



LINCOLN COUNTY RESOURCE BOARD

Putting Kids First in Lincoln County

"The parent-child connection is the most powerful mental health intervention known to mankind." — Bessel van der Kolk

Connect with Kids; Improve their Mental Health

Fall into the abundance of ways families can connect this season. From football games to festivals and bonfires, there are no shortage of simple, affordable opportunities to connect with our kids.

[Studies](#) find that family time benefits kids in the following ways: Promotes adaptability and resiliency, boosts self-confidence, improves mental health, lowers the risk of behavioral problems, reduces stress, and teaches effective conflict resolution.



**Make this fall season a time of connection.
Let's work together to "Put Kids First" always in Lincoln County.**

Missouri Policy Updates; Family Assistance

[Kids Win Missouri](#), which advocates for policies that support the health, education, safety and development of children and their families, reports the following family assistance updates:

Medicaid Expansion

Eligible Missourians [can now apply](#) for Medicaid up to 138% of the Federal Poverty Level, based on the court ruling regarding Medicaid expansion. Applications will not be processed until October 1, but applicants will be eligible for prior quarter coverage for any health expenses incurred. Partners can access this [social media toolkit](#) to help share information regarding Medicaid expansion.

Available Funds for Families

DESE has [released applications](#) for child care pandemic relief from the Coronavirus Response and Relief Supplemental



However, beginning October 1st, regular SNAP benefits will increase. Visit mydss.mo.gov for more information.

New Office of Childhood

The [New Office of Childhood](#) officially launched on Monday, August 30, consolidating early childhood, child care, pre-K and home visiting programs from three departments all under one roof at the Department of Elementary and Secondary Education. Led by Dr. Pam Thomas, the office will coordinate and align programs to better serve the youngest Missourians and their families.

SNAP Benefits

Pandemic-SNAP benefit increases ended on September 1st, and the additional 15% temporary benefit increase is set to end on October 1st.



Bridges Connecting Local Leadership to our Homeless Crisis

Since our April 2021 Bridges out of Poverty workshop, Lincoln County Bridges members have been working to address the immediate need for crisis shelter among our adult population.

The Community Council, which unites people, organizations and resources from St. Charles, Lincoln, and Warren counties, and its Executive Director Todd Barnes shared the following Coordinated Entry statistics to quantify the current level of emergency shelter needs in our tri-county region:

- Coordinated Entry receives between 30 and 50 phone calls each day, over 3,300 in just the first 5 months of 2021. (That does not include direct emails with the Coordinated Entry team.)
- Current consumer follow-up timelines have grown: 2 to 3 days for non-emergency calls; emergency sheltering calls returned within 1 day.
- The Housing Priority List has grown by more than 40% since last fall with 873 of our regional neighbors currently on this list.
- 55% female; 45% male.
- Over 60% are below the age of 40; 31% below 20.
- 67% are Caucasian; 22% are Afro-American.

The top four needs are as follows:

- 32% have told us they have a mental health concern
- 22% have some type of chronic illness
- 18% are escaping some type of domestic violence
- 10% have some type of substance abuse

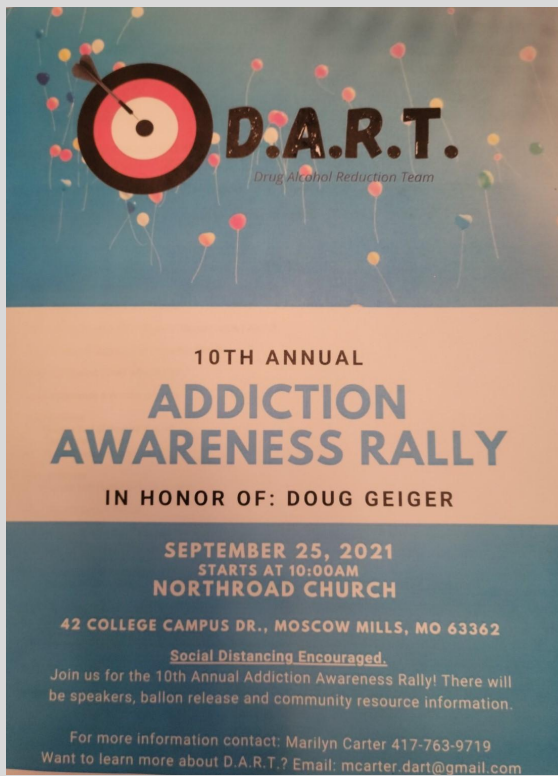
Contact the [LCRB](#) to participate in our local Bridges movement.

Mid-Contract-Cycle Reports

The LCRB is capturing data and outcomes from the first nine months of our 18-month funding cycle (Jan. 1, 2021, through Sept. 30, 2021). LCRB-funded providers: Please complete the submitted provider survey by Fri., Oct. 15.

Thank you for your dedication to our kids and county. We are incredibly grateful for your innovative services during this time of need.





D.A.R.T. Targets Addiction in Lincoln County

Substance use disorder does not discriminate. It can dismantle families, orphan children and leave its victims facing death or prison.

To reduce stigma, surround families with resources, celebrate recovery and honor lives lost, including Doug Geiger, D.A.R.T. will hold its 10th Annual Addiction Awareness Rally on Sat., Sept. 25 from 10:00 a.m. to 2:00 p.m. at [NorthRoad Church](#) in Moscow Mills.

All agencies are invited to have a table and share resources that can support our local families and address underlying issues or subsequent needs. To participate or for more information, contact Marilyn Carter at 417-763-9719 or mcarter.dart@gmail.com.



Register Now: 23rd Annual Community Services Summit

The Community Council of St. Charles County invites health/mental health professionals, educators, social workers, first responders, and parents/caregivers to join them on Thursday, October 21st for the 23rd Annual Community Services Summit. This year's summit will be offered in a hybrid format, with an in-person resource hall at Calvary Church (3998 Mid Rivers Mall Drive, St. Peters) and recorded virtual speakers, including Dr. Cynthia Berry who will share findings from our Lincoln County COVID impact studies.

Opportunity with Youth In Need and the Elsberry School District

Youth In Need is searching for a master's level therapist to serve the Elsberry School District. This is a full-time, 10-month position, which follows the school district schedule. Full benefits are offered, along with a \$900 hiring bonus and free licensure supervision. Salary starts at \$33,000 for non-licensed therapists and \$35,000 for licensed. Click here to apply: [Apply for a job at Youth In Need \(clearcompany.com\)](#).

Youth In Need is hiring a

CHILD, YOUTH &

FAMILY THERAPIST

for the Elsberry School District



\$900 HIRING BONUS
FREE LICENSURE SUPERVISION
AMAZING BENEFITS

Apply today at youthinneed.org!



LCRB Meetings

LCRB will convene tomorrow, Wed., Sept. 22 at 8:30 a.m. Meetings are open to the

public and are currently offered in a hybrid format (virtually via Zoom and in-person at the MU Extension Center in Troy).

All LCRB meetings, unless otherwise posted on the LCRB website, are held the fourth Wednesday of the month. **Please note our new meeting time: 8:30 to 9:30 a.m.** For more information about our meetings or to access our agendas and minutes, click the link below.

[LCRB Meetings](#)



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[Website](#)

