"At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us." – Albert Schweitzer

With Gratitude

This time of year, we count our blessings. First, we are grateful to live in a county where the voters elected to "Put Kids First," investing in our children and their mental health by approving a 1/4 cent sales tax measure that effectively created the LCRB.

We are grateful for a dynamic volunteer board of trustees whose sole focus never waivers--serving Lincoln County kids by ensuring access to quality, local mental health specialists and programs at no out-of-pocket costs to caregivers.

We are grateful to our funded providers. The past 18 months have challenged our system of care in ways we could never have imagined. And still, you never stopped serving our kids, working to address their evolving mental health needs and making our county a healthier place for our children to call home



Thank you for your partnership and collaboration--building healthy homes, schools and communities ... one child at a time.



LCRB Supplemental Funding

With greater than projected sales tax revenues and escalating demands for mental health services, the LCRB will allocate supplemental funding for:

- Direct services (not preventionbased programs)
- Programs/services at risk of exhausting current funding allocations before the end of this contract cycle on June 30, 2022 (demonstration of utilization and pace of reimbursement required)
- Direct service programs with

 current or projected wait lists
Agencies with existing and adequate staffing to utilize the supplemental funding allocation

The deadline for supplemental funding applications is Mon., Nov. 22 at 5 p.m. This timeline will allow for funding decisions to be made by year's end to support the final six months of our current contract cycle. Please contact the <u>LCRB</u> with questions.



Shop Local this Holiday Season

The LCRB is funded through a voter-approved 1/4 cent Lincoln County sales tax. Give gifts this year that not only support our local small businesses and economy, but that invest in the future of our children. With each dollar you spend in Lincoln County, you are:

- Helping a child manage their anxiety and learn healthy coping skills
- Giving hope to a young person gripped by depression
- Educating children on their body safety to prevent abuse and promote disclosures
- Providing respite care for children whose families are in crisis, allowing kids to access safe shelter, love, a warm meal and bath while caregivers work through difficult and complex situations
- Treating a young person struggling with substance use disorder
- Giving children and their caregivers hope that health and happiness can be restored

The LCRB is a 501c3 non-profit and can accept donations to fund and expand mental health services for Lincoln County kids. Contact the LCRB to learn more.



FREE Parenting Classess

Invest in your family and a peaceful holiday season by taking FREE parenting classes the Love & Logic way. Saint Louis Counseling in Troy will offer classes this December on Wednesday evenings Dec. 1, 8, 15, 22 from 6-8 p.m. While the classes are free for Lincoln County residents, participants must RSVP to reserve your spot by calling 636-528-5911. Learn more about parenting the Love and Logic way.

Bridges out of Poverty: Workplace Stability Workshop

THURSDAY, DEC 2ND 8:30 a.m. to 3:00 p.m.





Learn how to:

- Reduce the hard and soft costs of constant turnover
- Increase employee retention and save significant money annually
- Expand employee productivity
- Gain an edge in a tight, competitive labor market
- Strengthen your company's word-of-mouth reputation
- Improve your company culture at every level
- Lead employees and tackle challenging workplace/workforce issues

Register now.



- Executives and Management
- Human Resources
- Supervisors
- Business Organizations
- Community Leaders



Please email if able to volunteer on Dec. 14 or if interested in volunteering in 2022. Together, let's give the gift of time and service to help ensure our neighbors are fed this season ... and every season.

Volunteers Needed

Thank you to the St. Louis Foodbank, Compass Health Network and the First Baptist Church in Winfield for establishing the Winfield Mobile Food Market, which will open at First Baptist Church in Winfield (off Hwy 47) to serve our fragile families and residents starting December 14. The Winfield Mobile Food Market will be offered each month on the third Tuesday from 8:45 to10:30 a.m. Volunteers are needed to help distribute food items from the Foodbank, load items into the consumers' cars and help with any cleanup, which is usually minimal.

LCRB Meetings

LCRB will convene Wed., Nov. 24 at 8:30 a.m. Meetings are open to the public and are currently offered in a hybrid format (virtually via Zoom and in-person at the MU Extension Center in Troy).

All LCRB meetings, unless otherwise posted on the LCRB website, are held the fourth Wednesday of the month. Please note our new meeting time: 8:30 to 9:30 a.m. For more information about our meetings or to access our agendas and minutes, click the link below.



LCRB Meetings



