



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston (Chairman), Margie Beckmann, David Thompson, Christine Heintzelman, Adam Burkemper, Glenda Fitzgerald, Jim Price, Michele Neblock, Rod Barnhill, Barb Wehde, Dan Busekrus and Cheri Winchester (Executive Director)

**Absent:** Nancy Behlmann, Kathy Boessen and Kristin Gentry

**Guests:** Kelly Broeker (PFH), Sabrina Kuznecoff (TCC), Barb Skelton (TCC), Porscha Thorpe (TCC), Michelle Kovac (TCC), Windy Bedsoul (PCHAS), Jane Gavril (CHC), Victoria Walker (CHC), Stephanie Moon (SJA), Kimberly Hewlett (SJA), Jan Burkemper (CenterPointe) and Renee Headrick (LCHD)

**Approval of Minutes:** *A motion was made to approve the minutes of the February 25, 2015, meeting as printed. (M.S.P.: Burkemper, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of February 28, 2015
- Profit & Loss Budget vs. Actual February 28, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 3-24-2015 was \$95,349.68 in the Main Account and \$213,573.71 in the Money Market Account for a total balance of **\$308,923.39**.

The Balance Sheet as of February 28, 2015, showed \$16,579.36 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$118,579.36.

A total of \$79,979.84 was received in February 2015 (93.99% of monthly budget) and a total of \$121,618.68 (110.88% of monthly budget) was paid out in expenditures, resulting in net income of -\$41,638.84.

The February 2015 sales tax revenue (deposited on 3-6-2015) was \$103,269.98 (\$15,021.96 or 17.02% more than February 2014).

In March 2015, \$112,374.59 was paid to our providers for February services. The 2015 contract balance totals \$995,313.12. The usage rate of our contracted services through February 28, 2015, was 17.30%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Busekrus, Price)*

#### **Correspondence & Announcements:**

- Adam Burkemper announced Habitat for Humanity will host a home opener fundraiser on Monday, April 13 from 11 a.m. to 7 p.m. at Woods Fort Country Club. The event will include a silent auction, featuring autographed Cardinal memorabilia, Cardinal Baseball ticket raffle for green and box seats, food and more.

**Provider Brief, Crider Health Center:** Victoria Walker and Jane Gavril shared information related to Crider's School-based Mental Health Specialists (MHS) program. Crider started the program 12 years ago in an effort to promote earlier interventions with kids in need. Their master's-level mental health specialists are in the local districts, working all day providing direct support to students and staff and consulting with classroom teachers to promote effective strategies that meets the students' unique needs. The mental health specialists also work with parents and guardians as much as possible. Ms. Walker and Gavril shared that a typical day would involve checking in with the guidance counselors to provide needed supports, working with students on-site at school and conducting home visits. In addition to serving the student, the mental health specialists work to alleviate the

burdens of the classroom teacher and guidance counselor so they can focus on their educational objectives. Crider says they are seeing much greater severity of mental health needs, including cases of trauma, attachment disorders, anxiety and depression. Their greatest challenge remains capacity as demand greatly exceeds availability of funded services. They also have challenges with retaining staff who commute to the outlying school districts. Crider says they are working on different strategies to address staffing at those districts and that the schools seem happy with their current arrangements and staff. A MHS manages a caseload of approximately 18 students and will consult with schools on other cases. Currently, Crider staffs six mental health specialists, five care coordinators and one early childhood social worker.

#### **D.A.R.T. Report:**

Kelly Broeker reported D.A.R.T. will meet later this morning to advance planning for the April 24 sand volleyball youth event; teen drug summit; and grant submissions to fund the next survey. D.A.R.T. was also recently awarded a MO ACT grant to fund promotional items.

**Children's Trust Fund Report:** No report

#### **Old Business:**

##### Youth Mental Health First Aid

Melba Houston reported four board of trustee members and Cheri Winchester attended the March 20 Youth Mental Health First Aid training held at the Lincoln County Health Department. Ms. Houston commented on the quality and relevancy of the training, noting one attendee has already implemented the instructed action plan. Margie Beckmann commented that she would highly recommend this training when offered again.

