



Meeting Call to Order: The meeting was called to order at 8:31 a.m. at Cuivre River Electric Cooperative's Community Room by LCRB Vice Chair Melba Houston.

Roll Call and Introduction of Guests:

Present: Margie Beckmann, Katrina Ellis, Glenda Fitzgerald (via Zoom), Kristin Gentry (via Zoom), Christine Heintzelman, Dr. Elaine Henderson, Melba Houston, Jim Price, Scott Hufty, Donna Orf, Cheri Winchester and Hally Wells

Absent: Kathy Boessen

Guests: Attending via Zoom: Madeleine Castle (Senator Josh Hawley's Office), Cassie Holt (PCHAS), Cynde Weber (CHN), James Whitaker (Catholic Charities of St. Louis), Stacy Johns (F.A.C.T.), Brittany Morgan (SJA), Katie Corrigan (CNW) and Jessica Sampson (CNW)

Attending in Person: Marilyn Carter (D.A.R.T. Coalition), Jason Miller (Elsberry R-II School District), Jessica Rogalski (CNW), Judson Bliss (SLC), Freda Clemons (TCAC), Madronica Malone (ThriVe-Best Choice), Kevin Pliego (ThriVe-Best Choice), Olivia Langdon (ThriVe-Best Choice), Jaidan Adams (PreventEd), Colleen Bayer (PCHAS), Kristina Kersting (YIN) and Laura Parn (Troy R-III School District)

Approval of Minutes: *A motion was made to approve January 28, 2026, meeting minutes. (M.S.P.: Price, Heintzelman)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheets as of January 31, 2026
- Profit & Loss Budget vs. Actual January 31, 2026
- Sales Tax History from 2025 to Present
- LCRB 2025-2026 Funding Summaries
- LCRB 2025-2026 Schedules of Units

The balance of the Peoples Bank & Trust account on 2-24-26 was \$16,144.81 in the Main Checking Account; 1,257.05 in the Money Market Accounts; and \$171,292.87 in the Certificate of Deposit, for a total balance of \$188,694.73.

The Balance Sheet as of January 31, 2026, shows a balance of \$201,312.43 held in the LCRB certificate of deposit (this figure includes the LCRB \$200,000 reserve fund). Assets and equity are in balance at \$225,940.20.

A total of \$179,580.38 was received in January 2026 (119.67% of the monthly budget), and a total of \$211,012.09 (110.31% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$31,431.71. During the February 18, 2026, LCRB Finance Committee meeting, committee members approved a transfer of \$30,000 held in the LCRB certificate of deposit to the LCRB checking account.

The January 2026 sales tax revenue (deposited February 6, 2026) totaled \$152,231.77 (\$13,653.13 or 8.23% less than January 2025).

In February 2026, \$184,487.06 was paid to our providers for January 2026 services. The outstanding 2025-2026 contract commitment is \$848,604.79 (for the contract term of July 1, 2025, through June 30, 2026). The usage rate of our contracted services through January 31, 2026, is 51.12%.

A motion was made to approve the January monthly financial reports as printed, submitted and explained. (M.S.P.: Henderson, Orf)

Correspondence & Announcements:

- Ms. Winchester routed a flyer delivered to the LCRB regarding the Lincoln County **Emergency Medical Services (EMS) Explorers Spaghetti Dinner/Dance and Silent Auction**, scheduled for May 1, 2026. The event, which will be held at the Old Monroe Knights of Columbus Hall, will raise money for scholarships supporting the next generation of EMS professionals.
- Ms. Winchester shared that the LCRB has been nominated for a **2026 Community Council Community Builder Award**. Award recipients will be announced during the awards ceremony on Thurs., March 26. The nomination recognizes the work, leadership, and collaboration efforts of the LCRB. Melba Houston added that Ms. Winchester has been nominated individually for a **Community Council Community Champion Award**.
- **Amy Blouin, president and CEO of the Missouri Budget Project, will speak to guests** and LCRB members during the March LCRB meeting. Ms. Blouin will share timely insights regarding the state budget and efforts to eliminate income tax through sales tax expansion.
- Hally reminded providers about the **CaseWorthy (CW) training, scheduled for Thursday, March 12** at the Troy Area Chamber of Commerce. School and agency CW users wishing to attend should email Hally. Training is required for new staff users and recommended for all users needing a refresher or better understanding of CW functions.
- Hally stated that she is scheduling the **LCRB spring audits and site visits** for this April. She asked providers who have yet to schedule their audits to do so at their earliest convenience.

