



**Meeting Call to Order:** The meeting was called to order at 8:10 a.m. by LCRB Member Kristin Gentry.

**Roll Call and Introduction of Guests:** LCRB members, providers, and guests introduced themselves.

**Present:** Margie Beckmann, Dr. Elaine Henderson, Sheriff John Cottle, Kristin Gentry, Dr. Brandi Street, Scott Hufty, Katrina Grasshoff, Glenda Fitzgerald, Jim Price, Cheri Winchester, and Hally Wells

**Absent:** Kathy Boessen, Melba Houston, Christine Heintzelman, and Nancy Behlmann

**Guests:** Jen Kaiser (Compass), Lauri Cross Fink (SLC), Glenda Keeteman (LCHD), Rebecca Grutsch (LCHD), Lisa Verity (LCHD), Marlene Creamer (LCHD), Cathi Bornhop (F.A.C.T.), Becky Tilley (TCC), Porscha Thorpe (TCC), Felicia Linear (ThriVe – Best Choice), Kim Hewlett (SJA), Michelle Young (PFH), Cindy Dearing (PFH) and Mark Grzeskowiak (PCHAS)

**Approval of Minutes:** A motion was made to approve the January 22, 2020, meeting minutes. (*M.S.P.: Price, Sheriff Cottle*)

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents, including:

- Balance Sheet as of January 31, 2020
- Profit & Loss Budget vs. Actual January 31, 2020
- Sales Tax History from 2019 to Present
- LCRB 2020 Funding Summary
- LCRB 2020 Schedule of Units

The balance of the Peoples Bank & Trust account on February 26, 2020, was \$154,935.00 in the Main Account and \$192,587.16 in the Money Market Account for a total balance of \$347,522.16.

The Balance Sheet as of January 31, 2020, shows \$3,081.13 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$354,762.78.

A total of \$116,988.50 was received in January 2020 (106.96% of the monthly budget), and a total of \$52,402.36 (43.45% of the monthly budget) was paid out in expenditures, resulting in a net income of \$64,586.14.

The January 2020 sales tax revenue (combined deposits of February 7 and February 21, 2020) was \$110,086.03 (\$1,833.43 less or 1.64% less than January 2019).

In February 2020, \$115,603.26 was paid to our providers for January services. The outstanding 2020 contract commitment is \$1,220,521.10. The usage rate of our contracted services through January 31, 2020, is 7.81%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Fitzgerald, Sheriff Cottle)*

#### **Correspondence & Announcements:**

- Ms. Winchester noted that several funded providers will be hosting fundraising events over the next few months. She brought invitations and notices of those events to share with board members.
- Ms. Winchester routed the 2020 Shower of Love flyer and outlined confirmed drives, including the Bank of Old Monroe partnership and the April 18 “Stuff the Ambulance” event to be held at Walmart in Troy.
- Ms. Winchester announced that NAMI will begin a Family-to-Family class in March and circulated the flyer.

## **Provider Brief: Signs of Suicide (SOS) Program Update, Lincoln County Health Department, Maternal and Child Health Program**

Rebecca Grutsch and Lisa Verity, Lincoln County Health Department and its Maternal and Child Health Program, presented an update regarding the implementation of the Signs of Suicide (SOS) Program with the Elsberry School District. Ms. Grutsch and Ms. Verity explained that the presentation includes a video, from which they facilitate class discussions. Students also complete a screening related to depression and may request to speak with a counselor following the presentation.

The Health Department completed the program with all Elsberry High School students and has scheduled presentations in May for the Elsberry Middle School. Discussions are underway for presentations at the Winfield School District next fall.

The Lincoln County Health Department's Maternal and Child Health Program offers the evidence-based Signs of Suicide program at no cost. Schools have the option of presenting the program themselves, appropriate training provided, or having the Health Department present the materials. Studies have shown that speaking about suicide with youth does not increase the likelihood of incidents. Instead, it helps to identify students who are having suicidal thoughts, which can often be the student no one suspects as the issue of suicide does not discriminate.

### **D.A.R.T. Report:**

Michelle Young announced that D.A.R.T. will meet tomorrow at 9:30 a.m. at the Troy Police Department; they meet monthly on the fourth Thursday. Ms. Young reported that the Winfield School District held their own "Mini Summit," which featured programs from Preferred Family Healthcare and local law enforcement and included timely sessions on topics, such as vaping. D.A.R.T. is currently considering dates for the Addiction Awareness Rally, which will be held in September, and the 2020 Teen Summit to be held in October.

