



Meeting Call to Order: The meeting was called to order at 8:03 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Margie Beckmann, Rod Barnhill, Kathy Boessen, Dan Busekrus, Christine Heintzelman, Adam Burkemper, Jim Price, Barb Wehde Glenda Fitzgerald, Nancy Behlmann, Kristin Gentry, David Thompson and Cheri Winchester (Executive Director)

Absent: Dr. Michele Neblock and Kathy Boessen

Guests: Kelly Broeker (PFH), Michelle Stille (TCC), Vicky Walker (CHC), Lauri Cross-Fink (CFS), Kimberly Hewlett (SJA), Michelle Ritter (SJA), Linda Yates (SJA), Joy Maxwell (ThriVe), Mark Grezeskowiak (PCHAS), Jessica Covert (CHC), Brittany McDonnell (CNW), Jessica Sims (CNW) and Cheryl Schorr (Mercy Neighborhood Ministry)

Approval of Minutes: *A motion was made to approve the minutes of the December 16, 2015, meeting. (M.S.P.: Heintzelman, Price)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of December 31, 2015
- Profit & Loss Budget vs. Actual December 31, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 1-26-2016 was \$60,532.84 in the Main Account and \$165,366.11 in the Money Market Account for a total balance of **\$225,898.95**.

The Balance Sheet as of December 31, 2015, showed \$11,289.55 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$168,978.45.

A total of \$130,662.86 was received in December 2015 (153.54% of monthly budget) and a total of \$116,777.10 (106.47% of monthly budget) was paid out in expenditures, resulting in net income of \$13,885.76.

As of December 31, 2015, a total of \$1,201,154.40 (or 117.54% of budget to date) had been received in revenue and a total of \$1,285,255.85 (or 97.65% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$84,101.45.

The December 2015 sales tax revenue (deposited on 1-7-2016) was \$105,849.51 (\$11,452.11 or 12.13% more than December 2014).

In January 2016, \$80,920.78 was paid to our providers. The 2015 contract balance totaled \$48,289.86. The usage rate of our contracted services through December 31, 2015, was 97.42%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Wehde, Fitzgerald)

Correspondence & Announcements:

- People's Bank & Trust held a dress down day on January 15 to benefit the Lincoln County Resource Board, raising \$473 to support the LCRB's mission.
- The Missouri Department of Mental Health has created a Youth Behavioral Health Liaison (YBHL) position to assist school personnel in managing the behavioral health needs of students who are currently NOT connected to

behavioral health services and come to the repeated attention of school personnel. Crider Health Center's Laura Modica is serving as the YBHL for Lincoln, St. Charles, Franklin and Warren Counties.

- Board member Jim Price and his company Price-Gnade Ford were recognized by the Troy Area Chamber of Commerce with its "Give Back" award, honoring local businesses that generously serve and support our community.

Provider Brief: Joy Maxwell with ThriVe announced the agency's new "Date Safe" program, which focuses on college-aged students—responding to the timely safety needs on college campuses and effectively carrying ThriVe's sexual risk prevention program forward from high school to college. The two-day program includes self-defense instruction and offers the sale of mace with instructions for safe use. The program will fall under Juvaughn Baker's supervision and Juvaughn now has an assistant to support his program management services.

D.A.R.T. Report:

Kelly Broeker reported D.A.R.T will hold its large group meeting today at 9:30 a.m. at the R-III Central Office Powell Conference room.

Children's Trust Fund Report:

Kristin Gentry reported that the LCRB allocated nearly all of the Children's Trust Fund monies this year, leaving the fund with a fourth quarter balance of \$818.56. At this time, the LCRB does not plan to reapply for the grant.

Old Business:

Missouri Ethics Commission

Ms. Winchester reported that the LCRB filers' financial statements are due by 5 p.m. on May 1, 2016. Finance Chair David Thompson reported he has already filed his statement with the MEC.

New Business:

CHADS Coalition

- Ms. Winchester reported the CHADS Coalition Signs of Suicide prevention program was offered on January 19 and 26 at the Troy Middle School (TMS), offering the presentation to the entire TMS 7th grade student body. Ms. Winchester observed a presentation on January 26 and was pleased with the program's content, presenter and student engagement. Thus far, feedback from the school has been positive with the LCRB offering additional support services based on student referrals and identified needs.

Dr. Cynthia Berry Proposal

- Ms. Winchester reported Dr. Cynthia Berry is submitting a proposal for the board's consideration to create and conduct systematic surveys with LCRB referral sources to solicit program/services feedback and to stay abreast of timely needs. The proposal also includes associated fees to assess the LCRB request for funding proposal.

Executive Director's Report:

Ms. Winchester reported she:

- Will receive the 2015 Annual Provider Reports of Services by Friday, Feb. 5.
- Participated in the regional directors' meeting at the state capitol, meeting with Senator Jill Schupp, member of the Senior, Families and Children Committee, and stopping by Representative Randy Pietzman's office.
- Has initiated conversations with the Troy R-III School District regarding trauma-informed school presentations for professional development days.
- Coordinated support meeting for Troy Buchanan High School guidance counselors, including the Ninth Grade Center and New Horizons High School, to review funded resources, help expedite referrals and introduce the Youth Behavioral Health Liaison.
- Coordinated agency reviews and interagency meeting for the Winfield and Elsberry School Districts.
- Presented at the Fostering Court Improvement Project team meeting regarding collaborative interventions to promote services for children in crisis and improve parent/guardian engagement/compliance with volunteer programs.
- Corresponded with Catholic Family Services and Crider Health Center regarding grief support needs at Troy Buchanan High School.

Committee Reports:

- A. Finance Committee: David Thompson made a motion that the board covers the executive director's entire insurance premium costs. *(M.S.P.: Thompson, Behlmann)*
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

Melba Houston and Cheri Winchester recognized LCRB volunteer Kristen Montgomery for her contributions to our board, county and kids.

Cheryl Schorr with Mercy Neighborhood Ministry reported the community health needs survey has been completed. She announced that on February 4, Mercy will host a free community dinner at the Lincoln County Council on Aging facility in Troy. Ms. Schorr shared that Alive and Well STL will air a program on KSDK-TV this evening at 7 p.m. on the effects of trauma on our health and wellbeing. She also noted their website will add more information on Lincoln County resources, including information on available utility and rent assistance.

Kelly Broeker with Preferred Family Healthcare announced that on January 1 Preferred merged with Bridgeway Behavioral Health. At this time, both agencies will retain their names and program oversight. Mike Morrison, Bridgeway's CEO, will supervise the Lincoln County programs and has plans to expand The Farm to accommodate additional male and female consumers.

Adjournment: The meeting was adjourned at 9:00 a.m. by Melba Houston. (M.S.P. Thompson; Busekrus)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, February 24, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director