



**Meeting Call to Order:** The meeting was called to order at 8:06 a.m. by LCRB Vice Chair Melba Houston.

**Roll Call and Introduction of Guests:** Mrs. Houston asked that the Trustees, along with Executive Director Cheri Winchester and LCRB Assistant Hally Wells, introduce themselves, share their professional backgrounds and their origins with the LCRB. Providers and other guests then introduced themselves.

**Present:** Margie Beckmann, Melba Houston, Nancy Behlmann, Dr. Elaine Henderson, Sheriff John Cottle, Kristen Gentry, Dr. Brandi Street, Scott Hufty, Katrina Grasshoff, Glenda Fitzgerald, Christine Heintzelman, Jim Price, Cheri Winchester, and Hally Wells

**Absent:** Kathy Boessen

**Guests:** Heidi Hubbard (YIN), Kristi Machica (YIN), Jen Kaiser (Compass), Sherry Saunders (SJA), Austin McCartney (ThriVe – Best Choice), Madronica Malone (ThriVe – Best Choice), Lauri Cross Fink (SLC), Kelly Broeker (PFH), Rachel Svejkosky (F.A.C.T.), Genevieve Weseman (LCHD), Glenda Keeteman (LCHD) and Lindsay Kyonka (CNW)

**Approval of Minutes:** A motion was made to approve the December 18, 2019 meeting minutes. (*M.S.P.: Sheriff Cottle, Gentry*)

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents, including:

- Balance Sheet as of December 31, 2019
- Profit & Loss Budget vs. Actual December 31, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on January 21, 2020, was \$170,091.71 in the Main Account and \$192,587.16 in the Money Market Account for a total balance of \$362,678.87.

The Balance Sheet as of December 31, 2019, shows \$1,462.53 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$290,176.64.

A total of \$131,188.19 was received in December 2019 (121.1% of the monthly budget), and a total of \$65,443.96 (55.22% of the monthly budget) was paid out in expenditures, resulting in a net income of \$65,744.23.

The December 2019 sales tax revenue (deposited on January 7, 2020) was \$116,916.51 (\$22,106.55 or 23.32% more than December 2018).

In January 2020, \$42,490.78 was paid to our providers for December services. The outstanding 2019 contract commitment is \$53,073.35. The usage rate of our contracted services through December 31, 2019 is 93.22%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Heintzelman)*

#### **Correspondence & Announcements:**

- Ms. Winchester shared an invitation sent to the LCRB office for The Child Center's April 18, 2020, One with Courage Gala.
- Ms. Winchester circulated coverage of the 2019 LCRB Legislative Summit "Ripple effects of poverty" story published in the Dec. 25, 2019, issue of *The Elsberry Democrat*.
- Ms. Winchester routed the finalized version of the 2020 LCRB Funding Brochure for the trustees' review before going into print production for school and community circulation.

### **Provider Brief: Lincoln County Health Department: Emergency Weather Response**

Genevieve Weseman and Glenda Keeteman from the Lincoln County Health Department (LCHD) addressed the new warming center now available in Lincoln County via the LCHD and a team of community volunteers. For four years, St. Charles, Warren, and Lincoln county residents have been able to access warming centers primarily hosted by St. Charles County churches. Now, the LCHD serves as our local warming center for residents when the temperatures drop to 20 degrees or lower.

The LCHD warming center provides cots, snacks, a warm breakfast and even kennels for participants' pets and, when activated by weather, is open from 9:00 p.m. until 7:00 a.m. Volunteers staff the shelter through the night, taking turns sleeping, and providing breakfast in the morning. In the four years since warming centers have been offered throughout the tri-county region, there has never been a security incident. When the warming center closes at 7 a.m., participants can be transitioned to daytime warming centers. Transportation can be provided to get residents to and from the overnight warming center. Volunteers are being sought for a variety of areas, including: breakfast preparation (in a certified kitchen) or provision, serving, laundry detergent and quarters for the laundromat, overnight monitors, and more. To learn more or volunteer, please call the Health Department at 636-528-6117. Residents seeking a warming center are asked to call 636-395-0492.

