

LINCOLN COUNTY RESOURCE BOARD Lincoln County, Missouri Meeting Minutes of April 22, 2015 Lincoln County Health Department Troy, MO 63379

Meeting Call to Order: The meeting was called to order at 8:08 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

<u>Present</u>: Melba Houston (Chairman), Margie Beckmann, David Thompson, Christine Heintzelman, Glenda Fitzgerald, Jim Price, Rod Barnhill, and Cheri Winchester (Executive Director)

<u>Absent:</u> Kathy Boessen, Adam Burkemper, Nancy Behlmann, Kristin Gentry, Dr. Michele Neblock and Dan Busekrus <u>Guests</u>: Kelly Broeker (PFH), Beth Sailors (PFH), Sabrina Kuznecoff (TCC), Victoria Walker (CHC), Kimberly Hewlett (SJA), Jan Burkemper (CenterPointe), Lauri Cross-Fink (CFS), Meghan Henkelman (SJA), Heather Lytle (FACT), Sandy Branson (LCHD) and Renee Headrick (LCHD)

Approval of Minutes: A motion was made to approve the minutes of the March 25, 2015, meeting as printed. (M.S.P.: Price, Thompson)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of March 31, 2015
- Profit & Loss Budget vs. Actual March 31, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 4-22-2015 was \$60,746.66 in the Main Account and \$191,247.74 in the Money Market Account for a total balance of **\$251,994.40**.

The Balance Sheet as of March 31, 2015, showed \$13,888.43 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$214,859.35.

A total of \$103,366.32 was received in March 2015 (121.47% of monthly budget) and a total of \$117,884.35 (107.48% of monthly budget) was paid out in expenditures, resulting in net income of -\$14,518.03.

The March 2015 sales tax revenue (deposited on 4-6-2015) was \$92,503.79 (\$7,817.17 or 9.23% more than March 2014).

In April 2015, \$121,044.84 was paid to our providers for March services. The 2015 contract balance totals \$874,243.90. The usage rate of our contracted services through March 31, 2015, was 27.09%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Beckmann, Fitzgerald)

Correspondence & Announcements:

None

Provider Brief, F.A.C.T.: Heather Lytle provided an overview of the LCRB-funded F.A.C.T. program, which began 27 years ago when two mothers were working to navigate the mental health and social services systems on behalf of their children. They grew their efforts from a \$6,000 grant to now operating a \$1.5 million agency with a 21-member staff, all of whom are parents of children with mental health issues and, thus, understand how to navigate resources, employ coping strategies and to effectively advocate for their kids. LCRB funds F.A.C.T.'s parent-support program, which serves Crider-referred families who have Medicaid for durations that range from six months to several years, depending on how long the parent(s) needs/wants services. Last fiscal year, F.A.C.T. served 67 Lincoln County families. This year, F.A.C.T. is serving 37 Lincoln County families thus far, 29 referred from Crider's Partnership with Families program and eight from Crider's School-based Mental Health Specialists program. F.A.C.T. promotes collaboration and relationship building

between parents and the child's school and, ultimately, empowers families to find and use their voice when it comes to meeting the various needs of their children. F.A.C.T. is collecting data and surveying families to gauge their levels of need. Ms. Lytle also noted that there are a growing number of Missouri families who don't qualify for Medicaid, with the lack of Medicaid expansion in Missouri, which could benefit from F.A.C.T services. She noted even with private insurance, it's not financially sustainable for families to afford this level of service and intervention independent of LCRB-funded programming.

D.A.R.T. Report:

Beth Sailors reported D.A.R.T. will host its third annual volleyball tournament on Friday with participants from all four districts.

Children's Trust Fund Report: No report

Old Business:

CHADS Coalition Spring Prevention Initiative

Ms. Winchester reported Elsberry and Troy are confirming presentation dates. Winfield is scheduled for May 11, 2015, and Silex is scheduled for May 18, 2015.

Commemorations

Ms. Winchester reported that the April 7 issue of the *Lincoln County Journal* featured the LCRB-submitted article "Lincoln County Resource Board Targets Child Abuse and Neglect." Ms. Winchester also posted timely information to the LCRB social media feeds to raise awareness on the issues and LCRB-funded programs and services.

