



Meeting Call to Order: The meeting was called to order at 8:05 a.m. by Melba Houston, Chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Glenda Fitzgerald, Christine Heintzelman, Charles (Pheeze) Kemper, Rod Barnhill, Nancy Behlmann, Dale Reinker, Margie Beckmann, Adam Burkemper, Kathy Boessen, Cheri Winchester and Becky Hoskins (Executive Director).

Absent: Kristin Gentry, Jim Price, David Thompson (Treasurer).

Guests: Heather Lytle, (FACT), Milli Palmer (PFH), Lauri Cross-Fink (CFS), Robyn Booker (CACNEMO), Barb Skelton (CACNEMO), Sarah Neuman (SJA), Meghan Henkelman (SJA), Victoria Walker (CHC), Brenda Petruso (ThriVe), Dr. Michele Neblock (Dr. Reinker's guest), and Heather Bauer (S.A.F.E.) with two student officers.

Approval of Minutes: *A motion was made to approve the minutes of the September 25, 2013, meeting as printed. (M.S.P.: Kemper, Burkemper)*

Monthly Financial Report:

Mrs. Hoskins reviewed several financial documents that included:

- Balance Sheet as of September 30, 2013
- Profit & Loss Budget vs. Actual September 2013
- Profit & Loss Budget vs. Actual January 1, 2013, through September 30, 2013
- Sales Tax History from 2012 to Present
- LCRB 2013 Funding Summary
- LCRB 2013 Schedule of Units

The balance of the Peoples Bank & Trust account on 10_21_2013 was \$51,541.64 in the Main Account and \$341,304.84 in the Money Market Account for a total balance of \$392,846.48.

The Balance Sheet as of September 30, 2013, showed \$34,698.46 in the prepaid tax match fund and \$102,000 in the LCRB Reserve Fund. Assets and equity were in balance at \$393,989.34.

A total of \$116,143.60 was received in September 2013 (147.77% of monthly budget) and a total of \$81,473.00 (81.26% of monthly budget) was paid out in expenditures, resulting in net income of \$34,670.60.

As of September 30, 2013, a total of \$742,489.48 (or 104.96% of budget to date) had been received in revenue and a total of \$722,776.14 (or 80.1% of budget to date) had been paid out for expenses. The net ordinary income to date was \$19,713.34.

The September 2013 sales tax revenue (deposited on 10-7-2013) was \$81,109.70 (\$7,574.90 or 10.3% more than September 2012).

In October 2013, \$75,649.69 was paid to our providers. The outstanding 2013 contract commitment is \$396,807.55. The usage rate of our contracted services through September 30, 2013, was 68.48%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Boessen, Burkemper)

Correspondence & Announcements:

- Ms. Hoskins circulated providers' thank you letters, written in response to the LCRB's 2014 funding commitments.
- The LCRB's 2014 funding and programs were featured on the front page of the *Lincoln County Journal's* October 15 edition. Also noted, the *Lincoln County Journal's* coverage of D.A.R.T.'S Addiction Awareness Rally held in September.
- FACT will host a fundraiser on Saturday, Oct. 26 at the South 94 Bistro. The event will include a raffle, auction and karaoke.
- Sts. Joachim and Ann Care Service will host a grand opening for the Women's Place new St. Charles location on Thursday, Oct. 24 at 2 p.m. The ribbon cutting will feature dignitaries and a tour. The Women's Place serves as the region's only non-residential, drop-in center for women suffering from domestic and sexual violence. Visits are confidential; no appointments required; and services are free.

D.A.R.T. Report: Milli Palmer reported the following about D.A.R.T.'s current projects and activities:

- D.A.R.T.'s leadership is finalizing its strategic plan for prescription drug abuse.
- D.A.R.T. members will visit schools and be present during parent-teacher conferences this week to share findings from its needs assessment, strategic plan and to advocate for policy changes and community support. These efforts will not duplicate services provided by Preferred Family Healthcare's Team of Concern.
- Plans for a middle-school sporting tournament are underway, date TBD. Considering Tri-County Sports Center in Moscow Mills as the tournament location. D.A.R.T. will provide roundtrip transportation from local schools to the event.
- (The LCRB has submitted a check to D.A.R.T. in the amount of \$186.00. The LCRB held the funds, per D.A.R.T.'s request, and now has transferred the monies as noted in the September 25 meeting minutes.)

Children's Trust Fund Report:

- No report.

