



**Meeting Call to Order:** The meeting was called to order at 8:40 a.m. by LCRB Chair Kathy Boessen. The meeting was held at Chair Kathy Boessen's residence.

**Roll Call and Introduction of Guests:**

Present: Kathy Boessen, Glenda Fitzgerald, Kristen Gentry, Christine Heintzelman, Scott Hufty, Katrina Grasshoff, Jim Price (via Zoom), Cheri Winchester and Hally Wells

Absent: Margie Beckmann, Nancy Behlmann, Dr. Elaine Henderson, Melba Houston and Dr. Brandi Street

Guests: **Attending via Zoom**, Jane Gavril (Compass), Christine Petty (Compass), Cathi Bornhop (F.A.C.T.), Rachel Svejkosky (F.A.C.T.), Felicia Linear (ThriVe – Best Choice), Madronica Malone (ThriVe – Best Choice), Cara Merritt (YIN), Dr. Amy Salvo (Troy R-III School District), Kimberly Hewlitt (SJA), Ron Tompkins (NFN), Julie Seymore (TCC), Brittany McDonnell (CNW), Sandra Barker (SLC), Amanda Harmel (PreventEd), Leah Maniaci (PreventEd), Pastor Gustavo Vega (Harvester Christian Church) and Rebecca Martin (citizen). **Attending in person**, Angel Coleman (PreventEd), Heidi Hubbard (YIN), Kimberly Wall (YIN) and Hannah Bayer (YIN).

**Approval of Minutes:** *A motion was made to approve the November 24, 2021, meeting minutes. (M.S.P.: Hufty, Gentry)*

**Monthly Financial Report:**

Ms. Winchester reviewed several financial documents with the committee that included:

- Balance Sheet as of November 30, 2021
- Profit & Loss Budget Vs. Actual November 30, 2021
- Sales Tax History from 2020 to Present
- LCRB 2021 Funding Summary
- LCRB 2021 Schedule of Units

The balance of the Peoples Bank & Trust account on 12-14-21 was \$441,004.65 in the Main Account and \$692,587.16 in the Money Market Account for a total balance of \$1,133,591.81. These balances do not account for the provider reimbursements, given the board meeting was held one week early due to the holidays, which will clear the LCRB main account on Fri., Dec. 17.

The Balance Sheet as of November 30, 2021, shows \$9,937.55 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$984,519.36

A total of \$154,100.13 was received in November 2021 (140.89% of the monthly budget), and a total of \$155,555.36 (120.67% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$1,455.23

The November 2021 sales tax revenue (deposited on December 7, 2021) was \$155,745.24 (\$4,908.61 or 3.25% more than November 2020).

In December 2021, \$160,816.19 will be paid to our providers for November 2021 services. The outstanding 2021 contract commitment is \$779,035.71 (for the contract term of Jan. 1, 2021 through June 30, 2022). The usage rate of our contracted services through November 30, 2021 is 60.6%.

*A motion was made to approve the monthly financial reports as printed, submitted and explained. (M.S.P.: Heintzelman, Fitzgerald)*

**Correspondence & Announcements:**

- Ms. Winchester reminded attendees about the upcoming Bank of Old Monroe **Music Trivia Fundraiser**, scheduled for Saturday, January 22, 2022. The event will be held at the Troy Knights of Columbus Hall and will benefit the Lincoln County Resource Board. LCRB is honored to be chosen as the recipient of funds. More information can be found on the Facebook event page.

- Ms. Winchester shared information about **two new resources** that are available to Lincoln County Families. The first is **Crossroads Clinic**, located in Lake St. Louis, MO. Crossroads Clinic serves individuals ages 18-64 who reside in Western St. Charles, Lincoln, Warren, or Montgomery Counties. Volunteer medical professionals staff the clinic, which provide a range of medical treatment and services to those that have no medical health insurance. Please check their website for more information: [crossroadsclinicvm.org](http://crossroadsclinicvm.org).

The second is **Compass Health Network's Crisis Stabilization Center** located within the Compass Wentzville facility. The Crisis Stabilization Center provides a safe and less costly option for assessing, triaging and caring for individuals experiencing a behavioral health crisis. The center works to divert individuals with mental health and/or substance use disorders from emergency rooms and jails. The center will stabilize and triage individuals while also connecting them to appropriate services and resources. The center is open 24 hours a day, 365 days a year.

- F.A.C.T. will host its **25<sup>th</sup> Annual Hopes & Dreams Gala** on April 23, 2022 from 6:30 to 10:30 p.m. The event will be held at Ameristar Casino in St. Charles, MO. The theme for the evening will be "Rat Pack Style."
- Ms. Winchester recognized the service of **retiring board member Nancy Behlmann**. Mrs. Behlmann was unable to attend the meeting so LCRB Chair Kathy Boessen and Ms. Winchester will personally meet with Mrs. Behlmann soon to express the board and staff's gratitude and well wishes.

#### Old Business:

- Ms. Winchester presented the **final LCRB 2022-2024 Strategic Plan** based on the LCRB's Strategic Planning Committee's meeting outcomes and direction. Ms. Winchester reminded the group that the Strategic Plan is a "living" document, designed to evolve and be adjusted according to timely needs within the county. The 2019-2021 plan, currently posted on LCRB's website, will be replaced with the updated one, if approved. LCRB Chair Kathy Boessen reviewed the plan's four primary goals. The goals include: 1. Enhance awareness and programming to reach younger children (0-5 and their caregivers) for earlier identification and prevention. 2. Meet the evolving and timely crisis intervention needs of our children and youth. 3. Secure and enhance funding streams to keep pace with growing demand for services. 4. Ensure the LCRB's long-term organizational viability.

