



LCRB News and Upcoming Events

Strengthening Lincoln County Families and Communities, One Child at a Time

Visit our Website

LCRB Partners with Schools to Assess Students' Mental Health Needs

"My dark days made me strong. Or maybe I already was strong, and they made me prove it."--Emery Lord

The COVID-19 pandemic has placed a spotlight on the needs in our community and how the closure of our schools can potentially obstruct our system of care. Fortunately, our Lincoln County schools and LCRB-funded providers have worked tirelessly to create new virtual opportunities to provide continuity of education, care and needed services.

This week, our school partners are completing an updated assessment of students' behavioral health needs, considering the impact of COVID-19 on our student population, and LCRB-funded programs' efficacy. While the LCRB conducts the school partner survey twice each school year, the feedback we receive this spring might prove more significant than ever before as the pandemic has attacked our ability to deliver educational and mental health services in the school setting.

Still, with every great struggle, there's the opportunity to emerge stronger and better equipped to serve Lincoln County kids. Outcomes from the survey will be shared in an upcoming report, with highlights published in a summer LCRB e-Newsletter. #Kids1st



Lincoln County Showers Families with Diapers

The Lincoln County Early Childhood Taskforce concluded its second annual Shower of Love campaign, a collection drive for critical care baby items. The 2020 campaign's two major donors,



[Mercy Hospital Lincoln](#) and the [Bank of Old Monroe](#), collected more than 10,000 diapers and 15,000 wipes, among other baby care items.

On April 24, Sts. Joachim & Ann Care Service hosted a diaper drive for Lincoln County families to help distribute Shower of Love items to families in need in accordance with COVID-19 safety protocols. According to Sts. Joachim & Ann Care Service Lincoln County Supervisor Kim Hewlett, approximately 60 local families participated in the drive. Journey Church in Troy and its "Building Beyond" ministry also volunteered at the drive and provided families with infant care packages.

"At this time of uncertainty, when so many families are out of work, being able to help reduce monthly costs by providing an economically disadvantaged family with diapers and wipes can help them to save more of their money for rent, utilities and groceries," said Hewlett. "It's also a way to demonstrate that they are not alone and that Lincoln County cares about its children and families."

In addition to the drive, remaining baby care items were distributed to local non-profits who serve pregnant women, babies and fragile families.

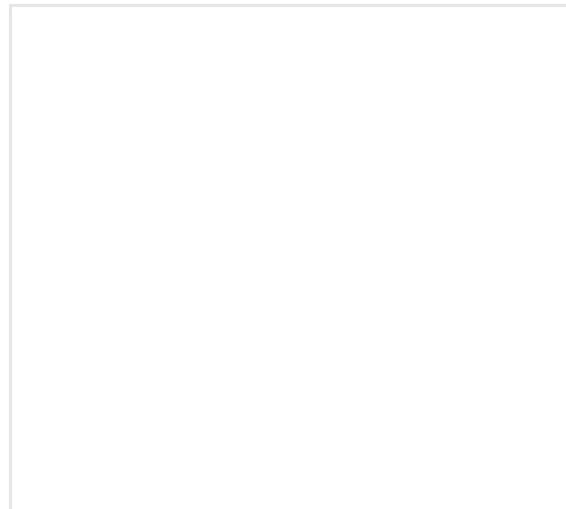
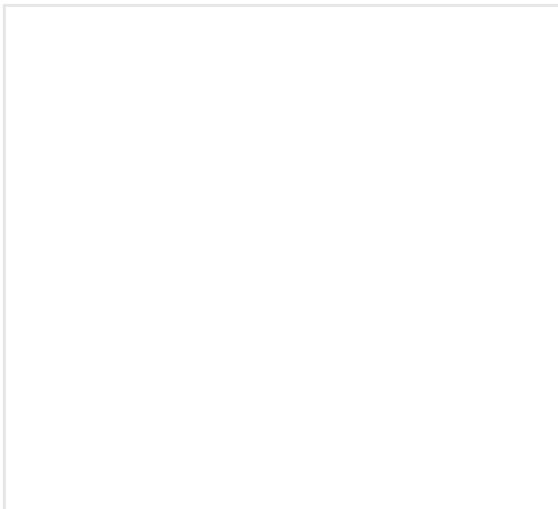


Compass Presents Virtual Prevention Resources



Compass Health Network's Prevention Resources are now available online for teacher, parents and/or guardians. Click [HERE](#) to directly access activities, books, information sheets and grade-specific videos starring Compass' own prevention team members presenting their programs in a thoughtful and relevant manner.

