



Meeting Call to Order: The meeting was called to order at 8:11 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston, Christine Heintzelman, David Thompson, Jim Price, Kristin Gentry, Kathy Boessen, Nancy Behlmann, Margie Beckmann, Barb Wehde, Dr. Michele Neblock, Glenda Fitzgerald and Cheri Winchester (Executive Director)

Absent: Dan Busekrus, Rod Barnhill and Adam Burkemper

Guests: Laura Cook (TCC), Kimberly Hewlett (SJA), Jane Gavril (CHC), Lauri Cross-Fink (CFS), Mark Grezeskowiak (PCHAS), Laura Ojo (F.A.C.T.), Brittany McDonnell (CNW), Heidi Hubbard (YIN) and Terri Roche (Arise Equine Therapy)

Approval of Minutes: *A motion was made to approve the minutes of the October 25, 2017, meeting. (M.S.P.: Thompson, Heintzelman)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of October 31, 2017
- Profit & Loss Budget vs. Actual October 31, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 11-21-2017 was \$50,000.00 in the Main Account and \$126,969.97 in the Money Market Account for a total balance of **\$176,969.97**.

The Balance Sheet as of October 31, 2017, showed \$1,427.14 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$199,595.94.

A total of \$121,613.12 was received in October 2017 (119.92% of monthly budget) and a total of \$135,205.92 (123.38% of monthly budget) was paid out in expenditures, resulting in net income of -\$13,592.80.

The October 2017 sales tax revenue (deposited on 11-8-2017) was \$78,778.97 (\$687.87 or 0.88% more than October 2016).

In October 2017, \$116,924.49 was paid to our providers. The 2017 contract balance totaled \$163,676.99. The usage rate of our contracted services through October 31, 2017, was 86.46%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Wehde)

Correspondence & Announcements:

Ms. Winchester routed two cards sent from providers Catholic Family Services and Sts. Joachim & Ann Care Service.

Provider Brief:

Lauri Cross Fink, supervisor with Catholic Family Services, provided an overview of the LCRB-funded programs, including in-office counseling, Love & Logic parenting classes, school-based counseling, outpatient psychiatry (delivered at the O'Fallon office with priority scheduling for LCRB-funded patients to navigate waitlists) and mobile clinical groups, serving youth based on referrals from guidance counselors in small-group settings at the students' school. Clinical groups have helped students with teen parenting, trauma, self-care and social/relational needs. Ms. Cross Fink said Catholic Family Services will facilitate two small groups next month: One at Troy Buchanan High School to help students manage issues

stemming from social media and associated relational needs and the second at Troy Middle School to promote self-care. For all LCRB-funded programs and services, religion is not a part of the counseling program.

Ms. Cross Fink also showed a video that 7th grade Sacred Heart students helped to make as part of the school-based partnership's anti-bullying program. For the school-based programs, Catholic Family Services provide individual counseling as well as classroom-based prevention programs, focusing on bullying prevention providing age-appropriate curriculum for grades 1-8, at Sacred Heart, Immaculate Conception and St. Alphonsus.

D.A.R.T. Report:

Board chair Melba Houston and board member Christine Heintzelman reported on The Awaken Project program held on November 13 at the Elsberry School District. Ms. Winchester added that D.A.R.T. will hold its next youth event on December 8 at Winfield High School. The event will include a knockerball tournament and all Lincoln County middle through high school students are invited to participate.

Old Business:

Nominating Committee

Nominating Committee Chair Barb Wehde reported that the committee recommends the following appointments to fill LCRB officer positions, beginning Jan. 1, 2018. The members would hold their respective offices for two years. Ms. Wehde presented the following officer slate to the board: Chairperson, Kathy Boessen; Vice Chairperson, Melba Houston; and Treasurer, David Thompson.

