



Meeting Call to Order: The meeting was called to order at 8:04 a.m. by Melba Houston, chair.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Adam Burkemper, Kathy Boessen, Christine Heintzelman, Charles (Pheeze) Kemper, Margie Beckmann, Rod Barnhill, David Thompson, Barb Wehde, Glenda Fitzgerald, Michele Neblock and Cheri Winchester (Executive Director)

Absent: Kristin Gentry, Nancy Behlmann and Jim Price

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Lauri Cross-Fink (CFS), Sabrina Kuznecoff (TCC), Mark Grezeskowiak (PCHAS), Jason Beard (PCHAS), Kara McCoy (PCHAS), Meghan Henkelman (SJA), Kimberly Hewlett (SJA), Brittany McDonnell (CNW), Brenda Petruso (ThriVe), Jane Hill (CHC), Heather Lytle (F.A.C.T.), Melissa Humphrey (LCMC) and Sarah Scott (LCMC).

Approval of Minutes: *A motion was made to approve the minutes of the August 27, 2014, meeting as printed. (M.S.P.: Kemper, Burkemper)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of August 31, 2014
- Profit & Loss Budget vs. Actual August 31, 2014
- Sales Tax History from 2013 to Present
- LCRB 2014 Funding Summary
- LCRB 2014 Schedule of Units

The balance of the Peoples Bank & Trust account on 9-23-2014 was \$50,000.00 in the Main Account and \$225,732.52 in the Money Market Account for a total balance of **\$275,732.52**.

The Balance Sheet as of August 31, 2014, showed \$12,464.54 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$238,432.37.

A total of \$74,153.80 was received in August 2014 (93.67% of monthly budget) and a total of \$75,240.40 (73.32% of monthly budget) was paid out in expenditures, resulting in net income of -\$1,086.60.

As of August 31, 2014, a total of \$689,727.01 (or 108.91% of budget to date) had been received in revenue and a total of \$814,835.45 (or 97.86% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$125,108.44.

The August 2014 sales tax revenue (deposited on 9-8-2014) was \$117,779.17 (\$1,798.98 or 1.55% more than August 2013).

In August 2014, \$93,750.09 was paid to our providers. The outstanding 2014 contract commitment totaled \$369,746.81. The usage rate of our contracted services through August 31, 2014, was 72.68%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Boessen, Beckman)

Correspondence & Announcements:

- Melissa Humphrey and Sarah Scott with the Lincoln County Medical Center (LCMC) provided an overview and update regarding the mental health services the center provides in Lincoln County. Sarah reported LCMC began offering mental health services in 2012. By 2013, the LCMC served 1,683 clients and projections for 2014

Correspondence & Announcements (Cont. LCMC):

total 3,491 clients (figures represent a unique patient count with the majority of patients from Lincoln County). LCMC currently employs:

- Patrick Oruwari, MD, board certified in psychiatry and internal medicine, who sees patients two days per week
- Bello Adejoh, MD, board certified in psychiatry with special focus on substance abuse issues/needs
- LCMC pediatric psychiatry does not serve children under the age of 7
- Sarah Scott, LCSW, working to earn play therapy certification and providing play therapy services for children (starting at age 3) and adolescents

D.A.R.T. Report:

- Brittany Pursifull reported D.A.R.T. held its third annual Addiction Awareness Rally this past Saturday, which was well attended. The coalition will meet later this morning to discuss upcoming initiatives, including organizing a back-to-school event with S.A.F.E. for Lincoln County students; coordinating the addiction awareness rally; developing curriculum for elementary-level students; and pursuing grants for marketing materials.

Children's Trust Fund Report: None

Old Business:

- Nurses for Newborns' Modified Clinical Objectives for 2014 Annual Reporting
Ms. Winchester asked the board to consider the proposed clinical objectives modifications as submitted via email for board review on August 27, 2014.

A motion was made to approve the requested clinical contract modifications as presented. (M.S.P.: Heintzelman, Fitzgerald)

New Business:

- Recommendations for 2015 Funding
Ms. Boessen offered the Selection and Review Committee's recommendation to fund approximately \$1,229,389.00 for CY 2015 programs and services, allowing for a minor variance to account for unit cost contractual adjustments, as documented in the attached spreadsheets.

