



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston (Chairman), David Thompson, Christine Heintzelman, Glenda Fitzgerald, Margie Beckmann, Rod Barnhill, Kristin Gentry, Dr. Michele Neblock, Jim Price, Kathy Boessen, Barb Wehde and Cheri Winchester (Executive Director)

**Absent:** Nancy Behlmann, Dan Busekrus and Adam Burkemper

**Guests:** Brittany Pursifull (PFH), Lauri Cross-Fink (CFS), Barb Dunnermann (TCC), Maggie Wiber (TCC), Mark Grezeskowiak (PCHAS), Sherry Saunders (SJA), Kimberly Hewlett (SJA), Laura Bickford (FACT), Joy Maxwell (ThriVe), Lindsay Zeiler (ThriVe) Chris Lewis (The Farm), Johnathan White (The Farm), Terri Roche (Arise Equine Therapy Foundation) and Genevieve Weseman (LCHD)

**Approval of Minutes:** *A motion was made to approve the minutes of the March 23, 2016, meeting. (M.S.P.: Thompson, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of March 31, 2016
- Profit & Loss Budget vs. Actual March 31, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 4-27-2016 was \$50,000.00 in the Main Account and \$70,817.02 in the Money Market Account for a total balance of **\$120,817.02**.

The Balance Sheet as of March 31, 2016, showed \$11,490.16 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$134,248.41.

A total of \$115,957.19 was received in March 2016 (124.23% of monthly budget) and a total of \$127,306.90 (128.23% of monthly budget) was paid out in expenditures, resulting in net income of -\$11,349.71.

The March 2016 sales tax revenue (deposited on 4-20-2016) was \$103,450.42 (\$10,946.63 or 11.83% more than March 2015).

In April 2016, \$114,310.98 was paid to our providers. The 2016 contract balance totaled \$814,469.35. The usage rate of our contracted services through March 31, 2016, was 32.51%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Boessen)*

#### **Correspondence & Announcements:**

Cheri Winchester reminded board members that The Child Center will honor the Lincoln County Resource Board as its "Partner of the Year" at the third annual One with Courage Gala on Saturday, May 7 at the Wine Country Gardens in Defiance, Mo., beginning at 6 p.m.

Maggie Wiber with The Child Center also invited board members and providers to the 2016 Midwest Justice for Children Conference to be held September 13-16, 2016, at the St. Charles Convention Center. To attend the conference, participants may register via The Child Center's website.

Cheri Winchester shared news of a Warren County student who took her life following months of bullying by classmates. Ms. Winchester stressed the significance of the LCRB and its funded providers who offer in-school prevention programming and intervention services to protect the health and lives of our county's students.

Ms. Winchester reported LCRB Chair Melba Houston was featured in the April 19 issue of the *Lincoln County Journal* for her work as president of the Lincoln County Health Department board. The article highlighted the health department's new partnership with the Lincoln County Master Gardeners to increase county residents' access to healthy foods.

Ms. Winchester also routed the news release "Lincoln County Resource Board Reports Outcomes," submitted to the *Lincoln County Journal* on April 25. Melba Houston noted the article reports Lincoln County's 11<sup>th</sup> place ranking in the Missouri KIDS COUNT report, which is a jump from its 24<sup>th</sup> place ranking of Missouri counties in 2014. According to Missouri KIDS COUNT recent report, Lincoln County demonstrated improved outcomes with the following measures: births to mothers without a high school diploma; infant mortality; child deaths, ages 1-14; children entering/re-entering state custody; teen unintentional injuries, homicides, suicides, ages 15-19; annual high school dropouts; and births to teens, ages 15-19.

Margie Beckmann introduced Genevieve Weseman, the Lincoln County Health Department's Emergency Planner & Surveillance Specialist. Ms. Weseman plans to engage with LCRB providers in the future regarding emergency preparedness and serving susceptible populations.

#### **Provider Brief: Preferred Family Healthcare**

Brittany Pursifull, clinical supervisor with Preferred Family Healthcare, reviewed Preferred's recent mergers, including its affiliation with Alternative Opportunities last summer and its most recent merger with Bridgeway at the end of December 2015. Ms. Pursifull said the mergers will lead to more services for Lincoln County, adding Preferred has no plans to suspend any of the agency's current services.

Currently, Preferred's Team of Concern prevention program has experienced high utilization with its presence in every Lincoln County school. The outpatient program provides substance abuse treatment for Lincoln County students. Often, referrals arise once the student has been suspended from school. For example, in order for Troy R-III students to be readmitted to school, the offending students must receive an assessment and initiate services and undergo drug screening. Preferred attends the re-admittance meeting to speak on behalf of the student's progress.