Preferred Family Healthcare Launches No-Cost Mini Camps



No Cost Outdoor Camps for Lincoln County Youth of all ages!

CAMP For more info contact 636-528-7226

MONDAY 5/4	TUESDAY 5/5	WEDNESDAY 5/6	THURSDAY 5/7	FRIDAY 5/8
10am-1130am Ellsbury Park Ellsbury, MD Outdoor Parenting Coping Skills 1230pm-2pm Worfield HS Track Worfield, MD Outdoor Parenting Coping Skills 3-430pm Fairgrounds Park Troy, MD Duck-Lake Project, Coping Skills	10am-1130am Ellsbury Park Ellsbury, MD Sensory Bubbles - Self Regulation 1230pm-2pm Worfield HS Track Worfield, MD Sensory Bubbles - Self Regulation 3am-430pm Fairgrounds Park Troy, MD Sensory Bubbles - Self Regulation	10am-1130am Ellsbury Park Ellsbury, MD Carnes Parking Coping Skills/Influences 1230pm-2pm Worfield HS Track Worfield, MD Carnes Parking Coping Skills/Influences 3pm-430pm Fairgrounds Park Troy, MD Carnes Parking Coping Skills/Influences	10-1130 Ellsbury Park Ellsbury, MD POP Art - Art Management 1230-2 Worfield HS Track Worfield, MD POP Art - Art Management 3-430pm Fairgrounds Park Troy, MD POP Art - Art Management	10-1130 Ellsbury Park Ellsbury, MD Basketball Tournament Sponsorship 1230-2 Worfield HS Track Worfield, MD Basketball Tournament Sponsorship 3-430pm Fairgrounds Park Troy, MD Basketball Tournament Sponsorship
MONDAY 5/11	TUESDAY 5/12	WEDNESDAY 5/13	THURSDAY 5/14	FRIDAY 5/15
10am-1130am Ellsbury Park Ellsbury, MD Slime - Self Regulation 1230pm-2pm Worfield HS Track Worfield, MD Slime Self Regulation 3pm-430pm Fairgrounds Park Troy, MD Slime Self Regulation	10am-1130am Ellsbury Park Ellsbury, MD Carnes Parking Coping Skills/Influences 1230pm-2pm Worfield HS Track Worfield, MD Carnes Parking Coping Skills/Influences 3pm-430pm Fairgrounds Park Troy, MD Carnes Parking Coping Skills/Influences	10am-1130 Ellsbury Park Ellsbury, MD Certs for Nursing Home 1230pm-2pm Worfield HS Track Worfield, MD Certs for Nursing Home 3pm-430pm Fairgrounds Park Troy, MD Certs for Nursing Home	10am-1130am Ellsbury Park Ellsbury, MD Certs for Nursing Home 1230pm-2pm Worfield HS Track Worfield, MD Certs for Nursing Home 3pm-430pm Fairgrounds Park Troy, MD Certs for Nursing Home	10am-1130am Ellsbury Park Ellsbury, MD Yoga with Matsuda 1230pm-2pm Worfield HS Track Worfield, MD Yoga with Matsuda 3pm-430pm Fairgrounds Park Troy, MD Yoga with Matsuda
