



LCRB News and Upcoming Events

Strengthening Lincoln County Families and Communities, One Child at a Time

Visit our Website

LCRB-Funded Care During COVID-19

"Persistence and resilience only come from having been given the chance to work through difficult problems." Gever Tulley

COVID-19 and its subsequent stay-at-home orders created unprecedented barriers to LCRB-funded care.

Despite these obstacles, the LCRB and its funded providers persisted. Agencies added virtual health offerings and crisis hotlines to provide continuity of care and reach children and youth at home with their critical mental and behavioral health services—from counseling and psychiatry to virtual visits with Nurses for Newborns registered nurses and other needed therapeutic interventions.

LCRB-funded Sts. Joachim & Ann Care Service organized community drives, providing diapers and hygiene product giveaways. Several funded agencies delivered food to high-risk homes—ensuring basic needs were met and connecting our kids to mandated reporters who could assess and ensure their well-being.

Our providers who traditionally offer school-based prevention programming, including body safety, cyber-bullying, anger management, coping skills and more, converted their classroom presentations to FREE online programs available to Lincoln County kids and families through their mobile devices and home computers.

Our counselors and case managers provided interventions to prevent homelessness among our identified high-risk population and to newly identified families whose stability was shattered by COVID-related loss of jobs and child care. Online parent support groups, offered by F.A.C.T. and Preferred Family Healthcare, recognized that kids are a part of a family unit and that our caregivers need additional support and care during this time as well to maintain healthy



households.

And, LCRB-funded providers such as Crisis Nursery-Wentzville adhered to CDC guidelines but remained open to provide life-saving shelter to our kids at highest risk for abuse and neglect.

**For every hurdle crossed, every challenge met,
thank you for putting Kids First in Lincoln County.**



Lincoln County Schools Identify Most Critical Mental Health Needs



In partnership with psychologist Dr. Cynthia Berry, the LCRB asked Lincoln County school personnel to participate in its annual end-of-school-year assessment survey. The survey identifies the most critical behavioral/mental health issues students face and assesses LCRB-funded provider performance.

Findings showed that across all grade levels:

- The most critical behavioral health issue was “Anxiety, worry a lot, fear” (96%; N = 24).
- Second: “Friend/peer relationships, social skills, problem solving, and self-esteem” (92%; N = 23 out of 25). (These two issues flipped their prioritized order from 2019.)
- Third: “Controlling emotions, anger management, and conflict resolution” (84%; N = 21 out of 25), similar to the 2019 results.

Of note for middle school students, the highest rated issue was “self-harm and suicide prevention” (100%; N = 4 out of 4), and “friend/peer relationships social skills, problem solving, and self-esteem”, which mirrored the findings from 2019.

Amid the COVID pandemic, specific questions were posed to assess student impact. School personnel reported high levels of concern regarding student/family communication barriers and families' ability to meet their basic needs resulting from the health crisis.

The LCRB, with its funded providers and school partners, will leverage these findings to keep pace with students' evolving mental health needs and to address barriers and gaps within our local system of care.



**LCRB and Community
Partners Launch Lincoln
County C.A.R.E.S.**



**LINCOLN COUNTY
C.A.R.E.S.**

COUNSELING | ADVOCACY | RESOURCES | EDUCATION | SUPPORT



The LCRB, funded agencies and community partners have collaborated to create the Facebook page [Lincoln County C.A.R.E.S.](#) to prevent abuse, hunger and violence in homes amid the COVID-19 pandemic. By educating Lincoln County consumers of available resources, the page works to empower individuals to address timely needs and de-escalate potential crisis situations. We ask our schools and community partners to share this page with your audiences, route information or ideas to the [LCRB](#) for posting and consider serving as our weekly Facebook Live partner. Last week, the Health Department launched our Facebook Live series with the Crisis Nursery scheduled for this Thursday afternoon and Sts. Joachim & Ann Care Service scheduled for June 25. Thank you to all who have supported this initiative to demonstrate that Lincoln County C.A.R.E.S. about our children and families.

SUMMER 2020 WORKSHOPS

HOSTED BY F.A.C.T.