*A motion was made to approve the 2022-2024 Strategic Plan as written and presented. (M.S.P.: Gentry, Heintzelman)*

- The Selection & Review Committee completed its review of the 2022 **supplemental funding requests**. The committee's supplemental funding recommendations were presented to the LCRB Finance Committee and were approved. For the full board's consideration, Ms. Winchester reviewed that five providers applied for the supplemental funding, requesting a total of \$290,315.33. The Selection & Review Committee recommended funding the five providers for a total of \$205,885.52 based on verified need, available funding and utilization. Supplemental funding will be applied for the remaining contract cycle through June 30, 2022, to sustain critical programming and ensure continuity of care with the capacity to accept referrals for new consumers.

*A motion was made to approve the supplemental funding requests as considered and recommended by Selection and Review and approved by the Finance Committee. (M.S.P.: Heintzelman, Hufty)*

Upon board approval, Ms. Winchester outlined the supplemental funding awards, which will be included in next month's financial spreadsheets. Ms. Winchester said modified contracts will be sent to the providers for execution and filing before year's end.

- Ms. Winchester advised board members of the final updates made to the **LCRB 2022 General and Administrative Budgets**. With the approved supplemental funding allocations, Ms. Winchester presented the updated budgets. Ms. Winchester noted that the LCRB spends 6.37% of its total budget on administrative expenses. Mrs. Boessen stated that the volunteer board works diligently to ensure that the vast majority of received sales tax dollars are invested into mental health care services for Lincoln County kids and their families. With all information now collected and incorporated into the budget, Ms. Winchester presented the final budgets for LCRB approval.

*A motion was made to approve the LCRB 2022 Budget as prepared and presented. (M.S.P.: Heintzelman, Fitzgerald)*

- Ms. Winchester asked the LCRB to confirm a **meeting location site for 2022**. Prior to COVID, the LCRB met monthly at the Lincoln County Health Department. With the Health Department community room space no longer available, the LCRB has held in-person meetings at the Troy Area Chamber of Commerce conference room and at the University of Missouri Extension Center. The Troy Chamber space is not available during our LCRB meeting times in 2022 and the Extension Center will begin charging \$25 for its community meeting space in 2022. Hally Wells contacted Cuivre River Electric Cooperative regarding use of its community room. Hally toured the room, which is offered at no charge and equipped to meet the LCRB's meeting and technology needs. The LCRB agreed to reserve the Cuivre River Electric Cooperative community room for the LCRB's 2022 monthly meetings (held the fourth Wednesday of each month (unless posted otherwise) at 8:30 a.m. The LCRB will begin meeting in this new space starting January 26, 2022.

#### **New Business:**

None

#### **Executive Director's Report:**

Ms. Winchester stated that she will email the board her complete written report and highlighted a few items, including:

- Mrs. Wells conducted an optional **CaseWorthy training on Thursday, December 9** at the Troy Area Chamber of Commerce. The session ran from 12:30 until 2:30 p.m. and provided an opportunity for new users or those unable to attend the first training session to receive in-person training. The time also allowed for school personnel and providers to get additional assistance, if needed, as they progress with their use of the CaseWorthy system. Six individuals attended training.
- **Mid-School-Year Assessments** were issued to all Lincoln County public and parochial schools with surveys due by Friday, December 17. Dr. Cynthia Berry will assess and analyze the surveys, providing the board with a full report in January. These reports will be used by Selection & Review when they consider our 2022-23 funding allocations.
- **The LCRB YouTube Channel has been established.** The channel was created as a means for consistent engagement with Lincoln County caregivers given our caregiver, and similar in-person, events have been canceled due to COVID. April Bryant created the channel and will create one video per month through 2022 to provide Lincoln County caregivers with education, resources and tips to meet the evolving mental and behavioral health needs of Lincoln County kids and support healthy family units. Additionally, the LCRB and the Lincoln County Early Childhood Taskforce will work with the Troy Buchanan High School journalism and digital media department to create free content and videos to augment these efforts. Ms. Winchester encouraged meeting participants to subscribe to the LCRB channel. The channel and its videos will be posted to the LCRB Facebook page and website.

#### **Committee Reports**

A. Finance Committee: None

B. Personnel Committee: Chair Kristin Gentry reported that 2022 contracts for Ms. Winchester and Mrs. Wells are completed, and year-end appraisals are in process.

C. Selection & Review Committee: None

#### **Comments for the Good:**

- Ms. Winchester announced that Northroad Church is hosting "A Merry Christmas Holiday Shoppe" at their Moscow Mills campus on December 19 from 5:00 to 8:00 p.m. This event is for women only, and all items are free to shoppers. This is an opportunity for those who may not have the ability to purchase gifts to be able to shop for themselves and loved ones.
- Heidi Hubbard from Youth in Need asked the group about local resources for assistance with resume writing. Ms. Winchester stated that she would reach out to Julie Rodgers, Executive Director of the Lincoln County Economic Development, and Rachel South, Troy Area Chamber of Commerce, for recommendations. It was suggested that Ms. Hubbard contact the Missouri Career Center located in Warrenton for information regarding local resources.
- LCRB member Glenda Fitzgerald announced that Cornerstone United Methodist Church in O'Fallon, MO, has a food pantry that is available for those who may need groceries for the holiday season. Those interested should contact the church for specific hours.

**Adjournment:** *The meeting was adjourned at 9:39 a.m. by Chair Kathy Boessen (M.S.P.: Gentry, Heintzelman)*

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:30 a.m. on Wednesday, January 26, 2022, at Cuivre River Electric Cooperative's Community Room and via Zoom.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director