A motion was made that the proposed 2015 funding recommendations be approved, as printed. (M.S.P.: Boessen, Heintzelman)

- Catholic Family Services Anger Management Program
Ms. Winchester reported that to more readily meet the therapeutic needs of Lincoln County's youth and bring services directly to the youth, in school where applicable to address barriers to care, such as transportation—Catholic Family Services proposes modifying the anger management group therapy classification to clinical groups. The proposed modification would allow Catholic Family Services' trained staff to address a spectrum of mental health needs, ranging from anxiety, anger management, self-esteem, divorce and more.

A motion was made to modify Catholic Family Services' contract from providing anger management sessions to clinical groups. (M.S.P.: Kemper, Thompson)

- Dr. Cynthia Berry Report Proposal
Ms. Winchester reported that she received an estimate from Dr. Cynthia Berry with BOLD, LLC, as requested, to create an electronic provider reporting process. The electronic process would improve the efficiency of the mid-year and annual report submissions, allowing for more relevant and timely questioning, and would also allow for data integration with the 2014 Needs Assessment to ensure its timeliness and promotion of achieved clinical outcomes. Ms. Winchester said the estimated fees, which include a one-time fee of \$600-900 to develop the electronic reporting/survey process (Dr. Berry says fees should be closer to \$600-700 if project start-up is conducted over the phone versus time expended for on-site meetings) and \$250 per report (mid-year and annual) for data extraction and report integration, would come from the budgeted professional service fees category.

A motion was made to partner with Dr. Cynthia Berry to establish an electronic provider reporting process for the mid-year and annual reports per the estimate provided (M.S.P.: Heintzelman, Boessen)

Executive Director's Report:

Ms. Winchester reported she:

- Met with the regional directors to review Kids Count data; explore establishing community indicators; and advance legislative efforts.
- Issued a check to the Missouri Department of Mental Health for the mental health local tax match fund (F.A.C.T. program reimbursements).
- Attended R-III, R-IV and R-II inner-agency meetings.
- Conducted outreach to R-III School District and relevant providers regarding timely counseling support and parent outreach services.
- Consistently updates the LCRB social media feeds for the board's 110 Facebook and 107 Twitter followers.
- Has scheduled the fall provider audits.
- Will host the all-agency meeting immediately following the October LCRB meeting.

Committee Reports:

A. Finance Committee: David Thompson reported he's pleased with revenue growth this year and hopes the economy will continue to improve, providing for more funding of LCRB programs and services.

B. Personnel Committee: None

C. Selection & Review Committee: None

Provider Briefs:

Meghan Henkelman with Sts. Joachim and Ann Care Service (SJA) provided an overview of the agency's case management services and programs to address homelessness in Lincoln County. Ms. Henkelman reviewed the program's eligibility requirements, which states the consumer must be 18 years of age or older with a child (the client must have custody and the child must live with the client the majority of the time); meeting specific income guidelines; and must be a resident of Lincoln County for six months or longer. In Lincoln County, SJA provides long-term rental assistance (3-6 months); utility assistance-**Ameren only** (with proof of a Section 8 voucher or Income Based Housing); emergency food bags; a limited supply of AC units; holiday assistance for current clients; and resources and referrals. Ms. Henkelman addressed the agency's focus on providing long-term solutions for clients to help them maintain stable housing and healthy homes for their families. To make a referral or to learn if a consumer may qualify for SJA programs, please call **1-877-893-9602**.

Comments for the Good:

Melba Houston announced the December LCRB meeting will be held one week early due to the holiday schedule. The meeting will be held on Dec. 17 at 8 a.m. at the home of Kathy (board member) and Allen Boessen. Board members and providers are welcome to attend.

Beth Sailors with Preferred Family Healthcare announced they will celebrate "Hopefest" in Wentzville at 1717 Crosswinds Drive providing drug and alcohol-free activities, live music and food to honor and support those in recovery. She also announced that Preferred will celebrate the grand opening of its new residential program for young adults, called ADVANCE. The state-of-the-art facility serves young adults 18-26 who are addicted to opioids, heroin and other substances. Everyone is invited to the grand opening of the facility on Thurs., Oct. 2 from 11:30 a.m.-2:30 p.m. at 4066 Dunnica, St. Louis.

Sabrina Kuznecoff with The Child Center invited the community to the agency's wine tasting fundraiser on Thurs., Oct. 23 from 6-9 p.m. at Quintessential on Main Street in St. Charles. Tickets are \$40, which includes four drink tickets to sample various wines paired with complementary appetizers.

Adjournment: The meeting was adjourned at 9:02 a.m. by Melba Houston. (M.S.P. Kemper, Thompson)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, October 22, 2014, at the Lincoln County Health Department (Community Room), #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director