



Meeting Call to Order: The meeting was called to order at 8:03 a.m. by LCRB Chair Kathy Boessen.

Roll Call and Introduction of Guests: Mrs. Boessen, on behalf of LCRB, opened the meeting by thanking providers for the services they offer to children, youth and families in Lincoln County. Trustees and other guests then introduced themselves.

Present: Kathy Boessen, Margie Beckmann, Glenda Fitzgerald, David Thompson, Christine Heintzelman, Melba Houston, Jim Price, Kristen Gentry, Cheri Winchester and Hally Wells

Absent: Sheriff John Cottle, Dr. Michele Neblock, Rod Barnhill, Dr. Elaine Henderson, and Nancy Behlmann

Guests: Michelle Young (PFH), Alyssa Amelong (PFH), Kelly Broeker (PFH), Heidi Hubbard (YIN), Kim Vickers (LCHD), Lisa Verity (LCHD), Sarah Valenza (LCHD), Jen Kaiser (Compass), Sasha Vandeven (LCHD), Kim Hewlett (SJA), Cathi Bornhop (F.A.C.T.), Rachel Svejkosky (F.A.C.T.), Madronica Malone (ThriVe – Best Choice), Lauri Cross Fink (SLC), Katrina Grasshoff (Bank of Old Monroe) and Scott Hufty (Lincoln County Bancorp)

Approval of Minutes: A motion was made to approve the October 23, 2019 meeting minutes.
(*M.S.P.: Fitzgerald, Price*)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents, including:

- Balance Sheet as of October 31, 2019
- Profit & Loss Budget vs. Actual October 31, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on November 26, 2019, was \$36,282.65 in the Main Account and \$192,587.16 in the Money Market Account for a total balance of \$228,869.81.

The Balance Sheet as of October 31, 2019, shows \$5,047.44 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$243,060.45.

A total of \$111,762.67 was received in October 2019 (103.17% of the monthly budget), and a total of \$128,036.03 (109.19% of the monthly budget) was paid out in expenditures, resulting in a net loss of \$16,273.36.

The October 2019 sales tax revenue (deposited on October 7, 2019) was \$102,701.98 (\$597.24 or .58% less than October 2018).

In November 2019, \$116,033.87 was paid to our providers for October services. The outstanding 2019 contract commitment is \$147,052.92. The usage rate of our contracted services through October 31, 2019 is 84.06%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Fitzgerald)

Correspondence & Announcements:

Ms. Winchester shared that The Key is providing services for two local youth. One young lady is a full-time resident, and the other young woman is a student who receives drop-in services at The Key. The Key will serve as one of the mobile tour stops during the upcoming Legislative Summit.

Provider Brief: Preferred Family Healthcare

Michelle Young and Kelly Broeker from Preferred Family Healthcare (PFH) addressed the board regarding their programs and services, both those funded through LCRB and those funded through other resources. PFH provides substance abuse prevention education, counseling and a continuum of services.

With regard to non-LCRB-funded programs, Bridgeway assists adults who suffer with substance use disorder (SUD). Individuals can be referred to Bridgeway through family court, drug court, the Children's Division, and a variety of other means. One of the forms of treatment used at Bridgeway is known as MAT (Medication Assisted Therapy). Bridgeway also provides domestic violence services, including a shelter and 24-hour hotline for victims.

Through LCRB funding, Ms. Young and Ms. Broeker reviewed the outpatient substance use treatment program for adolescents, including an alumni program that supports students beyond treatment to prevent relapse by building positive peer groups. There are currently four students being served in this group. The group meets twice each week, includes individual and group counseling, and is assisted by Marilyn Carter, PFH Community Support Specialist.

Finally, the presenters discussed LCRB-funded Team of Concern, which is provided in Lincoln County schools and offers services, including individual and group counseling. Referrals come from counselors, parents, the Children's Division, and other sources. This program provides wrap-around services for families. Team of Concern hosts summer camps for Lincoln County youth during school breaks and offer art and sensory therapy, drug education, physical activities, and more. Services are available to youth ages 5-18, and transportation is available.