Provider Briefs:

To better inform LCRB trustees, and members of the Selection & Review Committee as they begin reviewing funding applications, providers were asked to share a brief overview/update on their programs and services during the February and March meetings. The following LCRB-funded providers presented during the February meeting. Below are highlights shared by the funded providers.

- **Mr. Jason Miller, principal of Elsberry Middle School**, spoke about the Mental Health Support (MHS) Room. Currently, LCRB funds the program designed to provide additional supports to students who have been hospitalized, or are likely to be hospitalized, with mental health concerns. Students served in the MHS room often also receive services from other LCRB-funded providers, including Compass Health Network and Youth In Need, to address their critical mental health needs. While in the MHS room, students receive mental health and academic supports to advance the transition back to their classrooms. Elsberry seeks other sources of funding (grants, etc.) to help pay for the employee benefits and ancillary costs associated with the program. The MHS room also promotes the district's efforts to improve parental engagement, provide greater assistance for students who utilize online learning, and improve attendance rates for students struggling with mental health concerns like anxiety, depression, and more.
- **Kristina Kersting addressed the group regarding Youth In Need's funded program**. She stated that Youth In Need (YIN) does not require a diagnosis to refer or provide services to students. YIN therapists conduct an evaluation and student outcomes determine the duration of their YIN services. Counseling services are titrated as students' health goals improve. YIN currently operates with a short wait list and offers a streamlined intake process. They serve students in Elsberry, Winfield, and Troy school districts with five therapists, one supervisor, and one student intern.
- ThriVe's Madronica Malone spoke about **Best Choice, a risk avoidance education program**. The Best Choice program addresses six common risky behaviors, including: drugs and alcohol use; sexual activity; online activity; vaping and tobacco use; and more. Best Choice presenters often speak to health and/or science classes, and they are currently speaking to students in all Lincoln County public school districts. Madronica reported the program's return to the Troy R-III School district, announcing that approximately 210 Ninth Grade Center students participated in the Best Choice program this academic year. The agency is also working to enhance its reach among local youth via social media platforms designed to enhance engagement regarding healthy choices and behaviors.

- Jaidan Adams provided an overview and sample classroom presentation from the LCRB-funded **PreventEd prevention program, which educates students on a variety of substance use prevention topics from kindergarten through high school**. PreventEd speakers provide interactive lessons, which, depending on grade-level, can utilize tools, such as goggles that demonstrate how substances affect the brain and impair one's ability to maintain awareness and function in a healthy way. Outcomes from PreventEd's prevention program include: 76% of students report that PreventEd influenced them to stay away from cannabis and 87% of students reported feeling more confident about handling peer pressure.
- Sts. Joachim & Ann Care Service's Brittany Morgan reminded the audience of ways in which the **Care Service addresses economic adversity that affects mental health and can heighten risk for child abuse and neglect**. By fostering strong social connections with families in care, the Care Service equips Lincoln County families with protective factors that strengthen their ability to cope with challenges and emerge from crisis, achieving greater stability for the family unit and improving the children's health and development.
- All students working with a **Presbyterian Children's Homes and Services (PCHAS) counselor or mentor** have service plans, which are written by a trained clinician. As of December 31, 2025, according to Cassie Holt, LPC, PCHAS was working with 123 Lincoln County kids. PCHAS mentors serve Lincoln County youth in the community and through the Troy R-III School District, leveraging a variety of therapeutic-inspired tools and strategies to improve health goals, such as building self-esteem and social skills, improving academic performance, reducing family conflict, etc. Many youth involved in the mentor program engage in therapeutic activities, including outdoor recreation opportunities, disguised as fun.