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| June 2 nd 9:30-11:30A.M. | ELIGIBILITY UNDER IDEA: When does a child qualify for an IEP and how does that process work? This workshop walks parents through this process and provides tools to overcome stumbling blocks that many parents face. (2 hours) Zoom Link: https://zoom.us/j/96675335924 |
| June 8 th 9:30-11A.M. | EVALUATIONS UNDER IDEA: How does a parent know their child received a comprehensive evaluation? What does all of it mean? How is the information used? This workshop helps parents understand this process and understand how evaluations can provide the foundational information for building their child's IEP. (1.5 hours) Zoom Link: https://zoom.us/j/98033758715 |
| June 16 th 9:30-11:30A.M. | BUILDING AN EFFECTIVE IEP: Offers a hands on approach with activities and tools parents can use to be an effective part of creating an IEP for their child while focusing on what the parents want their child to accomplish. (2 hours) Zoom Link: https://zoom.us/j/97815862857 |
| June 30 th 9:30-11A.M. | TRUE INCLUSION SUPPORTED BY THE IDEA: What is true inclusion? Learn about the positive outcomes of inclusion and how it is supported under the IDEA. (1.5 hours) Zoom Link: https://zoom.us/j/99701933905 |
| July 7 th 9:30-10:30A.M. | TRANSITION PLANNING UNDER IDEA: This workshop reviews the requirements for creating and implementing a transition plan once your child turns 18. Parents will be given strategies and ideas to help make the transition from school to adult life smooth and seamless. (1 hour) Zoom Link: https://zoom.us/j/93339144938 |
| July 14 th 9:30-10:30A.M. | DISCIPLINE UNDER IDEA: Provides information on your child's rights and your rights when your child is disciplined and on an IEP. Gives parents tools to use to help ensure their child continues to receive an education that meets their needs regardless of the discipline consequences. (1 hour) Zoom Link: https://zoom.us/j/95005229458 |
| July 21 st 9:30-10:30A.M. | SECLUSION & RESTRAINT: What is the difference between seclusion and isolation? What are the State guidelines schools should be following? What can a parent do if their child is being secluded or restrained? This workshop covers this information and more. (1 hour) Zoom Link: https://zoom.us/j/96800742205 |



LCRB-funded F.A.C.T. has posted its listing of summer Zoom workshops to educate and empower caregivers as they navigate services for their children. From information regarding the Individuals with Disabilities Education Act (IDEA) to supporting caregivers as they work with educators to build effective IEP plans, F.A.C.T. connects parents to timely information at no cost through Zoom. To learn more contact [F.A.C.T.](#) at (636) 949-2425.

Family Advocacy & Community Training



PARENT SUPPORT GROUP
EVERY OTHER MONDAY
JUNE 1ST - OCTOBER 5TH
6PM-7PM

F.A.C.T. PARTNERSHIP W/FAMILIES - LINCOLN COUNTY IS HOSTING ZOOM PARENT SUPPORT GROUP MEETINGS

HERE'S THE ZOOM LINK:

<https://zoom.us/j/96170805887?pwd=MnVSR83bGHHTVpwEpfADBSWwVnRQOT09>



F.A.C.T.'s caregiver support groups continue through October. Take time to invest in yourself and your family, receiving needed support, insights and encouragement as we navigate these unprecedented times.

Consider the Crisis Nursery's 24-Hour Helpline (314-768-3201) as a resource for families during the COVID-19 crisis. The Nursery's emergency respite care, with enhanced safety protocols, are still being offered for children, 0-12 years old, who are facing an immediate safety concern.

Compass Health Network also has launched a new immediate access/disaster hotline, in addition to its 24-hour crisis hotline. For immediate access to services, please call 888-237-4567. Visit [Compass online](#) for more information.



LCRB Meeting Wednesday, June 17

The LCRB voted during its May meeting to hold the June monthly meeting one week earlier due to scheduling conflicts. The meeting is scheduled for tomorrow, June 17 at 8 a.m. via Zoom. Meeting ID and instructions can be found on the agenda via the [LCRB website](#).

If you'd like to share the LCRB newsletter with a colleague or family, links to the monthly newsletters can now also be found on the [LCRB website](#).

To reach the LCRB at this time, please email director@lincolncountykids.org.

STAY CONNECTED