Old Business:

- MIMH Training: LCRB Hosting Oct. 24, 2013
Ms. Hoskins reported the LCRB received two applicants for the MIMH training, both school counselors from R-III. The LCRB processed a \$2,200 check to cover the five-day training program, as approved at the Sept. 25 Board meeting. Ms. Hoskins and Winchester will serve as hosts for the Thursday, Oct. 24 session held at the St. Louis County Health Department Berkley location. Ms. Hoskins noted several Lincoln County school districts, such as Winfield and Silex, expressed interest in the training but did not apply due to conflicts with the training dates (parent-teacher conference week).
- Facebook Update: Page Insights
Ms. Winchester reported the LCRB Facebook page has 54 likes with more than 1,000 people reached the week of Oct. 20. The page serves to enhance awareness of the LCRB, its mission and providers and to educate constituents and consumers about the issues and services the LCRB works to address.

New Business:

- CFS Psychiatry Services and Transportation
Ms. Hoskins reported the LCRB and Catholic Family Services (CFS) has corresponded regarding reducing potential barriers to psychiatry services, given that CFS' psychiatrist will only see patients at the O'Fallon location in 2014. The LCRB has suggested a collaborative effort between CFS and the LINC, leveraging the LINC's medical transport services offered Wednesdays and Fridays for \$10 roundtrip. CFS asked the LCRB if it can apply portions of its 2014 funding dollars to cover transportation costs, as needed, employing the LINC's services only.

Ms. Boessen added the Board should consider approving funding to cover a guardian's transport when needed/appropriate.

Ms. Hoskins noted CFS will promote Lincoln County Medical Center's (LCMC) psychiatry services for consumers who prefer local care, in an effort to meet Lincoln County youth's psychiatry needs with minimal disruption to service. For consumers who wish to stay under the care of a CFS psychiatrist and need transportation support via LINC, CFS will directly coordinate the LINC transport.

A motion was made that the LCRB Trustees allow CFS to allocate portions of its LCRB 2014 psychiatry funding to cover the cost of LINC transportation services to its O'Fallon office for LCRB-funded patients and a guardian. (M.S.P.: Boessen, Kemper)

- Trustee Recommendations

Ms. Hoskins reported as Dr. Reinker's retirement approaches, the Board will need to fill his one-year term with a Lincoln County licensed physician, per the LCRB's governing ordinance. Dr. Reinker invited Dr. Michele Neblock, with LCMC's Doctors Professional Clinic, to attend today's meeting as a guest, and potential Board-member candidate.

Ms. Hoskins also reported Billie Lamb is no longer a member of the LCRB Board of Trustees, leaving the Board with a two-year term for the county commissioners to fill. Ms. Hoskins noted Billie resided in Foley and consideration should be given to a candidate from that region of the county. She asked for recommendations to fill the two-year term.

- S.A.F.E. Announcements

S.A.F.E. (Sober and Fun Environments) Co-sponsor Heather Bauer and two student representatives reported on two upcoming events, its Trunk or Treat event, scheduled for Sunday, Oct. 27, and family Bingo event on Nov. 23. The events are created to encourage students, sixth through 12th grades, to avoid drugs and alcohol. The organization is accepting donations for its Bingo event and hoping to attract 100 participants.

Executive Director's Report:

- Ms. Hoskins and Winchester presented their written October 2013 reports to the Trustees.
- Ms. Hoskins also reported:
 - The fall audits are underway and progressing well.
 - The 2014 Contracts and Clinical Agreements have been prepared for Chairman Melba Houston to sign.
 - The final Funding Policies will be submitted to the Board soon for approval.

Committee Reports:

- A. Finance Committee: No further report.
- B. Personnel Committee: No further report.
- C. Selection & Review Committee: No further report.

Comments for the Good:

- NAMI will host a two-day Mental Health First Aid course for providers and agencies on Nov. 12-13 at the NECAC meeting room from 9 a.m. to 3 p.m.
- CFS recently hired a new administrative/front-desk coordinator from Moscow Mills and Rene Yoesel, LPC, Ed.D., to provide anger management counseling and to serve as a counselor for Immaculate Conception in Old Monroe.
- The October D.A.R.T. meeting was rescheduled to Oct. 30 at Elsberry, still confirming site, at 9:15 a.m. D.A.R.T. will conduct a separate strategic planning meeting, date and time TBD.

Adjournment: The meeting was adjourned at 8:45 a.m. by Melba Houston, Chairman. (M.S.P.: Kemper, Fitzgerald)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, November 27, 2013**, at the **Lincoln County Health Department (Community Room on south side of building), #5 Health Department Drive, Troy, Missouri, 63379.**

Minutes respectfully submitted by:

Cheri Winchester, Executive Director Trainee