New Business:

Legislative Update

Ms. Winchester reported Missouri House Bill 976 passed in the House on April 20, 2015. The bill will advance to the Senate, under sponsor David Slater (R-Cassville), and will be heard in the Seniors, Families and Children Committee, where Senator Jeannie Riddle serves as vice chair. Ms. Winchester and the other directors will consider attending/testifying at the hearings as the bill progresses. Beth Sailors recommended considering an email campaign for the community to advocate on behalf of the bill with our legislators.

Interagency Findings

Ms. Winchester reported that Catholic Family Services had initiated the grief support group as requested by the Winfield School District. At the school districts' interagency meetings, Ms. Winchester said there has been a significant decline in new or under-served cases with administrators and guidance counselors citing their students are currently connected to providers for services and/or case management. Ms. Winchester added there are a number of cases where insurance status is affecting access to care, with families falling into the gap where they don't qualify for Medicaid or an Affordable Care Act policy. Without Medicaid status, youth don't qualify for LCRB-funded F.A.C.T. or Crider's Partnership with Families program.

Executive Director's Report:

Ms. Winchester reported she:

- Addressed the Lincoln County Commissioners on Monday, March 30, accompanied by four members of the board of
 trustees. Ms. Winchester provided an overview of the LCRB's funding allocations and community impact; reviewed
 the provider reimbursement and audit system; and shared highlights, including the LCRB's 98 percent utilization rate
 for contract year 2014 funded services. Ms. Winchester said the commissioners were pleased with the report, the
 board's prudent financial management and the level of services provided to Lincoln County youth and their families.
- Will complete the spring audits this month. Thus far, no discrepancies have been found and the files have shown progress, interagency referrals and proactive communications.
- Will hold the All Agency meeting next month, preparing to expand our presence at school districts' open houses in August and to discuss a fall legislative event, among other agenda items.
- Will continue collaborating with the regional directors to follow and support the progress of HB1045 becoming law, protecting the children's service funds and promise to local voters of local dollars for local kids with local oversight.
- Is working with CHADS and the Lincoln County School Districts to finalize "Signs of Suicide" program scheduling and is working on a pilot peer-support clinical group.
- Coordinated projects with LCRB volunteer Kristin Montgomery, which included filing and research.

- Will partner with New Horizons and the Troy Area Chamber of Commerce to host an April senior day and job fair on behalf of the Bright Futures Site Council.
- Managed meeting notices and outreach for providers and partners to attend Troy and Winfield-Elsberry interagency meetings.
- Drafted and submitted news article regarding D.A.R.T.'s 3rd Annual Volleyball Tournament, earning placement in the April 14 edition of the *Lincoln County Journal* with article links posted on social media feeds, Troy Chamber e-newsletter and the *Community News* outlet.
- Continues to update the LCRB social media feeds with 163 current Facebook likes and 150 Twitter followers.

Committee Reports:

- A. Finance Committee: David Thompson reported tax-dollar collections were better than expected. If growth continues, the LCRB may be in a position to expand future programs.
- B. Personnel Committee: None
- C. Selection & Review Committee: None

Comments for the Good: Board member Glenda Fitzgerald noted the availability of a substance abuse prevention speaker who recently addressed the Missouri Speech-Language-Hearing Association conference about his accident at 18 years of age that has left the now 30-year-old speaker wheelchair-bound and reliant on a tele-talk computer system. Ms. Fitzgerald has contact information if interested.

Beth Sailors of Preferred Family Healthcare announced they'll host their annual "Hopefest" on May 9 from 11 a.m. to 5 p.m. at Westhoff Park. The event will include family friendly activities, support groups, provider booths and more.

Sabrina Kuznecoff with The Child Center invited providers to attend the May 6 Mandated Reporter Training held from 6:30-8:30 p.m. at the Wentzville location.

Board member Jim Price announced the Lincoln County Council on Aging will host its first color fun run fundraiser at Clonts Field on June 6 and the Relay for Life Car Show will take place on May 9 at Price-Gnade Ford in Moscow Mills.

Jan Burkemper with CenterPointe announced upcoming seminars, including self-injury and trauma held at CenterPointe's main hospital on April 23 and 24; guest speaker Dr. Malcolm Smith on "Defeating Bullying" at the St. Charles Convention Center on May 8 from 8 a.m. to 4 p.m. with CEUs available; and CenterPointe's "Better Health" seminar series held the last Friday of the month (call Jackie at 636-477-2157 to RSVP).

Adjournment: The meeting was adjourned at 8:58 a.m. by Melba Houston. (M.S.P. Price; Thompson)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for 8:00 a.m. on Wednesday, May 27, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director