MONDAY 5/18	TUESDAY 5/19	WEDNESDAY 5/20	THURSDAY 5/21	FRIDAY 5/22
10-1130 Ellsbury Park Ellsbury, MD Organic Parenting Topics 1230-2 Worfield HS Track Worfield, MD Organic Parenting Topics 3-430pm Fairgrounds Park Troy, MD Organic Parenting Topics	10am-1130am Ellsbury Park Ellsbury, MD Sovereign Host Peer Relationships 1230pm-2pm Worfield HS Track Worfield, MD Sovereign Host Peer Relationships 3am-430pm Fairgrounds Park Troy, MD Sovereign Host Peer Relationships	10am-1130am Ellsbury Park Ellsbury, MD Run-Play-Social/Worshipal Dev 1230pm-2pm Worfield HS Track Worfield, MD Run-Play-Social/Worshipal Dev 3am-430pm Fairgrounds Park Troy, MD Run-Play-Social/Worshipal Dev	10am-1130am Ellsbury Park Ellsbury, MD Run-Play-Social/Worshipal Dev 1230pm-2pm Worfield HS Track Worfield, MD Run-Play-Social/Worshipal Dev 3am-430pm Fairgrounds Park Troy, MD Run-Play-Social/Worshipal Dev	10am-1130am Ellsbury HS Track Ellsbury, MD Basketball Tournament Sponsorship 1230pm-2pm Worfield HS Track Worfield, MD Basketball Tournament Sponsorship 3pm-430pm Fairgrounds Park Troy, MD Basketball Tournament Sponsorship
MONDAY 5/25	TUESDAY 5/26	WEDNESDAY 5/27	THURSDAY 5/28	FRIDAY 5/29
10-1130 Ellsbury Park Ellsbury, MD Yay Day Slime Coping Skills 1230-2 Worfield HS Track Worfield, MD Yay Day Slime Coping Skills 3-430pm Fairgrounds Park Troy, MD Yay Day Slime Coping Skills	10am-1130am Ellsbury Park Ellsbury, MD Water Workshops, Peer Relationships 1230pm-2pm Worfield HS Track Worfield, MD Water Workshops, Peer Relationships 3am-430pm Fairgrounds Park Troy, MD Water Workshops, Peer Relationships	10am-1130am Ellsbury Park Ellsbury, MD Water Workshops, Peer Relationships 1230pm-2pm Worfield HS Track Worfield, MD Water Workshops, Peer Relationships 3am-430pm Fairgrounds Park Troy, MD Water Workshops, Peer Relationships	10am-1130am Ellsbury Park Ellsbury, MD Talent Showcase Contest Poster Coping Skills 1230pm-2pm Worfield HS Track Worfield, MD Talent Showcase Contest Poster Coping Skills 3am-430pm Fairgrounds Park Troy, MD Talent Showcase Contest Poster Coping Skills	10am-1130am Ellsbury HS Track Ellsbury, MD Kiddal Tournament Sponsorship 1230pm-2pm Worfield HS Track Worfield, MD Kiddal Tournament Sponsorship 3am-430pm Fairgrounds Park Troy, MD Kiddal Tournament Sponsorship



