



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston (Chairman), Margie Beckmann, Glenda Fitzgerald, Rod Barnhill, Kathy Boessen, Nancy Behlmann, Christine Heintzelman, Adam Burkemper, Jim Price, Dr. Michele Neblock, Kristin Gentry, Barb Wehde, and Cheri Winchester (Executive Director)

**Absent:** Dan Busekrus and David Thompson

**Guests:** Kelly Broeker (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Maggie Wiber (TCC), Amy Robins (TCC), Vicky Walker (CHC), Laura Bickford (F.A.C.T.), Lauri Cross-Fink (CFS), Kimberly Hewlitt (SJA), Chris Lewis (Bridgeway) and Lisa Maddock (community member)

**Approval of Minutes:** *A motion was made to approve the minutes of the October 28, 2015, meeting. (M.S.P.: Burkemper, Price)*

### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of October 31, 2015
- Profit & Loss Budget vs. Actual October 31, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 11-24-2015 was \$50,000.00 in the Main Account and \$130,940.93 in the Money Market Account for a total balance of **\$180,940.93**.

The Balance Sheet as of October 31, 2015, showed \$7,420.13 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$193,129.39.

A total of \$104,877.12 was received in October 2015 (123.24% of monthly budget) and a total of \$102,083.31 (93.07% of monthly budget) was paid out in expenditures, resulting in net income of \$2,793.81.

The October sales tax revenue (deposited on 11-6-2015) was \$81,254.63 (-\$378.79 or -0.46% less than October 2014).

In November 2015, \$107,281.88 was paid to our providers for October services. The 2015 contract balance totals \$236,385.77. The usage rate of our contracted services through October 31, 2015, was 81.44%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Barnhill)*

### **Correspondence & Announcements:**

- Cheri Winchester routed coverage of Dan Busekrus in the November 24 edition of the *Lincoln County Journal* regarding his efforts to form a Veteran Commission of Lincoln County. Ms. Winchester also shared information regarding Harvester Christian Church's Wrap A Bottom® Diaper Collection Campaign.

### **Provider Brief: The Child Center**

Amy Robins, The Child Center's forensic interviewer, provided an overview and update regarding the LCRB-funded programs. Ms. Robins introduced the Center's facility dog, Rika, which helps to provide comfort and support for children as they undergo their forensic interviews. She reported the facility dogs help to break down barriers so that children feel comfortable to speak openly during their interviews. Ms. Robins said the purpose of the child advocacy centers is to prevent children from being re-traumatized when going through the criminal justice system. The LCRB-funded family

advocate plays an important role in supporting the non-offending parent or family member so that they are able to comfort and guide victims through the healing process. Ms. Robins reported that Lincoln County's numbers have quickly risen, which she attributes to greater awareness of their services among referral agencies and the LCRB-funded prevention program. She said in 2014, The Child Center interviewed 80 Lincoln County children and in 2015, they have interviewed 111 Lincoln County children thus far. (She noted Lincoln County is second to St. Charles County, which has a much larger population and has interviewed 175 children in 2015.) Ms. Robins said The Child Center serves as a child friendly and safe place for children to tell their stories. The forensic interviews are taken into evidence and can help to prevent a child from having to testify in court. If the child has to testify in court, the interviews are still used and effective in getting prosecutions. The Child Center also provides expert testimony for court cases. Ms. Robins said it can take one to five years for a child to disclose abuse and that disclosure is a process. The Child Center staffs a mental health therapist at their office and contracts with six other therapists to ensure children and families get the supports they need. On the prevention side, this year, The Child Center has provided more than 2,000 Lincoln County children and parents with prevention program services, including mandated reporter trainings for the R-III School District. Ms. Robins reported that 95 percent of The Child Center's funding comes from grants, with some monies from the Department of Social Services and the remaining from fundraisers.

### **Children's Trust Fund Report:**

Kristin Gentry reported the ordered RealityBabies have been received for use at Bridgeway's Robertson Center and that she and Cheri Winchester are processing paperwork for Children's Trust Fund reimbursement to the LCRB.

### **D.A.R.T. Report:**

Brittany Pursifull reported D.A.R.T will conduct its needs assessment during the first couple weeks of December within the Lincoln County School Districts. D.A.R.T. will reconvene for a large group meeting in January, date TBD.

### **Old Business:**

#### Legislative Update

Ms. Winchester reported the summit was well attended, with representatives from the offices of U.S. Congressman Blaine Luetkemeyer, U.S. Senator Claire McCaskill and Senator Jeanie Riddle, along with members of the Missouri House of Representatives Randy Pietzman and Robert Cornejo in attendance. Local health care providers, law enforcement, juvenile and children's service agencies, and civic leaders joined Lincoln County's legislators to explore cost-effective, results-oriented approaches for meeting our youth's mental health needs. Since the summit, Ms. Winchester has issued thank you notes to attending legislators, has submitted a summit survey for attendees' feedback and has promoted the summit's success via a news release, which is currently available on the *Lincoln County Journal's* website and via LCRB social media feeds. Ms. Winchester looks for the Legislative Summit article to run in the Dec. 1 edition of the *Lincoln County Journal*.

#### Nominating Committee

Chair Melba Houston reported the LCRB nominating committee is convening, consisting of board members Glenda Fitzgerald, Nancy Behlmann and Rod Barnhill. The committee will present their proposed officer slate at the November meeting for board approval. Officers will then assume their elected positions January 2016. (*M.S.P.: Behlmann, Fitzgerald*)

### **New Business:**

#### December Meeting Date Change

Kathy Boessen has offered her home to host the December board meeting, scheduled for Wed., Dec. 16 at 8 a.m. The meeting will take place one week earlier in observance of the Christmas holiday. (*M.S.P.: Price, Heintzelman*)

### **Executive Director's Report:**

Ms. Winchester reported she:

- Is working with the regional directors to secure proposals for conducting research regarding county indexes for child and adolescent well-being. The data would be organized by county with an analysis of trends from base years to the present.
- Has conducted 2015 fall provider audits, with only three remaining audits to be completed, and has, thus far, found no billing discrepancies. Ms. Winchester commended the providers for their preparation efforts, well-organized files and progress notes that demonstrated proper referrals and mental health advances.
- Will mail the 2016 provider contracts and clinical agreements for LCRB-funded programs.
- Was interviewed yesterday by KMOV-TV for her participation the New Horizons High School interview day, held in partnership with the Troy Area Chamber of Commerce. She also helped to coordinate interviews for a second KMOV-TV shoot regarding Lincoln County's Youth Mental Health First Aid program.

- Is corresponding with Troy Middle School leadership and the CHADS Coalition to try and coordinate a December 2015 prevention program before the funding expires.
- Continues to update the LCRB's social media feeds, which has grown to 207 Facebook likes and 198 Twitter followers.

**Committee Reports:**

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

**Comments for the Good:**

Brittany Pursifull with Preferred Family Healthcare reported they will host a Flag Football event at the Troy Middle School on the afternoon of December 16. All Lincoln County students are invited to attend. Ms. Pursifull also invited the board and guests to its Thanksgiving feast, held today on Nov., 25, for Preferred's outpatient consumers and alumni.

**Adjournment:** The meeting was adjourned at 8:50 a.m. by Melba Houston. (M.S.P. Barnhill; Boessen)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, December 16, 2015, at the residence of Kathy and Allen Boessen, #15 Woods Fort Court, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director