Old Business: None

New Business:

CY 2026-2027 LCRB Budgets

- LCRB Finance Chair Jim Price and Ms. Winchester shared the following:
 - Budgets for the 2026-2027 contract cycle are under Finance Committee's review.
 - At this time, funding allocations are projected to contract from the COVID-era surplus. For the past several LCRB-funding cycles, COVID surpluses have afforded funding allocations of more than \$2 million. With the surplus effectively spent to address crisis-level mental health needs (as of late 2025, children's mental health remains a declared national emergency), the Finance Committee and board must now adhere to current sales tax levels, which are currently performing at the \$1.8 million range.
 - Current sales tax revenues do not support supplemental funding for the 2025-2026 contract cycle.
 - Finance Committee will stay attuned to changes in tax laws, opportunities to recover taxes lost to online sales, and measures that will help LCRB keep pace with the needs of Lincoln County families.

Executive Director's Report:

Ms. Winchester stated that she will email the board her completed written report. She highlighted several items, including:

Lincoln County System of Care Meetings

- The recent quarterly System of Care meeting was held on February 11, 2026, at 11:00 a.m. in Troy R-III's Powell Conference Room. There was representation for all Lincoln County public school districts, and each district's approach to combatting attendance challenges was shared with the group, along with presentations from LCRB- and other funded-providers whose local programs support school attendance and engagement. The next meeting will be held on April 8 at 11:00 a.m. in Troy R-III's Powell Conference Room.

LCRB School-based Assessment

- The LCRB has issued its annual school-based assessment of student mental health needs and funded programs' performance, which includes a truancy and chronic absenteeism section this year. Data will be collected in March with outcomes shared with the LCRB Selection & Review Committee as they consider contract year 2026-27 funding requests.

CA/N Plan Implementation

- Ms. Winchester shared that funding (approximately \$100,000) for the Trauma Intervention Specialist/Case Navigator (TISCN), to be employed by The Child Advocacy Center, is in procurement. The Child Advocacy Center's Julie Seymore is finalizing the hiring of the TISCN, scheduled to begin employment in May 2026.

- The LCRB reconvened the CA/N Plan participants on Feb. 24, which included the local multi-disciplinary team and the state leadership team, including Director Sara Smith, from Children’s Division, to review implementation and timelines for the CA/N Plan pilot project funded by the state.
- Ms. Winchester thanked respondents who have already completed the Mandated Reporter Survey and asked for remaining submissions to be completed by next month.

The Early Childhood Task Force (ECTF)

- The ECTF Shower of Love fund currently holds \$1,123.06. Regular requests for assistance are vetted and submitted by our providers and ECTF partners, and distributions are made to support Lincoln County families with critical care items, one-time-only utility or rent payments, childcare assistance, and more.
- Ms. Winchester has reached out to the Bank of Old Monroe (BOOM) to inquire if they will again sponsor the Early Childhood Task Force’s Shower of Love Campaign. The ECTF remains grateful for the bank’s generosity, funding this child abuse prevention initiative.
- The ECTF partnered with Winfield Primary School to hold its Family Fun Night on Thurs., January 29, 2026. This year’s event was very well attended, providing families with local resources and opportunities for providers to engage/build rapport with Winfield families and children to support program referrals. The ECTF conducted two break-out sessions for parents. LCRB-funded providers from the Crisis Nursery and Nurses for Newborns presented a program about addressing and reducing challenging behaviors, and representatives from Troy R-III’s Parents as Teachers program and Love-N-Learn Preschool shared ideas for taking family technology breaks.
- Hally is working with NorthRoad Church and its children’s director, Jen Richards, to schedule the ECTF’s 2nd Annual Baby Shower for new and expectant moms. Last year’s baby shower was a tremendous success, allowing moms to collect resources, connect with other parents, receive and win baby supplies and gift baskets, enjoy a time of pampering, and more. This year’s event will be held on Thursday, April 23 from 9:30 to 11:00 a.m. Moms wishing to attend should RSVP to one of our providers or email the LCRB office directly.

LCRB’s 20th Year of Service

- Ms. Winchester announced that 2026 marks the LCRB’s 20th service anniversary. The LCRB has an updated logo to commemorate the anniversary and is currently working with a local app designer to create a tool that can enhance access and referrals for LCRB-funded programs and other critical mental health resources, such as 988. More details and other anniversary-related information to come.