### **D.A.R.T. Report:**

Kelly Broeker with Preferred Family Healthcare reported that the Winfield School District will be hosting The Awaken Project in their school, after winning the honor at the fall Teen Summit hosted by D.A.R.T. D.A.R.T continues to meet the fourth Thursday of each month at 9:30 a.m. at the Troy Police Department.

### **Old Business:**

None

### **New Business:**

#### LCRB Mid-school-year Assessments

Ms. Winchester announced that the LCRB Mid-school-year Assessments have been completed with copies sent to the board and agency reports to be distributed. There were 22 respondents from all four county school districts and local parochial schools. Ms. Winchester shared the report's top three mental health concerns, according to respondents, which are: 1) "controlling emotions, anger management, and conflict resolution", 2) "anxiety (worry/fear)", and 3) "peer relationships, social skills, problem solving, and self-esteem" tied with "depression." Ms. Winchester encouraged providers to review the reports and address any concerns or issues that were mentioned by those surveyed.

### **Executive Director's Report:**

Ms. Winchester shared the written report and highlighted a few items within, including:

- Providers are asked to complete their 2019 Annual Provider Reports by February 7, 2020. This information will then be compiled into the LCRB's 2019 *Annual Report to Community*.
- Ms. Winchester facilitated the January Early Childhood Task Force meeting where taskforce members planned for the second annual Lincoln County "Shower of Love" event for this spring. Members also confirmed their interest in planning another parents' night this summer offering two caregiver tracks: early childhood and adolescence.
- Dr. Berry is completing work on a tri-county school navigation guide that will provide a tool and visual reference for how to best access services (both LCRB and non-LCRB funded) for youth to expedite appropriate referrals and maximize local funding. This aide is anticipated to be particularly helpful to school counselors during the referral process.
- Ms. Winchester will be the facilitator for the March Leadership Troy "Quality of Life and Health Care Session." The session is scheduled for Wed., March 25 from 12:45-4:45 p.m. and LCRB members and providers were invited to give feedback and participate.
- Ms. Winchester shared with the board thoughts about the 2020 Legislative Summit and Mobile Outreach Tour. She presented the idea of extending the 2019 poverty theme by hosting a follow-up "Bridges Out of Poverty" workshop for the county's leadership. A program overview and prices were shared and the board members were asked if they would like to consider approving this program for planning purposes, affording the LCRB with the opportunity to host the summit in the fall versus winter months when weather could undermine event attendance. Ms. Winchester and Mrs. Wells will work to secure non-LCRB funding for the summit and workshop as done throughout the LCRB's history of hosting a legislative summit.

*A motion was made to approve the purchase of the "Bridges Out of Poverty" workshop to serve as the LCRB's 2020 Legislative Summit with staff seeking funding sources during the course of 2020. (M.S.P.: Price, Fitzgerald)*

- Ms. Winchester reminded board members of the current strategic plan. She asked that board members continue to review the plan and to contact the LCRB office with priorities for this year.
- Providers were asked to contact Ms. Winchester to secure a desired month for their provider briefs. Sherry Saunders from Sts. Joachim and Ann asked that they be placed on the September agenda.

#### **Committee Reports**

A. Finance Committee: Chair Jim Price welcomed Katrina Grasshoff and Scott Hufty to the Finance Committee and expressed appreciation for their willingness to serve on the committee.

B. Personnel Committee: None

C. Selection & Review Committee: Chair Christine Heintzelman expressed thanks to the LCRB and providers for their continued work with Lincoln County youth and families.

#### **Comments for the Good:**

Ms. Winchester circulated the updated board roster and the final 2019 LCRB Legislative Summit cost matrix (all associated costs were covered by the Toyota grant; no sales tax revenues were leveraged).

Mrs. Fitzgerald announced that Hawk Point Community Church will be hosting a pancake breakfast on Saturday, February 1, 2020. Proceeds from the event will go toward the church's summer lunches program for local students.

**Adjournment:** The meeting was adjourned at 9:10 a.m. by Melba Houston (*M.S.P.: Price, Heintzelman*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, February 26, 2020 at Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director