##### CHADS Coalition Spring Prevention Initiative: Peer Support Groups

Ms. Winchester reported scheduling is underway for the CHADS Coalition "Signs of Suicide" program at all four Lincoln County school districts. She said the schools expressed gratitude to the board for recognizing and responding to this student need. Ms. Winchester also said she is working with Catholic Family Services and a local Troy high school student/Girl Scout to pilot a peer support group to begin meeting following the CHADS' program.

#### **New Business:**

##### Commemorations:

- April's National Child Abuse Prevention Month: Ms. Winchester reported she has reached out to providers for data to support a news article and social media campaign to raise awareness of the issue and LCRB-funded resources.
- May 7 National Children's Mental Health Awareness Day: Ms. Winchester said she will promote LCRB's "Signs of Suicide" program funding and outreach to commemorate this day and generate greater awareness of the issues LCRB works to address.

#### **Executive Director's Report:**

Ms. Winchester reported she:

- Will commence the spring audits on Friday with all LCRB-funded audits scheduled for completion by the end of April.
- Will reach out to providers next month to schedule the May All Agency meeting, looking to expand our presence at districts' open houses in August, among other agenda items.
- Completed the 2014 LCRB Report to the Community with printed hard copies available and links to the report available on the LCRB website and social media feeds.
- Will present the LCRB's 2014 annual report to the Lincoln County Commissioners on Monday, March 30 at 11 a.m. All board members are invited to participate.
- Is working with the regional directors to follow and support the progress of HB1045 becoming law, protecting the children's service funds and promise to local voters of local dollars for local kids with local oversight.
- Toured Youth in Need's St. Charles emergency shelter with Troy R-III's community relations director, April Bryant, to learn of their youth programs for possible referrals and for consideration of a local community-supported program.
- Finalized Dr. Kevin Connor's LCRB video and worked with Tracker Designs to upload the video to the LCRB website, linking to social media feeds.
- Conducted outreach to school districts and CHADS Coalition to schedule "Signs of Suicide" spring programming.
- Corresponded with Catholic Family Services regarding opportunities/needs for clinical groups within the R-III School District. Coordinating a peer group at Troy Middle School to follow CHADS Coalition "Signs of Suicide" programming.
- Coordinated projects with LCRB volunteer Kristin Montgomery, which included filing, research and 2014 annual report goal tracking.
- Is working to support New Horizons' senior day and job fair in partnership with the Troy Area Chamber of Commerce and on behalf of the Bright Futures Site Council.

- Managed meeting notices and outreach for providers and partners to attend Troy and Winfield-Elsberry interagency meetings.
- Continues to update the LCRB social media feeds with 158 current Facebook likes and 146 Twitter followers.

**Committee Reports:**

- A. Finance Committee: None
- B. Personnel Committee: None
- C. Selection & Review Committee: None

**Comments for the Good:**

Kimberly Hewlett with Sts. Joachim & Ann Care Service reported that in April they'll receive new grants, which will allow for emergency funding to support needs, such as utilities support and back rent.

Barb Dunnermann with The Child Center announced their upcoming mandated reporter trainings and new format (held at The Child Center so participants can tour the facility and better understand the process from hotline to family support services). The next training sessions are scheduled for April 15 from 2-4 p.m. and May 6 from 6:30-8:30 p.m.

Board member Glenda Fitzgerald announced the Rise Above Foundation will hold its 4<sup>th</sup> annual golf tournament on Sat., April 25 at 1:30 p.m.

Cheri Winchester announced the St. Charles Community and Children's Resource Board Director Bruce Sowatsky will be honored at the April 17 F.A.C.T. gala, inviting interested board members to attend.

**Adjournment:** The meeting was adjourned at 8:58 a.m. by Melba Houston. (M.S.P. Busekrus; Thompson)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, April 22, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director