



**Meeting Call to Order:** The meeting was called to order at 8:08 a.m. by Kristin Gentry, LCRB Personnel Chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Kristin Gentry, Christine Heintzelman, Glenda Fitzgerald, Rod Barnhill, David Thompson, Dan Busekrus, Margie Beckmann, Jim Price and Cheri Winchester (Executive Director)

Absent: Melba Houston, Kathy Boessen, Nancy Behlmann, Barb Wehde, Dr. Michele Neblock and Adam Burkemper

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Kimberly Hewlett (SJA), Elphanie Swift (TCC), Vicky Walker (CHC), Lauri Cross-Fink (CFS), Austin McCartney (ThriVe), Laura Ojo (FACT) and Mark Grzeskowiak (PCHAS)

**Approval of Minutes:** *A motion was made to approve the minutes of the December 20, 2017, meeting. (M.S.P.: Heintzelman, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of December 31, 2017
- Profit & Loss Budget vs. Actual December 31, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 1-23-2018 was \$67,390.98 in the Main Account and \$206,449.33 in the Money Market Account for a total balance of **\$273,840.31**.

The Balance Sheet as of December 31, 2017, showed \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$219,399.31.

A total of \$172,503.96 was received in December 2017 (170.1% of monthly budget) and a total of \$104,833.70 (95.67% of monthly budget) was paid out in expenditures, resulting in net income of \$67,670.26.

The December 2017 sales tax revenue (deposited on 1-8-2018) was \$87,714.62 (-\$27,554.87 or -23.90% less than December 2016).

In January 2018, \$49,680.82 was paid to our providers for December 2017 services. The 2017 contract balance totaled \$18,689.28. The usage rate of our contracted services through December 31, 2017, was 98.45%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Busekrus, Barnhill)*

#### **Correspondence & Announcements:**

Ms. Winchester congratulated LCRB Treasurer David Thompson on his Troy Area Chamber of Commerce "Man of the Year" award, given to Mr. Thompson at the January Troy Area Chamber of Commerce Installation Banquet. Ms. Winchester also announced that People's Bank & Trust employees held a dress-down day to raise money for the LCRB, collecting \$531 in bank employee donations. Ms. Winchester also routed provider correspondence and upcoming fundraiser events, including Nurses for Newborns' 20<sup>th</sup> Annual Night for Newborns Gala and the April 7 Saint Louis Crisis Nursery Razzle Dazzle Ball where the LCRB will be honored. Lastly, Ms. Winchester shared information about the Elsberry School District's Parent Information Summit, which will feature several LCRB-funded providers as guest speakers and will provide opportunities for parental/caregiver engagement.

**D.A.R.T. Report:**

No report.

**Old Business:**Needs Assessment

Dr. Cynthia Berry presented findings from the 2017 LCRB-funded Lincoln County Needs Assessment. Dr. Berry provided an overview of the data points reported in the assessment. She also reviewed the significance of the data as a measurement for progress, including areas where Lincoln County has shown improvements in the health and wellness of our children and youth, and data that indicate where needs remain within Lincoln County's system of care for future funding considerations.

In the report, it's estimated that LCRB-funded prevention programs served 10,492 Lincoln County youth, representing a coverage rate of 88 percent. Positive findings included strong high school graduation rates and low rates for: high school drop-outs, infant mortality, child deaths (ages 1-14 years of age), births to teens and juvenile law violations (with the exception of two categories, drug offenses and injurious behavior). Areas of need include: greater youth psychiatric services, rising statistics for suicide and self-injury of youth, violent teen deaths, substance use trends/juvenile drug offenses and percentage of homeless youth.

**New Business:**December School-based Assessment Surveys

Ms. Winchester reported findings from the mid-school-year assessments from school personnel across Lincoln County. In the December 2017 survey, school personnel identified "controlling emotions, anger management and conflict resolution" as the most critical mental health need of Lincoln County youth. The second greatest need was identified as "peer relationships, social skills, problem solving and self-esteem." When the most critical mental health needs of youth were analyzed by grade level, elementary school personnel "controlling emotions ..." and "peer relationships ..." remained the priority needs. However, at the middle school level personnel reported "anxiety (worry/fear)" and "self-harm and/or suicide" as the greatest concerns/needs. For high schools, the greatest needs emerged as "depression/sad a lot" and "homelessness/housing instability" as the two most critical needs.

School personnel commended the LCRB's funding of school-based resources, reporting more on-site counseling and support would be beneficial given the level of need.

**Executive Director's Report:**

Ms. Winchester reported:

- The 2017 Annual Report of Services and Outcomes are due to the LCRB by Friday, Feb. 2.
- She facilitated the January Early Childhood Taskforce meeting, where the taskforce members set trauma trainings (provided by Crider Health Center) for preschools/early childhood daycare facilities and establishing another parents event as leading priorities.
- She, along with Finance Committee Members David Thompson and Adam Burkemper, has submitted the financial disclosure filing with the Missouri Ethics Commission.
- She circulated a 2018 provider brief schedule for the year's board meetings for funded providers to complete per their interest/availability.
- Reported on current legislation that CSF directors are monitoring.

**Committee Reports:**

- A. Finance Committee: No report.
- B. Personnel Committee: Chair Kristin Gentry reported that the Personnel Committee met with Ms. Winchester in December to review her 2018 contract and 2017 performance appraisal report.
- C. Selection & Review Committee: Chair Christine Heintzelman reported that the 2018 LCRB brochure listing available funded programs is being circulated among referral sources. Ms. Heintzelman thanked Dr. Berry for her work on the 2017 Needs Assessment, which she said validates the LCRB funding allocations and highlights the work that still needs to be achieved within Lincoln County.

**Comments for the Good:**

Kimberly Hewlett with Sts. Joachim & Ann Care Service reported that Coordinated Entry is now live. Now, Lincoln County residents who are literally homeless or facing homelessness will call 2-1-1 where they will receive an assessment and make appropriate referrals to agencies like Sts. Joachim & Ann Care Service.

Elphanie Swift with The Child Center invited everyone to attend the April 4 Midwest Justice for Children Conference "Responding to Children with Problematic Sexual Behaviors." The event will be held at the Community Commons at Spencer Road Library with continuing education credits and scholarship opportunities available.

Beth Sailors with Preferred Family Healthcare/Bridgeway invited everyone to the Friday, January 26 re-dedication of the Robertson Center. The event will take place from 11 a.m. to 1 p.m. at Bridgeway's office in Troy.

**Adjournment:** The meeting was adjourned at 9:14 a.m. by Kristin Gentry (*M.S.P. Thompson, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, February 28, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director