

Meeting Minutes of May 28, 2014 Lincoln County Health Department Troy, MO 63379

Meeting Call to Order: The meeting was called to order at 8:04 a.m. by Melba Houston, Chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

<u>Present</u>: Melba Houston (Chairman), Nancy Behlmann, Glenda Fitzgerald, David Thompson, Kathy Boessen, Jim Price, Christine Heintzelman, Charles (Pheeze) Kemper, Margie Beckmann, Kristin Gentry, Barb Wehde, Adam Burkemper and Cheri Winchester (Executive Director).

Absent: Rod Barnhill and Michele Neblock.

<u>Guests</u>: Kelly Broeker (PFH), Beth Sailors (PFH), Lauri Cross-Fink (CFS), Sheila Stender (TCC), Robyn Booker (TCC), Mark Grezeskowiak (PCHAS), Kara McCoy (PCHAS mentor), Sarah Neuman (SJA), Meghan Henkelman (SJA), Victoria Walker (CHC), Nicole Dulle (CNW), Brenda Petruso (ThriVe), Renee Headrick (LCHD-WIC) and Heather Lytle (F.A.C.T.).

**Approval of Minutes:** A motion was made to approve the minutes of the April 23, 2014, meeting as printed. (*M.S.P.: Kemper, Thompson*)

# Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of April 30, 2014
- Profit & Loss Budget vs. Actual April 30, 2014
- Sales Tax History from 2013 to Present
- LCRB 2014 Funding Summary
- LCRB 2014 Schedule of Units

The balance of the Peoples Bank & Trust account on 5\_27\_2014 was \$50,000.00 in the Main Account and \$189,567.52 in the Money Market Account for a total balance of **\$239,567.52**.

The Balance Sheet as of April 30, 2014, showed \$26,185.48 in the prepaid tax match fund and \$102,000 in the LCRB Reserve Fund. Assets and equity were in balance at \$261,972.84.

A total of \$84,801.60 was received in April 2014 (107.12% of monthly budget) and a total of \$112,120.30 (109.26% of monthly budget) was paid out in expenditures, resulting in net income of -\$27,318.70.

As of April 30, 2014, a total of \$320,787.49 (or 101.3% of budget to date) had been received in revenue and a total of \$422,355.46 (or 102.9% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$101,567.97.

The April 2014 sales tax revenue (deposited on 5-7-2014) was \$81,220.50 (\$9,776.50 or 13.68% more than April 2013).

In April 2014, \$110,121.87 was paid to our providers. The outstanding 2014 contract commitment totaled \$703,040.47. The usage rate of our contracted services through April 30, 2014, was 41.92%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Burkemper, Price)

# **Correspondence & Announcements:**

Mark Grezeskowiak with Presbyterian Children's Homes and Services announced they will hold their first annual mentor/mentee picnic on Saturday, Aug. 9 from 11 a.m. to 3 p.m. at Cuivre River State Park's Stone Pavilion. The event will include a naturalist talk, 1-mile hike, food and games.

# D.A.R.T. Report:

- Beth Sailors reported D.A.R.T. will host a mud volleyball tournament for Lincoln County middle and high school students on May 30 at the Lincoln County Fairgrounds from 3 to 7 p.m. To date, 32 teams have registered and will receive t-shirts, food, beverages and prizes. Participants will also learn facts about drugs via the "wheel of misfortune." D.A.R.T. will allow teams to sign up through the day of the event. The tournament will be held if there's light rain but will be rescheduled if there are storms.
- D.A.R.T. also will present information to students at the 2014 D.A.R.E. summer camp.
- S.A.F.E. is celebrating its five-year anniversary, hosting a June "Humans vs. Zombies" student event.

### Provider Brief: Presbyterian Children's Homes and Services, Mark Grezeskowiak and Kara McCoy

Mr. Grezeskowiak reported Presbyterian has enjoyed substantial growth in Lincoln County and they are currently working to keep up with demand. They have four resumes under review for additional Lincoln County mentors to help address the growing demand for services.

The mentors they employ include a law enforcement officer who works with kids who've had trouble with the law and bullying, another mentor has a large fishing pond the kids have access to and one of the mentors is a bodybuilder. Presbyterian works to employ mentors with diverse backgrounds and skills to connect with kids and their varying needs.

Mr. Grezeskowiak reported many of the students they care for now have severe mental disabilities, often more than one diagnosis, which requires more one-on-time mentoring time.

Mentor Kara McCoy shared information regarding her mentoring program, which currently serves nine Lincoln County kids. Ms. McCoy served as a former director of therapeutic recreation for hospital organizations in Minnesota. In Lincoln County, her program centers on horsemanship as a way to help kids connect with "something that's bigger than themselves." The program has proven very successful, as reported in the *Lincoln County Journal* article regarding a 13-year-old student who relied on the program to overcome extreme shyness and is now winning awards for riding. Her approach through therapeutic horsemanship teaches kids self-esteem, how to love and receive communication, and helps them to grow and mature responsibly.

Ms. McCoy's students can compete in local horse shows and the students are responsible for paying the \$3 entrance fee.

