



**Meeting Call to Order:** The meeting was called to order at 8:06 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Margie Beckmann, Glenda Fitzgerald, Rod Barnhill, Kathy Boessen, Nancy Behlmann, Christine Heintzelman, Dr. Michele Neblock and Cheri Winchester (Executive Director)

Absent: David Thompson, Jim Price, Adam Burkemper, Kristin Gentry, Barb Wehde and Dan Busekrus

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Maggie Wiber (TCC), Jessica Homeyer (TCC), Jane Gavril (CHC), Kimberly Hewlett (SJA), Chari Bender (NFN), Brittany McDonnell (CNW), Lauri Cross-Fink (CFS), Laura Bickford (FACT), Renee Headrick (LCHD), Joy Maxwell (ThriVe) and Juvaughn Baker (ThriVe).

**Approval of Minutes:** *A motion was made to approve the minutes of the June 24, 2015, meeting. (M.S.P.: Boessen, Heintzelman)*

**Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of June 30, 2015
- Profit & Loss Budget vs. Actual June 30, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 7-21-2015 was \$50,000.00 in the Main Account and \$138,982.00 in the Money Market Account for a total balance of **\$188,982.00**.

The Balance Sheet as of June 30, 2015, showed \$12,844.63 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$142,657.89.

A total of \$120,481.87 was received in June 2015 (141.48% of monthly budget) and a total of \$100,632.08 (91.75% of monthly budget) was paid out in expenditures, resulting in net income of \$19,849.79.

The June sales tax revenue (deposited on 7-7-2015) was \$111,866.88 (-\$4,341.43 or -3.74% less than June 2014).

In July 2015, \$89,163.02 was paid to our providers for June services. The 2015 contract balance totals \$567,101.10. The usage rate of our contracted services through June 30, 2015, was 51.18%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Heintzelman, Fitzgerald)*

**Correspondence & Announcements:**

- None

**Community Provider Brief, Nurses for Newborns:** Chari Bender, supervisor and field nurse, provided an overview of the Nurses for Newborns program, which is offered to pregnant mothers and babies up to three years of age. Nurses for Newborns considers the child and the mother/caretaker as the primary clients, conducting home visits to, ultimately, reduce infant mortality rates, decrease incidents of child abuse and strengthen families. Nurses for Newborns has been identified as a "Promising Practice" in the states where it operates, Missouri and Tennessee, and will become an evidence-based model of care within the next 18 months. Field nurses screen and assess babies and the mother/caretaker's health, specifically looking for signs of post-partum depression, which can be common among impoverished/low-income communities. Through Nurses for Newborns community outreach, the agency is working to bridge the families to long-term care, employing licensed clinical social workers and referring families to resources,

including Parents as Teachers, First Steps and Head Start. Referral sources for Lincoln County services include Children's Division and hospitals. Nurses for Newborns is working to remove stigma and fear surrounding services to help more babies and families. Chari reported an increase in services/consumers from last year's client base and that the agency receives funding from two other funders in addition to the LCRB.

#### **D.A.R.T. Report:**

Beth Sailors reported D.A.R.T. met in June and did not meet in July. The coalition is reaching out to the Geiger family to coordinate this fall's annual Addiction Awareness Rally, working to add a "Walk to Wellness" event to this year's rally.

**Children's Trust Fund Report:** No report

#### **Old Business:**

##### Legislative Update

Ms. Winchester reported Senate Bill 341, which includes House Bill 1045 language protecting county voters and their intentions with local tax funding for children's mental health services, was signed into law by Governor Nixon on July 8, 2015.

Ms. Winchester shared an outline for the LCRB-D.A.R.T. Lincoln County Legislative Summit tentatively scheduled for early November. The outline has been submitted to a potential corporate sponsor for review.

##### Open Houses: Video, On-site Support/Strategy

Ms. Winchester reported that the video shoots and interviews for the LCRB awareness video have been completed. Nathan Knox is now editing the video for the LCRB review/approvals.

Ms. Winchester thanked the board members and providers for their planned participation in the Lincoln County School Districts' open houses, noting she will follow up with Winfield, Silex and Elsberry to confirm interest in LCRB participation.

#### **New Business:**

##### Review of Proposed LCRB 2016 Administrative and General Budgets

Ms. Winchester presented preliminary budgets providing board members with spreadsheets detailing projected cash balance to bring forward for 2016, proposed 2016 administrative costs and spreadsheets offering sales tax reports/trends. Ms. Winchester will work with the finance committee to prepare a final 2016 budget proposal for the board's review and vote at the August 26 board meeting.

#### **Executive Director's Report:**

Ms. Winchester reported:

- Submitted tax reports to Charles Montgomery, CPA, to complete the LCRB 2014 audit.
- Will work with Dr. Cynthia Berry to compile outcomes from the CY 2015 mid-year service report due July 31.
- Posted the CY 2016 funding applications on the LCRB website, which are due to the LCRB by Aug. 21.
- Will present to the R-III educational professional staff, alongside The Child Center and Crider Health Center, on July 23 and is scheduled to present to the Troy R-III School Board of Education on Sept. 15.
- Corresponded with various providers regarding program requests, including Catholic Family Services for a Love & Logic session to be held at the Early Childhood Education Center and Thrive for continued services at New Horizons High School.
- Led the Lincoln County System of Care July meeting focusing on a community response to Lincoln County's homeless youth population. Participated in follow-up provider meetings regarding best practices for meeting youth's therapeutic needs.
- Submitted updated Newcomers' Guide listing to the Troy Area Chamber of Commerce.
- Continues to update the LCRB's social media feeds, which has grown to 181 Facebook likes and 170 Twitter followers.

#### **Committee Reports:**

- A. Finance Committee: Rod Barnhill reported the committee will continue to look at budgets and revenue trends to recommend a 2016 budget that will meet the needs of consumers while ensuring the resource board's sustainability.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

**Comments for the Good:**

Board member Glenda Fitzgerald reported positive feedback from the Youth Mental Health First Aid training provider to the R-III transportation staff.

Beth Sailors with Preferred Family Healthcare announced that Katee Hessler Foundation will host a "Meet us at the Races" Kentucky Derby-themed event on Saturday, Aug. 29 at 6 p.m. at the Bear Creek Golf Club in Wentzville. Proceeds will benefit Preferred, Crider Health Center, Megan Meier Foundation and Youth in Need.

Kimberly Hewlitt with Sts. Joachim & Ann Care Service is hiring for a social services worker. Applicants may send their resumes to Pam Struckhoff. Also, the Care Service still has Ameren AC units available for local families.

Jessica Homeyer with The Child Center announced the agency will host a trivia night in Hannibal on Aug. 28. The event will include a silent auction and games with proceeds to benefit services provided to children and families in the Lincoln, Pike and Marion counties.

**Adjournment:** The meeting was adjourned at 9:04 a.m. by Melba Houston. (M.S.P. Beckmann; Barnhill)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, August 26, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director