### **Old Business:**

None

### **New Business:**

#### 2019 Annual Report of Services and Outcomes

Ms. Winchester announced outcomes from the 2019 Annual Report of Services and Clinical Outcomes, analyzed and compiled by Dr. Cynthia Berry. In 2019, LCRB-funded providers and programs served 1,880 Lincoln County children and youth with direct services, such as counseling, psychiatry, therapeutic mentoring and case management. Additionally, 470 caregivers/adults were supported through LCRB-funded direct services. LCRB-funded prevention programs reached 13,527 Lincoln County children and youth and 1,411 caregivers and adults. Because Lincoln County kids can access multiple programs, such as counseling and classroom prevention programs, we reduce the numbers of totals kids reached (15,407) by 20 percent (3,081) to account for duplication. With this calculation, 12,326 Lincoln County children and youth benefited from 2019 LCRB funded programs and services, or approximately 21 percent of Lincoln County's population.

Report outcomes will be shared by the LCRB via its social media channels.

### **Executive Director's Report:**

Ms. Winchester shared the written report and highlighted a few items within, including:

- Ms. Winchester will facilitate the March Youth Leadership Troy "Quality of Life and Health Care Session." The session is scheduled for Wed., March 25 from 12:45-4:45 p.m. and LCRB members and providers were invited to participate. At this time, the tour will include a stop at the new Compass Health facility in Troy.
- Ms. Winchester is preparing an article for *Troy R-III Explore*. The district has asked for a submission of 500-600 words with photos that will help district families become more familiar with the work of LCRB and its funded providers.
- Ms. Winchester will file her financial disclosure statement to the Missouri Ethics Commission by May 1.
- The Early Childhood Task Force has planned their second annual "Shower of Love" event for this spring and a Parents' Night to be held on the campus of Boone and Lincoln Elementary Schools over the summer. The Parents' Night will offer two concurrent sessions: one geared toward the caregivers of children 0-5 years of age and a second for caregivers of adolescents.
- Ms. Winchester announced that the LCRB will host a "Bridges Out of Poverty" workshop on Friday, September 18, which will build on the 2019 LCRB Legislative Summit and serve as the 2020 Summit. The location has yet to be determined and will be based on attendance. In March, the LCRB will host a strategic planning session for the workshop with community leaders.

- Elsberry United Methodist Church has partnered with Compass Health to provide a food pantry for the Elsberry community, which has been without a food bank for several months. More information will be shared at the March meeting.
- Ms. Winchester shared information regarding two new pediatric psychiatry options, including the Missouri Child Psychiatry Access Project supporting primary care health providers and Compass Health in Troy.
- The 2020 LCRB brochures are now available and being distributed throughout the county to appropriate agencies, schools, churches, providers and more.

### **Committee Reports**

- A. Finance Committee: Chair Jim Price reported sales tax revenues are strong and encouraged providers to continue connecting Lincoln County kids to their exceptional programs.
- B. Personnel Committee: Chair Kristen Gentry reported that the committee is currently updating the personnel handbook with the assistance of Butler Consulting.
- C. Selection & Review Committee: None

### **Comments for the Good:**

Michelle Young announced that Preferred Family Healthcare will provide camps throughout the county for students during districts' spring breaks. Ms. Young brought information pertaining to each camp to share with LCRB and other providers. The camps are FREE for Lincoln county youth ages 5-12 (kids do not have to be clients of Preferred to attend), lunch is provided and the camps will focus on self-regulation and social responsibility.

Porsha Thorpe from The Child Center shared information and opportunities associated with "The Midwest Justice for Children" Conference. The pre-conference will take place on March 17 and the conference will be held March 18 through 20. There are opportunities for vendor booths at the conference as well March 18-19. To learn more or register, visit The Child Center website. The agency also will hold its One with Courage Gala on April 18. Both events will be held at the St. Charles Convention Center.

**Adjournment:** The meeting was adjourned at 8:53 a.m. by Kristin Gentry (*M.S.P.: Sheriff Cottle, Dr. Henderson*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, March 25, 2020 at Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director