



Meeting Call to Order: The meeting was called to order at 8:06 a.m. by LCRB Chair Kathy Boessen.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Kathy Boessen, Margie Beckmann, Rod Barnhill, Dr. Elaine Henderson, Glenda Fitzgerald, David Thompson, Christine Heintzelman, Melba Houston, Nancy Behlmann, Jim Price, Kristen Gentry, Cheri Winchester and Hally Wells

Absent: Sheriff John Cottle and Dr. Michele Neblock

Guests: Michelle Young (PFH), Cindy Dearing (PFH), Heidi Hubbard (YIN), Kristi Machica (YIN), Fran Natoli (Arise), Alicia White (LCHD), Kim Vickers (LCHD), Marleen Creamer (LCHD), Sasha Vandeven (LCHD), Jen Kaiser (Compass), Felicia Linear (ThriVe - Best Choice), Madronica Malone (ThriVe – Best Choice), Kim Hewlett (SJA), Traci Smith (F.A.C.T.), Lauri Cross Fink (SLC), Porscha Thorpe (TCC), Ron Thompkins (NFN), Mark Grzeskowiak (PCHAS) and Brandi Street (SSM)

Approval of Minutes: A motion was made to approve the September 25, 2019, meeting minutes.
(M.S.P.: Price, Gentry)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of September 30, 2019
- Profit & Loss Budget vs. Actual September 30, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on October 22, 2019 was \$51,088.44 in the Main Account and \$192,587.16 in the Money Market Account for a total balance of \$243,675.60.

The Balance Sheet as of September 30, 2019, shows \$6,555.87 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$259,333.81.

A total of \$154,881.85 was received in September 2019 (142.97% of the monthly budget), and a total of \$112,265.82 (95.57% of the monthly budget) was paid out in expenditures, resulting in a net income of \$42,616.03.

The September 2019 sales tax revenue (deposited on September 6, 2019) was \$111,618.64 (\$30,970.16 or 38.4% more than September 2018).

In October 2019, \$119,532.35 was paid to our providers for September services. The outstanding 2019 contract commitment is \$263,086.66. The usage rate of our contracted services through September 30, 2019 is 73.97%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Fitzgerald, Heintzelman)

Correspondence & Announcements:

Ms. Winchester shared information regarding the Dr. Ruby Payne “Bridges Out of Poverty” event presented by the Community Council on Wed., Dec. 4 in St. Peters. Ms. Winchester plans to attend a Dr. Payne forum hosted by the Franklin County Children and Families Community Resource Board on Fri., Nov. 1.

Provider Brief: Nurses for Newborns

Ron Thompkins from Nurses for Newborns addressed the board regarding the LCRB-funded program, which provides in-home nursing visits (by registered nurses and social workers) to promote health care, education and positive parenting skills for at-risk families.

Recognized by the state of Missouri as a "Promising Approach Model," registered nurses visit families' homes to conduct assessments, screenings, parenting education and referrals for prenatal cases and caregivers parenting a baby up to the age of two. Families can self-refer or Nurses for Newborns accepts referrals from hospitals and other sources to prevent infant mortality and child abuse and neglect.

From January 1 through June 30, 2019, LCRB-funded Nurses for Newborns had served 13 local caregivers and their babies.

D.A.R.T. Report:

Michelle Young with Preferred Family Healthcare reported that the taskforce just completed its first Teen Summit held on October 22. The successful inaugural event featured speakers and break-out sessions to address issues like addiction, opioids, Juuling and vaping, coping strategies, and more. A large group presentation by The Awaken Project, funded by Mercy Health Foundation, concluded the event. The next taskforce meeting will be on October 31 at the Troy Police Department (meetings are held on the last Thursday of every month at 9:30 a.m.).

