



Meeting Call to Order: The meeting was called to order at 8:07 a.m. by LCRB Vice Chair Melba Houston.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston, Nancy Behlmann, David Thompson, Glenda Fitzgerald, Jim Price, Christine Heintzelman, Kristin Gentry, Margie Beckmann, Rod Barnhill, Dr. Elaine Henderson and Cheri Winchester (Executive Director)

Absent: Kathy Boessen and Dr. Michele Neblock

Guests: Kelly Broeker (PFH), Cindy Jones (PFH), Lauri Cross Fink (SLC), Betsy Crowley (TCC), Mark Grzeskowiak (PCHAS), Kimberly Hewlett (SJA), Jennifer Kaiser (Compass), Terri Roche (Arise), Juvaughn Baker (Best Choice), Madronica Malone (Best Choice), Denise Waldrop (FACT), Christine Kent (FACT), Audrey Henebry (R-III School District) Sasha Vandeven (LCHD), Kim Vickers (LCHD), Marleen Creamer (LCHD).

Approval of Minutes: A motion was made to approve the December 19, 2018, meeting minutes. (*M.S.P.: Heintzelman, Fitzgerald*)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of December 31, 2018
- Profit & Loss Budget vs. Actual December 31, 2018
- Sales Tax History from 2017 to Present
- LCRB 2018 Funding Summary
- LCRB 2018 Schedule of Units

The balance of the Peoples Bank & Trust account on January 22, 2019 was \$92,641.88 in the Main Account and \$264,519.30 in the Money Market Account for a total balance of \$357,161.18.

The Balance Sheet as of December 31, 2018, shows \$940.70 in the prepaid tax match fund and \$102,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$257,518.86. (December 2017 balance: \$219,399.31)

A total of \$140,987.61 was received in December 2018 (131.52% of the monthly budget) and a total of \$110,292.06 (94.88% of monthly budget) was paid out in expenditures, resulting in net income of -\$30,695.55.

The December 2018 sales tax revenue (deposited on 1-8-2019) was \$94,809.96 (\$7,095.34 or 8.09% more than December 2017).

In January 2019, \$52,573.16 was paid to our providers for December services. The outstanding 2018 contract commitment is \$111,584.41. The usage rate of our contracted services through December 31, 2018, is 94.27%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Barnhill)

Community Brief: R-III Cares, Audrey Henebry

Ms. Henebry thanked the LCRB-funded providers for the mental health services they offer to R-III students. She reviewed the R-III Cares platform, which represents an approach for R-III staff to demonstrate compassion and commitment to students and personnel; provide a catalyst for conversations regarding needs; and to connect students to appropriate resources. Under the R-III Cares program, the district has formed a Crisis Response Team, which provides district leadership with the following initiatives:

- Suicide Prevention and Awareness
- Trauma-informed School District (funded through a University of Missouri grant)
- Employee Financial Giving
- Wellness and Self-care

- Character Education and Digital Citizenship

Ms. Henebry also provided a state of the district update and shared information regarding the no-tax increase bond issue, which will be on the ballot in April.

Correspondence & Announcements:

Ms. Winchester announced a free diaper and clothing giveaway hosted by the Crisis Nursery on Fri., Jan. 25 from 1-2 p.m. at LINC in Wentzville. She shared information from the Missouri Foundation for Health regarding open applications for its Community Advisory Council. Ms. Winchester also shared with the board and providers upcoming LCRB-funded provider fundraisers and galas, including F.A.C.T.'s 24th Annual Hopes & Dreams Gala on May 10 at 6:30 p.m. at Old Hickory Golf Club and Nurses for Newborns' 21st Annual Dinner Auction scheduled for Feb. 23 at the Sheldon Concert Hall.

D.A.R.T. Report:

Kelly Broeker with Preferred Family Healthcare reported that the taskforce will meet next Thursday to plan for its fall Teen Drug Summit. D.A.R.T. will also host a community event, scheduled for Thurs., April 4 from 6-8 p.m. at the Winfield School District. At this time, the taskforce is planning a recreational activity for students, such as dodge ball, and has classrooms reserved for parent education, including topics like social media awareness, information regarding use of JUULs, and other substance use disorder prevention topics.

Old Business:

Board Member Prospects

Ms. Winchester expressed gratitude for the newly appointed board member Dr. Elaine Henderson, who will serve a three-year term. Dr. Henderson is a lifelong Lincoln County resident and has worked as a local educator, most recently serving as the Silex R-I District Superintendent. Ms. Winchester said the board has satisfied its requirements for board positions but would welcome candidate referrals from the Winfield region, especially, for future board service and members who could support the LCRB's Finance Committee. (*The Lincoln County Commissioners appoint board members.*)

New Business:

December School-based Assessments

Ms. Winchester said she has routed the final public assessment to the LCRB-funded providers and board. Providers who were specifically referenced in the surveys also will receive micro-reports for their review and follow-up as needed. According to the report, for 2018 the highest percentage of respondents (38%) selected "controlling emotions, anger management and conflict resolution" as the most critical mental health need of Lincoln County youth. Twenty-five percent of the respondents identified "peer relationships, social skills, problem solving and self-esteem" as the most critical mental health need. Also of note, self-harm and suicide is the one issue that increased more than any other mental health concern, currently cited by 17% of respondents.

LCRB Desktop Computer System

Ms. Winchester routed an estimate approved by LCRB Finance Committee regarding an updated computer system for the LCRB office. The LCRB's local IT provider said the current system is antiquated and at risk of failing.

A motion was made to approve the IT estimate to replace the current LCRB office computer system. (M.S.P.: Heintzelman, Fitzgerald)

Executive Director's Report:

Ms. Winchester reported:

- LCRB-funded providers' 2018 Annual Report of Services and Outcomes are due to the LCRB office by Feb. 1. The report outcomes will be shared via the LCRB's Annual Report to the Community, in our annual presentation to the Lincoln County Commissioners and via our social media platforms.
- The Early Childhood Taskforce will launch the Shower of Love Lincoln County collection drive this spring, which will include monetary donations. Board members recommend outreach to the Lincoln County Health Department to learn if the Public Health Fund could serve as the taskforce's fiscal agent to support the Shower of Love endeavor.
- The 2019 Provider Brief schedule is open for providers to share updates with the board at future meetings.
- Per the Strategic Plan, she's working on a spring board member workshop. Details to come.

Committee Reports:

A. Finance Committee: Chair David Thompson reported 2019 contract year and financials are off to a promising start

- and encourages providers to fully expend its LCRB funding allocations.
- B. Personnel Committee: Chair Kristin Gentry said the committee has prepared its 2019 contracts for signing, has completed the director's appraisal and will be reviewing the current handbook to support a future staff hire.
 - C. Selection & Review Committee: Chair Christine Heintzelman shared that the Selection & Review Committee closely reviews the providers' annual reports and encourages their timely submission.

Comments for the Good:

Margie Beckmann shared that the Lincoln County Health Department will host a discount diaper and baby wipe event for Lincoln County residents. Consumers must pre-order the needed supplies, provided by Big Tree Medical Home, which will be delivered to the Health Department for pick up on Tues., Jan. 29. The Health Department is sharing ordering information via flyers and social media channels.

Adjournment: The meeting was adjourned at 8:59 a.m. by Melba Houston (*M.S.P. Thompson, Price*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, February 27, 2019, at the Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director