Ms. McCoy is working with other Presbyterian mentors on establishing a Lincoln County "garage band," where the kids can come together to play uplifting music with donated instruments. She also said that she opens her horse farm to other mentors whose mentored youth can benefit from the therapeutic horsemanship program.

McCoy said she believes the therapeutic mentoring will help these students to one day become better mothers and fathers through the life skills that she and the other mentors are teaching them today.

Board member Kathy Boessen asked how much time is spent with the mentored youth. Ms. McCoy said they meet weekly, typically for three to four hours in small group settings; sometimes the care is individual depending on need.

### **Children's Trust Fund Report:**

Kristin Gentry reported the balance remains \$5,769.66 for the third quarter with the fund receiving no additional monies. Ms. Gentry has processed a recent order for batteries to support the RealCare® Babies at Elsberry High School. She is currently working on the partnership renewal application and has submitted surveys to our local school districts. The submission deadline is June.

### Old Business: None

### New Business:

 <u>Selection & Review Committee Appointment</u>: Melba Houston asked the board to appoint Barb Wehde to the Selection & Review Committee

A motion was made that Barb Wehde be appointed to the Selection & Review Committee. (M.S.P. Kemper, Price)

# Legislative Update

Ms. Winchester reported Representative Courtney Curtis successfully added an amendment—which would "carve out 5 percent of the Children's Services Funds in counties that have provisionally or unaccredited school districts for allocation to a needs assessment for grant programs to help those schools—to Senate Bill 493, known as the student transfer bill.

Ms. Winchester worked with the Children's Services Funds' regional directors and members of the CSC Advocacy Committee regarding talking points and conducted outreach to our local representatives and the bill's advocates calling attention to the amendment and asking that it be stripped from the legislation.

Senate Bill 493 passed both the House (89-66) and Senate (28-3) and Governor Nixon has announced he will veto the bill based on its core merits. While this bill, if passed as law, wouldn't presently affect Lincoln County, Ms. Winchester reported it sets a dangerous precedent with regards to the state overriding the will of county voters who approved the Children's Services Funds based on the premise of local dollars, for local resources with local oversight.

# **Executive Director's Report:**

Ms. Winchester reported she:

- Worked with providers to address action items from the R-III guidance counselors meeting, including working
  with The Child Center regarding an on-site tour and fall mandated-reporter training; conducting outreach to
  Crider Health Center regarding requested training for mental health support; and planning for the
  establishment of a provider presence at the August open houses.
- Conducted follow-up with Charles Montgomery for an update on LCRB audit and status.
- Issued first payment of CY 2014-2015 to the Missouri Department of Mental Health for the Mental Health Local Tax Match Fund.
- Drafted and submitted "Mental Health Matters" article regarding the LCRB and our work with R-III on Youth Mental Health First Aid trainings for publication in the *ExploR-III Magazine*, which should publish in August and is distributed as a *Lincoln County Journal* insert.
- Attended/earned certificate in Mental Health First Aid.
- Participated in the Winfield inner-agency meeting.
- Pulled news article regarding Iowa Attorney General's efforts to halt the retail sales of synthetic drugs via consumer fraud charges and routed to D.A.R.T. leadership, setting up a local D.A.R.T. meeting with Ben Burkemper to discuss potential efforts to address the issue locally.
- Hosted regional directors' meeting in Lincoln County.

Ms. Winchester noted the LCRB will hold its All Agency meeting on Wed., June 25, immediately following the Board of Trustees meeting.

# **Committee Reports:**

- A. Finance Committee: David Thompson reported that revenues and are utilization up, demonstrating effective programming.
- B. Personnel Committee: Margie Beckmann reported the committee met this past month to review the manual. They regrouped with consultant Gina Bueneman-Cooper to review some areas that needed revisions. Ms. Cooper has submitted an updated draft, which the committee will review and present to the board at its next meeting on June 25.
- C. Selection & Review Committee: Kathy Boessen asked the committee members to stay after the board meeting adjourns to meet briefly.

### **Comments for the Good:**

- Beth Sailors announced that Preferred Family Healthcare's Team of Concern will host a summer camp every Friday from 9 a.m. to 3 p.m. starting Friday, June 6 for students grades 4-7. The camp is free but space limited. To sign up, call Preferred's office. Participants will learn risk-management skills, enjoy drug-free activities and visit sites, such as the Saint Louis Zoo and Arch.
- Victoria Walker with Crider Health Center reminded agencies to bring pamphlets and materials to the June All Agency meeting.

- Sarah Neuman with Sts. Joachim & Ann Care Service announced they will hold a ribbon cutting at their new office located on Main Street in Troy on Thursday, June 12 at 4 p.m. The event will include speakers and light refreshments. RSVP to Karen Runge.
- Nicole Dulle with the Crisis Nursery reported they will host a donation day, offering free items and clothing Saturday, June 21 from 10 a.m. to noon at their St. Charles West outreach center. The Nursery is planning a Lincoln County donation day for some time in August, details to come.

Adjournment: The meeting was adjourned at 8:55 a.m. by Melba Houston, Chairman. (M.S.P. Pheeze, Price)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for 8:00 a.m. on Wednesday, June 25, 2014, at the Lincoln County Health Department (Community Room), #5 Health Department Drive, Troy, MO.

Minutes respectfully submitted by: Cheri Winchester, Executive Director