Old Business:

LCRB Audit

Ms. Winchester reported that the LCRB audit has been completed by Charles Montgomery. She provided board members, along with Sarah Burkemper a copy of the audit. An error was noted on page 3 by Finance Chair David Thompson. Ms. Winchester made note and will contact Mr. Montgomery for a correction. Once the final report is received, Ms. Winchester will upload the audit findings to the LCRB website and will route a copy to the Lincoln County Commissioner's office.

2019 Legislative Summit

Ms. Winchester shared with the Board proposed plans for the 5th Annual LCRB Legislative Summit & Mobile Outreach Tour. The Summit will focus on poverty and will begin at the Elsberry R-II School District followed by a catered lunch at The Key Youth Center. Toyota Bodine has provided funding to cover all associated costs. Ms. Winchester is working with our legislators and their offices to confirm the event date. Based on feedback from the board members, a shuttle bus will be provided at the Lincoln County Health Department, funded through the Toyota Bodine grant, to transport participants to the Summit stops and provide for networking opportunities.

New Business:

2020 LCRB Funding Allocations (Christine Heintzelman, Selection and Review Committee Chair)

Selection & Review Committee Chairperson Christine Heintzelman, reported that the committee has completed its assessment of all the funding proposals. Ms. Heintzelman presented the committee's final recommendations to the LCRB Finance Committee last week, recommending that the LCRB fund \$1,335,808.86 for contract year 2020 programs and services, allowing for a minor variance to account for unit cost contractual adjustments.

Mrs. Heintzelman shared the following information pertaining to those recommendations:

The committee was careful to look at the LCRB's strategic plan, the 2019 utilization figures, and the current needs of Lincoln County children and families. Allocation recommendations were made with the LCRB's mission at the core of all decisions, leveraging projected dollars to best meet the evolving mental health needs of Lincoln County children and youth.

Ms. Winchester added she will issue an email following the board's vote to each agency specifying the board-approved 2020 funding allocations.

A motion was made to approve the Selection and Review Committee's recommendations for 2020 allocations. (M.S.P.: Heintzelman, Thompson)

2020 New Board Member

Chair Kathy Boessen introduced special guest Dr. Brandi Street with SSM Health Medical Group in Troy. Dr. Street has met with Ms. Boessen to review the role and responsibilities of a Lincoln County Resource Board member and has attended board meetings to learn more about the board's functions. Dr. Street has agreed to serve as a board member with the board's and Lincoln County Commissioner's approval.

(A motion was made to recommend Dr. Brandi Street to the Lincoln County Commissioners for a three-year board term beginning January 2020. M.S.P.: Thompson, Fitzgerald)

Executive Director's Report:

Ms. Winchester shared the written report, which included:

- The Early Childhood Task Force will meet next month and will feature Hannibal Regional Office to review their role, function and scope with meeting the health needs of Lincoln County kids under DMH.
- Fall provider audits are underway. Thank you to our agencies for their preparation efforts to ensure efficient and comprehensive reviews.
- Ms. Winchester stated that 2020 contracts and clinical outcomes agreements will be sent out to all providers by December.
- Two LCRB members will retire their board positions at the end of their terms in 2019. Ms. Winchester announced that David Thompson and Rod Barnhill will both be leaving the board after serving since the board's inception, working to ensure our children's mental health needs are addressed. Ms. Winchester and Chair Kathy Boessen expressed gratitude to both members for their years of dedication and service to "Put Kids First" in Lincoln County.
- Ms. Winchester reminded attendees that the Fall All Agency meeting will take place immediately following the LCRB meeting.

Committee Reports:

- A. Finance Committee: Chair David Thompson stated LCRB's commitment to meet its 2020 budget and allocation markers.
- B. Personnel Committee: Chair Kristin Gentry announced the committee will meet in November.
- C. Selection & Review Committee: Chair Christine Heintzeman thanked providers, committee members, and board members for participating in this year's process.

Comments for the Good:

None

Adjournment: The meeting was adjourned at 8:52 a.m. by Kathy Boessen (*M.S.P.: Thompson, Heintzeman*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, November 27, 2019 at the Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director