March 2026 LCRB Meeting Date Change

- At the January LCRB meeting, the board voted to move the March meeting date to Tuesday, March 31 at 8:30 a.m. to be held in the Cuivre River Electric Cooperative’s community room due to spring break travel conflicts, ensuring a board quorum and strong meeting attendance.

Committee Reports:

- Finance Committee: Jim Price said that the committee will finalize the 2026-2027 contract year budget and continue to investigate the benefits of a county-wide use tax, which previous efforts did not include the LCRB in the use-tax ballot initiative for the county or other independent municipalities.
- Personnel Committee: Donna Orf stated that the committee is currently updating the LCRB handbook. Information will be shared as the process continues.
- Selection & Review Committee: Christine Heintzelman thanked providers for sharing briefs during the LCRB’s February and March meetings, reiterating that these updates are tremendously helpful to the entire board and noting that the presentations are timely for the upcoming Selection & Review committee sessions and committee members’ work to recommend funding allocations.

Comments for the Good:

- **Marilyn Carter shared updates from D.A.R.T. Lincoln County:**
 - Nine individuals from D.A.R.T. attended the Missouri Prevention Advocacy Leaders’ Prevention Day on Thursday, February 11, 2026, in Jefferson City. They met with Representative Doyle Justus and Missouri House Speaker Pro-Tempore Chad Perkins; observed the legislature in session; and attended PreventEd’s closing “press conference.” The annual event provides an opportunity to meet with state legislators to advocate for prevention funding and laws that protect youth from underage tobacco, drug, and alcohol use.
 - On February 12, 2026, Marilyn hosted a merchant training for Lincoln County businesses and their staff. Following training, compliance checks were completed, and five of the businesses visited were found to be selling alcohol to minors.

- Marilyn is having conversations with local leaders, advocating for the passage of an ordinance that would prohibit the sale of kratom and hemp products to anyone under 21 years of age.
 - In addition to visiting Jefferson City, Marilyn attended the **Community Anti-Drug Coalitions of America's** 36th Annual National Leadership Forum in Washington, D.C.; participated in Elsberry's Parent Night (primarily for middle and high school students); and conducted presentations during Troy Middle School's Coping Skills Café.
 - DART will host **An Updated Conversation About Cannabis** on **February 26th, 2026**, at **9:30 a.m.**, as part of the coalition's regular meeting. This presentation will be facilitated by D.A.R.T. member Dr. Johnathon White, Prevention and Support Systems Strategist for the Lincoln County R-III School District.
- Jessica Rogalski announced that she will conduct **open hours at the Troy Family Empowerment Office** on Mercy's campus on Fridays from 12:00 to 3:00 p.m., starting in March, to meet with local families and help address their basic needs, such as diapers and other critical care items. Reservations are preferred and can be made by contacting Jessica.
 - Laura Parn shared that Troy R-III is leveraging the LCRB-funded social skills interventionist program curriculum to support the **development of 30 grade-level specific lessons, each 20 minutes in length**. These lessons are taught once each week to promote student and staff learning and development.
 - **Dr. Elaine Henderson praised this year's System of Care meetings**. She finds the interaction between providers and schools to be unique and particularly helpful to participants as they work together to find solutions to the challenge of poor attendance.
 - **James Whitaker, Western Vicariate navigator for Catholic Charities**, announced that beginning Monday, March 9th, the Vicariate Navigators at Catholic Charities of the Archdiocese of St. Louis will start accepting applications for one-time emergency direct aid grants through the Catholic Charities USA Helping Hands Grant. Each household may qualify for up to \$3,000 in emergency assistance. James will email Ms. Winchester with information regarding the grant qualifications and how entities can leverage the limited funds to support their local clients.

Adjournment: The meeting was adjourned at 9:47 a.m. by Melba Houston. *(M.S.P.: Hufty, Beckmann)*

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **Tuesday, March 31, 2026, at 8:30 a.m. via Zoom and in-person at Cuivre River Electric Cooperative's Community Room**, located at 1112 East Cherry Street, Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director