Chris Lewis, The Farm site manager, reported the property is operating at full census, providing outpatient treatment to males, ages 13 to 19, through its 10-bed, 90-day program. In 2016, the LCRB allocated funding to serve one local male student with outpatient care. With the merger, there are plans to expand services and facilities at The Farm, providing care for more male students and creating lodging to support services for female students. The Farm offers a therapeutic community approach, on-site schooling and an equine program (The Farm is adjacent to the 100-acre El Shaddai Ranch and its amenities). The Farm is now fully accredited by DMH and will move to CARF accreditation in 2017.

Dr. Johnathan White shared news about the ALEX program, which provides students who are battling addiction with an alternative learning experience. The objective is to avoid suspension and engage and educate students through their sobriety, even if they are still working to achieve sobriety. At ALEX, students receive their education, group therapy, psychiatric services, etc. Currently, St. Charles County offers two ALEX sites that can serve Lincoln County students as well. Preferred is working with Lincoln County's superintendents to refer students to ALEX and to work toward an ALEX site in Lincoln County.

#### **D.A.R.T. Report:**

Brittany Pursifull reported D.A.R.T. will meet later this morning at 9:30 a.m. at the Troy Police Department. Currently, the coalition is planning the May 26 Mud Volleyball event, which will return to the Lincoln County Fairgrounds. The last time mud volleyball was held at the fairgrounds, D.A.R.T. attracted roughly 500 attendees. D.A.R.T. also is reviewing the 2016 student surveys, which were issued to 6<sup>th</sup>, 9<sup>th</sup> and 12<sup>th</sup> graders this spring. The coalition is working to share findings with schools and communities later this summer.

#### **Children's Trust Fund Report:**

Kristin Gentry reported a balance of \$843.56 in the Lincoln County fund. After meeting our local schools' needs for Reality Babies and associated supplies, the Children's Trust Fund approved allocating the unused monies, \$768.56, to the Crisis Nursery Wentzville to meet Lincoln County families' basic needs, purchasing items such as diapers and non-perishable food items.

## **Old Business:**

### Dr. Cynthia Berry Survey Project

Ms. Winchester routed the draft assessment survey to board members. If there are no further changes, Ms. Winchester will work with Dr. Cynthia Berry to issue the final survey to Lincoln County schools' principals and guidance counselors in early May. Deadline for submissions will allow for data compilation and analysis prior to the 2017 Selection & Review funding allocation process.

### LCRB's 10<sup>th</sup> Anniversary/Legislative Summit

Ms. Winchester reported that plans are progressing toward a mobile engagement tour for the 2016 Legislative Summit and LCRB 10<sup>th</sup> Anniversary celebration. Ms. Winchester will meet with the corporate sponsor in the coming weeks to explore plans and potential grant support. At the May All Agency meeting, Ms. Winchester plans to discuss ideas further with providers and board members.

## **New Business:**

None

## **Executive Director's Report:**

Ms. Winchester reported she:

- Presented to the Missouri Coordinating Board for Early Childhood about the LCRB and its role supporting early childhood development.
- Promoted and participated in the April 23 Youth Mental Health First Aid training and the event's mental health resources fair.
- Presented the LCRB 2015 annual report to the Lincoln County Commissioners alongside several board members.
- Is conducting spring audits with LCRB-funded providers, which will conclude next month.
- Will hold the All Agency meeting on May 25 immediately following the board meeting. Agenda items include planning the LCRB open house presence this August and summit planning.

## **Committee Reports:**

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: Asked committee members to stay after the board meeting for a brief meeting.

## **Comments for the Good:**

Brittany Pursifull with Preferred Family Healthcare shared how the community came together to support one of her students. The student is in foster care and didn't have money for his graduation cap and gown or his prom tuxedo. Local retailer Elegance Made Simple covered the cost of his tuxedo and monies were donated to purchase his cap and gown.

Mark Grezeskowiak with Presbyterian Children's Homes and Services said they are actively seeking more male mentors, especially in the Elsberry region. Presbyterian is working to keep their waitlists to less than two weeks.

Terri Roche with Arise Equine Therapy Foundation shared the not-for-profit received its first grant from Toyota Bodine to provide clinical services in partnership with Preferred Family Healthcare, offering an eight-week equine therapy program for Preferred's alumni students.

**Adjournment:** The meeting was adjourned at 9:06 a.m. by Melba Houston. (M.S.P. Price; Thompson)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, May 25, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director