



Meeting Call to Order: The meeting was called to order at 8:35 a.m. at Cuivre River Electric Cooperative's Community Room by LCRB Chair Kathy Boessen.

Roll Call and Introduction of Guests:

Present: Margie Beckmann, Kathy Boessen, Katrina Ellis (via Zoom), Glenda Fitzgerald, Kristin Gentry (via Zoom), Christine Heintzelman, Dr. Elaine Henderson, Scott Hufty, Donna Orf, Jim Price, Cheri Winchester and Hally Wells

Absent: Melba Houston and Sarah Lavy

Guests: **Attending via Zoom:** Veronica McDonnell (CHADS Coalition), Taylor Echele (CHN), Christie Spalding (CHN), Shanon Colbert (CHN), Kelly Wieser (PreventEd), Madeleine Castle (Senator Hawley's Office), Colleen Bayer (PCHAS), Kimberly Graczyk (PCHAS), Juvaughn Baker (Thrive – Best Choice) and James Whitaker (Catholic Charities)

Attending in Person: Danielle Bealmear (CHN), Christine Petty (CHN), Judson Bliss (SLC), Stacy Johns (F.A.C.T.), Sherry Saunders (SJA), Laura Parn (Troy R-III School District), Michelle Stille (TCAC) and Jaidan Adams (PreventEd)

Approval of Minutes: *A motion was made to approve the December 18, 2024, meeting minutes. (M.S.P.: Hufty, Heintzelman)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheet as of December 31, 2024
- Profit & Loss Budget Vs. Actual December 31, 2024
- Sales Tax History from 2024 to Present
- LCRB 2024-2025 Funding Summary
- LCRB 2024-2025 Schedule of Units

The balance of the Peoples Bank & Trust account on 1-21-25 was \$44,477.84 in the Main Checking Account; \$1,257.05 in the Money Market Accounts; and \$617,755.02 in the Certificate of Deposit. The LCRB total balance on 1-21-25 was \$663,489.91.

The Balance Sheet as of December 31, 2024, shows a balance of \$10,000 in the prepaid tax match fund and \$617,755.02, which includes the LCRB \$185,000 reserve fund, held in the LCRB certificate of deposit (\$100,000 was reallocated from the certificate of deposit to the LCRB's main checking account in December as the board progresses with its efforts to spend down surplus budgets from COVID, reflecting the pandemic's effect on utilization and the board's efforts to keep pace with needs). Assets and equity are in balance at \$702,271.57.

A total of \$157,978.28 was received in December 2024 (105.85% of the monthly budget), and a total of \$232,877.27 (120.91% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$74,898.99.

The December 2024 sales tax revenue (deposited on January 7, 2025) was \$152,389.34 (\$3,487.68 or 2.24% less than December 2023).

In January 2025, \$187,537.02 was paid to our providers for December 2024 services. The outstanding 2024-2025 contract commitment is \$1,256,276.91 (for the contract term of July 1, 2024 through June 30, 2025). The usage rate of our contracted services through December 31, 2024 is 49.49%.

A motion was made to approve the monthly financial reports as printed, submitted and explained. (M.S.P.: Heintzelman, Price)

Correspondence & Announcements: None

Old Business:

- C.A.N. Plan Updates
 - The C.A.N. (Child Abuse and Neglect) Plan initiative was launched in March 2024. Quantitative and qualitative data have been collected from members of the Lincoln County multi-disciplinary team. Dr. Berry has conducted analysis of the findings and prepared a key findings summary, which is currently under legal review. Once finalized, the LCRB will report key recommendations, planning for a release during first quarter 2025. To augment the research, Dr. Berry, with direction from the LCRB, has developed a mandated reporter survey to explore the types of welfare concerns warranting hotline calls to guide the CA/N Plan recommendations and LCRB funding considerations as our county works to address underlying stressors and issues leading to child welfare concerns. The LCRB is finalizing the survey and then will issue the link to our school partners for feedback and analysis.
- Emotional Poverty January Workshop
 - [Ruben Perez](#), a consultant with aha! Process, Inc., facilitated two LCRB-approved **Emotional Poverty workshops** in Lincoln County on Friday, January 3. Lincoln County school personnel, LCRB-funded providers and other partners participated, with approximately 70 individuals attending in total. Mr. Perez shared specific strategies and techniques for working with at-risk students based on Dr. Ruby Payne's *Emotional Poverty* Volume 1 edition. A formal survey has been issued to capture feedback from participants but, thus far, several school personnel and behavioral health providers have shared with the LCRB their positive remarks regarding the workshops' relevance, presentation quality, and their plans for implementation in classrooms, homes and therapeutic settings.
- Strategic Plan
 - Ms. Winchester reminded members that the **LCRB's Strategic Plan** review meeting is scheduled for Wed., January 29 at the Troy Area Chamber of Commerce from 8:30 – 10:30 a.m. During the meeting board members will review the SWOT analysis findings, timely data and elements of the current action plan. The LCRB will work to complete the strategic planning process prior to the 2025-26 Selection & Review Committee sessions, to be held this spring.