Ms. Young and Ms. Broeker answered questions from the group and offered therapeutic items used when working with Lincoln County youth (molding clay and handheld brain games) for participants to take with them.

D.A.R.T. Report:

Michelle Young with Preferred Family Healthcare reported that the taskforce has received positive feedback regarding the recent Teen Summit. The Winfield School District is in the process of planning a presentation from the Awaken Project. The taskforce is currently planning for its addiction awareness rally in September. The next meeting will be at the Troy Police Department in City Hall on December 19th at 9:30 a.m.

Old Business:

2019 Legislative Summit

Ms. Winchester shared positive attendance replies with the board for the upcoming Legislative Summit, including confirmations from the offices of Sen. Riddle, Rep. Pietzman, Sen. Blunt and Sen. Hawley among other local leaders. The day will begin at 9:30 at Elsberry High School, followed by lunch and a tour at The Key Youth Center by approximately 11:30 a.m. The summit will focus on poverty and its ripple effects on children's education, health and overall wellbeing, asking for community action to remedy issues such as slum landlords.

New Business:

Signs of Suicide Lincoln County Initiative, Lincoln County Health Department, Maternal and Child Health

Ms. Winchester shared that suicide and self-harm has become a serious concern for schools, and schools are now legally required to have prevention programs in place. To help address this issue, the Lincoln County Health Department's Maternal and Child Health program, along with the NCADA, is providing training to help local schools implement the Signs of Suicide curriculum in their buildings and to train individuals as certified facilitators. This training is available to anyone, but those attending must RSVP. It will be held on Tuesday, December 17th from 9:00 – 12:00 p.m. at the Lincoln County Health Department. Trainers will be reaching out to individuals for assistance in developing an implementation team.

LCRB December Meeting Date, Chair Kathy Boessen

Due to the holiday schedule, Mrs. Boessen will host the December LCRB meeting one week early at her home on Wednesday, December 18, 2019.

Executive Director's Report:

Ms. Winchester shared the written report, which included:

- The LCRB was awarded an Operation Round Up grant written to supplement LCRB-funded crisis-intervention programs where funding is depleted due to high demand for services. Ms. Winchester will reach out to providers of LCRB-funded crisis intervention programs who have exhausted their 2019 allocations due to unplanned needs, such as higher-than-expected demand for services from Lincoln County's flood-ridden communities and grief counseling and ongoing support following the tragic deaths of Troy Buchanan High School students. The board identified three providers and four crisis intervention programs that meet this criteria. Ms. Winchester will

issue a brief request for funding proposal to learn information, such as what providers can fully execute the monies by the end of 2019, how many additional Lincoln County children/youth could be served, etc.

- Mid-year school-based surveys have been issued and school personnel have been asked to respond before Christmas break.
- Providers should return their contact information sheets for the LCRB website update.
- Fall provider audits are almost completed. Hally Wells will conclude the audits with her site visit to Thrive on December 3, 2019.
- The 2020 Contracts and Clinical Outcomes Agreements will be sent to providers next week. Please sign and return.
- Sarah Burkemper, CPA, has filed the LCRB'S 2018 tax return and the LCRB audit, conducted by Charles Montgomery, CPA, has been posted to the LCRB website and distributed to the Lincoln County Presiding Commissioner, LCRB Chair and Finance Chair and Sarah Burkemper, CPA.

Committee Reports:

- A. Finance Committee: None
- B. Personnel Committee: Chair Kristin Gentry announced the committee will meet early in December.
- C. Selection & Review Committee: Chair Christine Heintzelman reiterated Mrs. Boessen's message of appreciation to all of the providers for their dedication and service to Lincoln County Kids.

Comments for the Good:

Melba Houston reminded the group about the upcoming Drug Court Foundation Gala. It will be held at St. Stephen United Methodist Church at 6:00 p.m. on Saturday, December 7, 2019. The theme is "A Christmas Carol."

Adjournment: The meeting was adjourned at 8:58 a.m. by Kathy Boessen (*M.S.P.: Thompson, Fitzgerald*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, December 18, 2019, at the home of Kathy Boessen.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director