseling.

Correspondence & Announcements:

- Ms. Winchester shared that she along with LCRB members Kathy Boessen and Dr. Elaine Henderson attended **The Crisis Nursery and The Child Advocacy Center** Open House and Ribbon Cutting on Friday, October 14, 2022. The LCRB expresses its gratitude to Mercy Hospital Lincoln for donating office space to these two agencies for the local delivery of their critical services.

Old Business:

- Ms. Winchester reported on the October 18 Toyota Motor Manufacturing, Missouri-sponsored **LCRB 2022 Legislative Summit and Mobile Outreach Tour**. This year’s summit was the most well attended of all previous summits with approximately 60 people attending. Several legislators and/or their local staff members (including representation from the offices of U.S. Sen. Roy Blunt, U.S. Sen. Josh Hawley and U.S. Congressman Blaine Luetkemeyer; Sen. Jeanie Riddle, Rep. Randy Pietzman and Rep. Travis Fitzwater); all four school districts; representatives from the Lincoln County Housing Task Force; Lincoln County Commissioners; mental health providers; and others attended the summit. This year’s Legislative Summit and Mobile Outreach Tour transported attendees to the new Winfield Middle School where leaders learned about the state of our students’ mental health. From Winfield, leaders traveled to Troy to the new home of The Child Advocacy Center and Crisis Nursery’s Lincoln County services. The tour concluded near the new site for the “Bridge of Hope Lincoln County,” which will provide emergency housing with wrap-around services to address Lincoln County’s growing homeless population. The summit costs were covered by a Toyota Motor Manufacturing, Missouri, grant (no children’s services funds were expended on the summit). Ms. Winchester will send a survey to attendees to collect feedback for use in planning future events.
- Ms. Winchester shared a draft of **2023 FY Administrative and General Budgets** with LCRB members. She reviewed figures based on early finance committee recommendations and current projections. At this time, Finance Committee is projecting flat sales tax revenues for 2023; planning for the LCRB Needs Assessment associated costs, which is prepared every three years to identify trends, demographics and gaps within our system of care; and considering renewal options for the LCRB’s CaseWorthy contract. Winchester will present final budgets, as approved by Finance Committee, to the LCRB at the November meeting.

New Business:

- Ms. Winchester asked board members to consider **November and December’s upcoming meeting dates**. The board agreed to keep the November meeting date and time as scheduled. However, with December’s meeting falling on Wednesday, December 28 just after Christmas, the board discussed moving the meeting up one week.

A motion was made to hold December’s LCRB meeting at the scheduled time (8:30 a.m.) one week early on Wednesday, December 21 and to hold the meeting at the Lincoln County Health Department (LCHD), if the space is available on that day. (M.S.P.: Houston, Hufty)

Ms. Winchester will confirm the availability of LCHD for December 21. Ms. Winchester also asked LCRB members about their meeting location preference for 2023 meetings. Board members expressed their pleasure with the current meeting location at Cuiivre River Electric Cooperative (CREC). Hally Wells will reach out to CREC to reserve the space for LCRB’s 2023 meetings.

Executive Director’s Report:

Ms. Winchester stated that she will email the board her complete written report and highlighted a few items, including:

In partnership with the Troy R-III School District and its inaugural 2022-23 Parent Series, **The Lincoln County Early Childhood Taskforce Force (ECTF)** is finalizing plans for its upcoming **Parent Engagement Night**, scheduled for 6:30 – 8:00 p.m. on Tues., Nov. 29 at the Troy Middle School. With a focus on “Healthy Behaviors and Development,” activities, resources and program sessions will provide parents of children ages 0-5 with helpful tips and insights. Session topics include: fostering healthy attachment, achieving developmental milestones, reducing tantrums, and making healthy connections. The event is free, and childcare and pizza will be provided. Those planning to attend should RSVP to Alicia

at Love-N-Learn Preschool (love.n.learn.calvary@gmail.com). Additionally, the ECTF continues to utilize 2022 Shower of Love funds to help meet basic needs of families with young children. The ECTF meets on the third Thursday of each month at 10:00 a.m. at the Lincoln County Health Department.

Hally Wells will be conducting **Fall Provider Audits and LCRB Site Visits** throughout the month of November.

In recognition of October as Bullying Prevention Month, LCRB's YouTube video explores the issues of bullying and cyber-bullying, featuring an interview with Tina Meier of the Megan Meier Foundation. In September, Ms. Meier presented to Troy R-III parents, along with the American Federation for Suicide Prevention, to launch the R-III School District's Parent Series.

Ms. Winchester invited **providers and community service agencies** to reach out if they are interested in scheduling a provider/community brief during a future meeting. **Briefs** allow providers or local service organizations to share timely updates, explain programming, and encourage referrals and support on the part of meeting attendees and LCRB members. Gateway Human Trafficking has a brief scheduled for January.

Committee Reports:

- A. Finance Committee: Chair Jim Price encouraged LCRB members to submit any questions or comments regarding FY 2023 budget drafts to Ms. Winchester for review at the November Finance Committee meeting.
- B. Personnel Committee: Member Margie Beckmann shared that they will meet in advance of a FY 2023 budget vote and will submit their recommendations to Finance Committee.
- C. Selection & Review Committee: Chair Christine Heintzelman asked committee members to report to her with thoughts on supplemental funding as we finalize our FY 2023 budgets.

Comments for the Good:

- **LCRB Member Elaine Henderson** announced that a Blue Ribbon Commission has been created by the Department of Elementary and Secondary Education to address the critical shortage of teachers. As a retired educator and superintendent, Dr. Henderson is particularly concerned about staffing shortages and will be participating in future commission meetings.
- Lindsay Kyonka with the Crisis Nursery thanked the board and attendees for their support and participation in the ribbon cutting event for the Nursery and Child Advocacy Center's new Lincoln County office on the Mercy Hospital Lincoln Campus.

Adjournment: *The meeting was adjourned at 9:40 a.m. by Chair Kathy Boessen. (M.S.P.: Heintzelman, Hufty)*

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, November 23, 2022 via Zoom and in-person at Cuivre River Electric Cooperative**, located at 1112 East Cherry Street, Troy.

Minutes respectfully submitted by: Cheri Winchester, Executive Director