New Business:

- Contract Year 2025-2026 Funding Allocations
 - Ms. Winchester asked that all Contract Year 2024-25 LCRB-funded providers planning to request renewed funding for the Contract Year 2025-26 present a program brief (approximately 5 minutes) during the February or March meeting, in advance of the April Selection & Review Committee meetings. The briefs will serve LCRB members as they prepare to evaluate and allocate children's services funds in alignment with the LCRB statute and mission. Please contact the LCRB to select a presentation month.
 - The 2025-2026 LCRB funding application has been updated and will be available on the LCRB website by Friday, January 31.

Executive Director's Report:

Ms. Winchester stated that she will email the board her completed written report and highlighted several items, including:

LCRB School-based Assessment

- Ms. Winchester will issue the 2024-2025 School-based Assessment in February, asking for responses by March to provide Selection & Review Committee members timely feedback and data to support funding allocation recommendations. In an effort to streamline data collection efforts and align reporting with LCRB funding allocations, the LCRB will now issue one survey during the academic year.

Mid-year Provider Reports

- Ms. Winchester announced that LCRB will move to annual provider reporting of youth/families served and clinical outcomes. The LCRB will not issue a mid-year provider report survey this contract cycle to streamline reporting efforts and associated costs.

The Early Childhood Task Force (ECTF)

- The task force welcomed Nicole Wood from the Behavioral Health Network who presented on the **Maternal Health Access Project (MHAP)** at the ECTF's January meeting. MHAP is supported by a 5-year grant and provides tools and supports for doctors, social workers, doulas, midwives, community health workers, PAT staff,

nurses, and more, to better serve patients and clients diagnosed or struggling with mental health issues during their pregnancy and up to their child's first birthday.

- The ECTF is exploring the possibility of hosting a **"Baby Shower" for pregnant mothers** in our county. The event would be scheduled this spring in conjunction with the 2025 Shower of Love Campaign.
- The Shower of Love funding continues to support Lincoln County's fragile families, providing one-time payments to maintain utilities, housing, safe living conditions, and more. The current **Shower of Love balance is \$2,815.14**.
- Ms. Winchester reached out to Winfield Primary School's counselor regarding the school's plans for a Parent Engagement Night, which they traditionally hold each winter, and the opportunity to partner again with the ECTF. Currently, the school is planning to host another family night during the 2025-26 academic, partnering with the ECTF. More details to come later this year.

Troy Area **Chamber of Commerce Leadership Troy Program:** Quality of Life and Health Care Session

- Ms. Winchester facilitated the Quality of Life and Health Care Session of the Troy Area Chamber of Commerce's Leadership Troy Program, held on Thursday, January 9. The session is designed to showcase local health care assets with participating chamber members. The tour included a visit to Compass Health Network (CHN) in Troy to highlight local behavioral health supports. CHN Youth CPRC Director Danielle Bealmear spoke about CHN and the agency's expansion in Lincoln County, including Compass' purchase of the Mennemeyer Building to expand its local services to include primary care offerings. During the tour, Ms. Winchester shared information about the LCRB, its mission, funding and role in our local health care landscape.

Elsberry School District Parents Summit

- The Elsberry School District held its annual Parents Summit on Thursday, January 16, 2025. Ms. Winchester in partnership with several LCRB-funded providers presented three sessions, including a virtual presentation for parents attending remotely, on the LCRB and its role to support students' and families' behavioral health needs, helping Lincoln County kids reach their academic and future potential. During the sessions, Ms. Winchester and representatives from Saint Louis Counseling, Crisis Nursery, F.A.C.T., and the CHADS Coalition shared information about their programs and services. LCRB-funded Compass Health Network and PreventEd also presented at the summit in separate parent sessions.

Committee Reports:

- A. Finance Committee: Jim Price gave an assessment of the LCRB's funding capacity and expressed an interest in exploring ways to address lost sales tax revenues to the ever-increasing popularity of online vendors, such as Amazon.
- B. Personnel Committee: Kristin Gentry reported that the Personnel Committee will meet later today (January 22).
- C. Selection & Review Committee: Christine Heintzleman asked members to gather briefly following the meeting to plan for the spring committee sessions.

Comments for the Good:

- **Jaidan Adams from PreventEd** reported that she and the Elsberry School Resource Officer presented a program about the dangers of vaping and marijuana to parents during the Elsberry Parent Summit on January 16. Jaidan shared that the most recent Missouri Student Survey indicates a decline in the percentage of students that are vaping—a decrease from 7.2% of students (in 2023) to 3% in 2024.
- **Michelle Stille with The Child Advocacy Center** shared timely updates from the 2025 legislative session that can impact justice for victims of child abuse and mitigate trauma associated with testifying against their alleged perpetrators in court.
- **Laura Parn, Troy R-III's Director of Teaching and Learning Supports, offered a book recommendation** to LCRB members and attendees: *The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness* by Jonathan Haidt.

Adjournment: The meeting was adjourned at 9:37 a.m. by Kathy Boessen. (*M.S.P.: Price, Hufty*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **Wednesday, February 26, 2025 via Zoom and in-person at Cuivre River Electric Cooperative's Community Room.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director