



Meeting Call to Order: The meeting was called to order at 8:05 a.m. by LCRB Chair Kathy Boessen.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Kathy Boessen, David Thompson, Margie Beckmann, Rod Barnhill, Dr. Elaine Henderson, Glenda Fitzgerald, Christine Heintzelman, Sheriff John Cottle and Cheri Winchester

Absent: Melba Houston, Jim Price, Kristin Gentry, Nancy Behlmann, and Dr. Michele Neblock

Guests: Michelle Young (PFH), Lauren Russell (PFH), Jen Kaiser (Compass), Matthew Noonan (Compass), Juvaughn Baker (Best Choice), Austin McCartney (Best Choice), Cathi Bornhop (FACT), Rachel Svejkosky (FACT), Sherry Saunders (SJA), Kristi Machica (YIN), Heidi Hubbard (YIN), Lauri Cross Fink (SLC), Mark Grzeskowiak (PCHAS), Brittany McDonnell (CNW), Michael Miller (CNW), Fran Natoli (Arise), Megan Brown (TCC), Sasha Vandeven (LCHD), Kim Vickers (LCHD), Marlene Creamer (LCHD) and Steve Burrows (LCHD)

Approval of Minutes: A motion was made to approve the July 24, 2019, meeting minutes. *(M.S.P.: Barnhill, Fitzgerald)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of July 31, 2019
- Profit & Loss Budget vs. Actual July 31, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on August 27, 2019 was \$75,203.89 in the Main Account and \$211,275.61 in the Money Market Account for a total balance of \$286,479.50.

The balance of the People's Bank & Trust account on 8-20-19 was **\$98,686.44** in the Main Account and **\$211,275.61** in the Money Market Account for a total balance of \$309,962.05.

The Balance Sheet as of July 31, 2019, shows \$7,535.45 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$214,740.92.

A total of \$130,455.37 was received in July 2019 (120.42% of the monthly budget) and a total of \$95,368.64 (81.33% of monthly budget) was paid out in expenditures, resulting in net income of \$35,086.73.

The July 2019 sales tax revenue (deposited on 8-7-2019) was \$101,461.14 (\$4,821.95 or 4.99% more than July 2018).

In August 2019, \$92,606.87 was paid to our providers for July services. The outstanding 2019 contract commitment is \$465,491.38. The usage rate of our contracted services through July 31, 2019, is 59.96%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Fitzgerald, Heintzelman)

Correspondence & Announcements:

Ms. Winchester routed thank you notes from Pheeze Kemper Legacy Award recipient Principal Jason Miller and Audrey Henebry with the Troy R-III School District for the LCRB's presentation at the district all-staff welcome back forum. Ms. Winchester also encouraged funded providers to consider having a table at the Parents As Teachers 4th Annual Community Resource Fair, scheduled for Sept. 6 from 5-6:30 p.m.

Provider Brief: Youth In Need

Kristi Machica and Heidi Hubbard reviewed Youth In Need's funded school-based counseling program offered at the Elsberry School District. Youth In Need provides the district with individual, group and family sessions within the Elsberry schools during the school day. Counseling sessions can address concerns including, but not limited to, school behaviors, separation and divorce, grief and loss, family conflicts, decision making, self-esteem, impulse-control, violence or trauma and anger management. Since receiving LCRB funding, from January 2018 through July 2019, Ms. Hubbard reported the following outcomes:

- Served 121 clients at Elsberry Elementary, Middle and High Schools or 15% of the Elsberry School District
- Provided 1,233 individual sessions; 65 group sessions; 17 family sessions; and 578 case management interactions
- Almost 89% of clients demonstrated improvement in major areas of functioning and overall wellbeing
- 72% of client demonstrated higher levels of school engagement

D.A.R.T. Report:

Michelle Young with Preferred Family Healthcare reported that the taskforce will meet August 29 at 9:30 a.m. at the Troy Police Department to plan for the Addiction Awareness Rally, which will take place on September 14 from 10 a.m. to noon on the Kroger parking lot. Ms. Young invited providers to set up resource tables at the event. She said the taskforce is also working to host a teen summit on October 22, to coincide with Red Ribbon Week, at North Road Church. The summit is targeting middle school students throughout Lincoln County schools.

Old Business:

LCRB Vendor Payments: ACH Origination Program

Ms. Winchester reported that she completed the on-site review of the ACH program at People's Bank. She's working with our funded providers to obtain account authorization and processing details for future ACH payments. She also provided Mr. Thompson and Ms. Boessen with their security chips for account access and future check approvals.

New Business:

2020 Request for Funding Proposals

Ms. Winchester reported that the LCRB received its 2020 requests for funding applications. The proposals and supporting documents have been gathered for the Selection & Review Committee members, contained in the expanding file folders at the board table. Selection & Review will commence its 2020 funding review meetings in early September with plans to present its funding request to the board by the October meeting.

Proposed LCRB 2020 Administrative and General Budgets

Ms. Winchester thoroughly reviewed the following 2020 budgeting spreadsheets and calculations for the board's review and consideration with plans to vote on the 2020 budget during the October board meeting: 2020 cash balance brought forward worksheet and calculations; 2020 administrative budget spreadsheet; and 2020 general budget with program funding allocations. Finance Committee member Rod Barnhill reported that the board would like to assess these calculations, gather another month of 2019 financials and prepare to vote on the 2020 budget next month.

Executive Director's Report:

- Dr. Cynthia Berry completed the analysis of the 2019 mid-year provider reports, which found that from January 1, 2019, through June 30, 2019, LCRB-funded providers directly served 1,299 children and youth, 294 parents/caregivers and 220 households. LCRB-funded prevention programs reached 9,542 Lincoln County children and youth and 424 adults/caregivers.
- Ms. Winchester thanked board members and providers who participated in Lincoln County schools back-to-school open houses and events. She also thanked Compass Health Network, Crisis Nursery Wentzville and Saint Louis Counseling for presenting with Ms. Winchester as part of the LCRB presentation at the R-III School District all-staff back-to-school forum.
- Financials have been submitted to Charles Montgomery, CPA, for the annual LCRB audit.
- Ms. Winchester thanked providers Compass Health Network, Saint Louis Counseling and Preferred Family Healthcare for responding to the needs of TBHS students, families and staff following the tragic car accident at the start of the school year.

Committee Reports:

- A. Finance Committee: None.
- B. Personnel Committee: None.
- C. Selection & Review Committee: Chair Christine Heintzelman thanked agencies for submitting their funding requests and for the daily work they perform for the health and wellbeing of Lincoln County children, youth and families.

Comments for the Good:

Michelle Young with Preferred Family Healthcare reported agency staff attended 15 back-to-school open houses with counselors on-site to facilitate referrals. From the back-to-school events, Ms. Young said Preferred received 19 student referrals for services. Ms. Young also shared that Preferred will be starting small groups at local middle schools.

Adjournment: The meeting was adjourned at 9:15 a.m. by Kathy Boessen (*M.S.P. Thompson, Barnhill*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, September 25, at the Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director