A motion was made to accept the officer slate as presented. (M.S.P.: Fitzgerald, Behlmann)

Needs Assessment

Ms. Winchester reported that the 2017 Needs Assessment is completed with the final invoice, per the approved budget, processed. Ms. Winchester emailed a copy of the report to the board members and she said she will route the report to the LCRB-funded agencies after the holiday. Ms. Winchester will also post a link to the assessment on the LCRB website and will conduct community outreach regarding the assessment and its findings. Ms. Winchester reviewed the assessment's components and the community indicators that highlighted areas in need of improvement in Lincoln County, including poverty and youth homelessness.

Recap: 2017 Lincoln County Legislative Summit & Mobile Outreach Tour

Ms. Winchester thanked the board and funded providers for their support and participation in the summit. Ms. Winchester reported that she has issued hand-written thank you notes to attending legislators, their representatives and to agencies and community members who addressed the summit participants. She has also submitted a news release to the *Lincoln County Journal* and updated the LCRB's social media feeds with the #Summit2017 campaign. Melba Houston commented on the quality of the summit agenda and the engagement of our legislators discussing ways to address some of the concerns presented during the summit.

New Business:

December LCRB Meeting Date

Ms. Winchester announced that board member Kathy Boessen has offered to host the December LCRB meeting at her residence on Wed., Dec. 20 from 8-9 a.m.

Dec. 6 Legislative Outreach Meeting

Ms. Winchester reported that Brendan Fahey (Sen. Claire McCaskill) will be in Lincoln County on Dec. 6 and has asked to meet to learn of concerns presented during the 2017 Legislative Summit (Mr. Fahey had planned to attend but was unable to make it) and to get an update on the opioid crisis and its effect on Lincoln County. The meeting will be held at the Lincoln County Health Department at 10 a.m. with representatives from the LCRB, Health Department, Drug Court Foundation, Preferred Family Healthcare, Crisis Nursery, Sts. Joachim & Ann Care Service, Troy R-III School District, Crider Health Center (tentative) and Mercy Hospital Lincoln (tentative) planning to attend.

Executive Director's Report:

Ms. Winchester reported she:

- Conducted outreach to board members whose terms expire on Dec. 31, 2017. She asked for members who haven't already responded regarding their intentions to serve to please contact her by the end of November.
- Completed the mid-year school assessment survey link with Dr. Cynthia Berry, which she'll issue after the Thanksgiving holiday to school personnel.

- Circulated the new billboard sign design, a joint venture between the LCRB and Troy Convention & Visitor's Bureau, to promote the message "Shop Local."
A motion was made to approve the design as presented for production and installation. (M.S.P.: Thompson, Heintzelman)
- Is progressing with the LCRB fall audits, working to complete the audits by the end of November.
- Is working to complete the 2018 contracts and clinical outcomes agreements by early December.
- Facilitated the Early Childhood Taskforce earlier this month.
- Was asked, and accepted, to serve on the Mercy Foundation Lincoln board. The board term would begin in 2018.

Committee Reports:

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

Mark Grzeskowiak with Presbyterian Children's Homes & Services reported that he is in the process of bringing a new male mentor to Lincoln County, retired R-III educator and soccer coach Leo Pagano. Once the paperwork and training for Mr. Pagano is complete, he will work as an in-school mentor at Troy South Middle School. Mr. Grzeskowiak said he's also working to embed two female mentors to work within the Troy middle schools.

Laura Cook with The Child Center announced that they have added a new black lab, Oakley, to the team to support the family advocate and the advocate's work with non-offending caregivers who are also healing from trauma associated with children's disclosed abuse.

Terri Roche with Arise Equine Therapy Foundation thanked the board for its 2018 funding allocation and said that Arise also received monies from Toyota Bodine to support Crider Health Center referrals to Arise.

Adjournment: The meeting was adjourned at 9:05 a.m. by Melba Houston (*M.S.P. Thompson, Price*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, December 20, 2017, at board member Kathy Boessen's residence in Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director