IN THESE UNCERTAIN TIMES SUPPORT IS CRUCIAL..

JOIN US EACH WEDNESDAY FROM 5P-6P FOR AN ONLINE PARENT SUPPORT GROUP LED BY STACY ROWLETT LPC

In response to the COVID-19 Crisis and in our effort to provide consistent support to our community, Preferred Family Healthcare's Team of Concern program will be offering an online support group for parents.

TWO WAYS TO CONNECT!!!
 Google Hang-Outs
<https://meet.google.com/nku-quay-tir>
 Join by Phone +1 575-754-4402 PIN 380556671

Questions or information contact
 Michelle Young 636-614-9123

With adherence to COVID-19 protocols, small groups of Lincoln County youth can reconnect with nature, other kids and their Preferred Family Healthcare Team of Concern leader.

Camp activities are designed to increase resiliency and responsibility and decrease the likelihood of engaging in risky behaviors, such as substance use. To learn more, contact Preferred Family Healthcare at 636-528-7226.

Preferred Family Healthcare also recognizes the toll COVID-19 and its ripple effects have on caregivers. Every Wednesday, Preferred offers an online support group to help caregivers navigate this trying time for the health and wellbeing of their families. To learn more, please contact Michelle Young at 636-614-9123.

UPCOMING MAY WORKSHOPS

HOSTED BY F.A.C.T. VIA ZOOM

- May 5th**
4-6 P.M.
ELIGIBILITY UNDER IDEA:
When does a child qualify for an IEP and how does that process work? This workshop walks parents through this process and provides tools to overcome stumbling blocks that many parents face. (2-hours)
Zoom Link: <https://zoom.us/j/92240996526>
- May 6th**
9-10 A.M.
EVALUATIONS UNDER IDEA:
How does a parent know their child received a comprehensive evaluation? What does all of it mean? How is the information used? This workshop helps parents understand this process and understand how evaluations can provide the foundational information for building their child's IEP. (1-hour)
Zoom Link: <https://zoom.us/j/94012045120>
- May 12th**
4-6 P.M.
BUILDING AN EFFECTIVE IEP:
Offers a hands-on approach with activities and tools parents can use to be an effective part of creating an IEP for their child while focusing on what the parents want their child to accomplish. (2-hours)
Zoom Link: <https://zoom.us/j/91430018646>
- May 19th**
4-5 P.M.
10 STEPS TO EFFECTIVE ADVOCACY:
Once you have the knowledge, how do you use it in the right way? This workshop provides an easy to use format that will guide parents in using strategies to build positive interactions and collaborative teams. (1-hour)
Zoom Link: <https://zoom.us/j/96566054531>
- May 21st**
9-10 A.M.
SECLUSION & RESTRAINT:
What is the difference between seclusion and isolation? What are the State guidelines schools should be following? What can a parent do if their child is being secluded or restrained? This workshop covers this information and more. (1-hour)
Zoom Link: <https://zoom.us/j/93385095374>
- May 28th**
3-5 P.M.
SECTION 504:
This workshop helps Review the basic principles of section 504 of the Rehabilitation Act of 1993. This provides an overview of an individual's rights in the school setting and how the process works. (2-hours)
Zoom Link: <https://zoom.us/j/91769136069>



F.A.C.T. Hosting May Workshops via Zoom

LCRB-funded F.A.C.T. has posted its listing of May Zoom workshops to educate and empower caregivers as they navigate services for their children. From lessons on how to effectively advocate for your child to understanding Section 504 and building effective IEP plans, F.A.C.T. connects parents to timely information at no cost through Zoom. To learn more contact [F.A.C.T.](https://www.fact.org) at (636) 949-2425.

Lincoln County Health Department Connects Residents to Resources

The Lincoln County Health Department is working to ensure residents can meet their basic needs, from food to health care. If you or a family you serve cannot access a food pantry at this time, call the Health Department at (636) 528-6117.

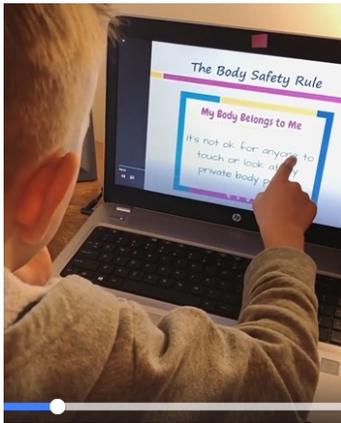
Are you having trouble getting to the food pantry?

Please call the health department at (636) 528-6117 to be connected with someone who can help.



Additional resources and timely information during the COVID-19 pandemic can be found at the [Health Department's COVID-19 resource page](#).

The Child Center's Body Safety Program Now Online



As students finish their academic assignments for the school year, The Child Center offers our kids access to a lesson that could change their lives: Body Safety. Body Safety educates and empowers our kids to protect their bodies, get away from individuals who violate their body safety rights and to use their voices to speak out against anyone who attempts to harm them. Here's a [glimpse](#) of how the online program is being used.

Crisis Services

Consider the Crisis Nursery's 24-Hour Helpline (314-768-3201) as a resource for families during the COVID-19 crisis. The Nursery's emergency respite care, with enhanced safety protocols, are still being offered for children, 0-12 years old, who are facing an immediate safety concern.

Compass Health Network also has launched a new immediate access/disaster hotline, in addition to its 24-hour crisis hotline. For immediate access to services, please call 888-237-4567. Visit [Compass online](#) for more information.



LCRB Meeting Wednesday, May 27

The LCRB's next regularly scheduled board meeting is scheduled for Wednesday, May 27 at 8 a.m. The LCRB will post meeting details on our website later this month.

If you'd like to share the LCRB newsletter with a colleague or family, links to the monthly newsletters can now be found on the [LCRB website](#).

To reach the LCRB at this time, please email the director or contact Cheri on her cell phone at 636-262-8313.

STAY CONNECTED

