



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by LCRB Chair Kathy Boessen.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Kathy Boessen, Margie Beckmann, Rod Barnhill, Dr. Elaine Henderson, Glenda Fitzgerald, Christine Heintzelman, Sheriff John Cottle, Jim Price, Cheri Winchester, and Hally Wells

Absent: Melba Houston, David Thompson, Kristin Gentry, Nancy Behlmann, and Dr. Michele Neblock

Guests: Michelle Young (PFH), Kelly Broeker (PFH), Jen Kaiser (Compass), Christine Petty (Compass), Juvaughn Baker (Best Choice), Felicia Linear (Best Choice), Carol Wells (FACT), Kim Hewlett (SJA), Kristi Machica (YIN), Lauri Cross Fink (SLC), Brittany McDonnell (CNW), Fran Natoli (Arise), Porscha Thorpe (TCC), Sasha Vandeven (LCHD), Marlene Creamer (LCHD), Kim Vickers (LCHD) and Brandi Street (SSM).

**Approval of Minutes:** A motion was made to approve the August 28, 2019, meeting minutes. *(M.S.P.: Henderson, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of August 31, 2019
- Profit & Loss Budget vs. Actual August 31, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on 9-24-2019 was \$50,602.76 in the Main Account and \$208,485.95 in the Money Market Account for a total balance of \$259,088.71.

The Balance Sheet as of August 31, 2019, shows \$5,341.37 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$216,717.78.

A total of \$101,663.40 was received in August 2019 (93.84% of the monthly budget), and a total of \$99,686.54 (84.81% of the monthly budget) was paid out in expenditures, resulting in a net income of \$1,976.86.

The August 2019 sales tax revenue (deposited on 9-6-19) was \$152,144.05 (\$19,510.17 or 14.71% more than August 2018).

In September 2019, \$104,722.37 was paid to our providers for August services. The outstanding 2019 contract commitment is \$360,769.01. The usage rate of our contracted services through August 31, 2019 is 67.83%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Heintzelman, Cottle)*

#### **Correspondence & Announcements:**

Ms. Winchester routed the Saint Louis Crisis Nursery's annual report, which was handed out earlier this month at the Nursery's open board meeting. Ms. Winchester was invited to attend and address the Nursery's board.

#### **Provider Brief: Sts. Joachim and Ann Care Service**

Kim Hewlett from Sts. Joachim and Ann Care Service (SJA) spoke to the group about the LCRB-funded services, which covers comprehensive and intensive case management to improve the family's health, address their basic needs and promote self-sufficiency and family empowerment. Located at 450 Main Street in Troy, SJA personnel assist clients with budgeting, resume completion, and identifying job leads in an effort to secure employment. They help families connect

with food pantries; the Lincoln County Health Department and its resources, such as the WIC program; the Crisis Nursery; and other agencies as appropriate.

The requirements for Sts. Joachim and Ann to work with families are as follows:

- The adult in the home must be at least 18 years of age.
- The family must be under 50% of the poverty guidelines.
- Participants must be Lincoln County residents.

Ms. Hewlett spoke about the process for those seeking assistance. The family must obtain certification; a social security card (or a print out from the SSD for food stamps) is required. The family is then assigned a social service worker through SJA, and that individual will make weekly visits to the family during the first 30 days of services. A risk assessment is completed, and the family can be seen as long as it is needed in order for them to reach stability.

Ms. Hewlett explained that those seeking housing assistance must first go through the HUD-mandated Coordinated Entry system. She explained the procedure for contacting Coordinated Entry, which connects those who are homeless or 14 days from eviction to one central reporting system to identify appropriate resources and ensure coordinated case management. Additionally, any family or individual seeking emergency assistance must accept free alternatives (such as The Salvation Army) for shelter before being eligible to receive a hotel voucher. SJA can also provide utility assistance when funds are available through non-LCRB grants.

Additional items, services, and programs available locally through SJA include: Adopt-A-Family, gas cards, diapers and wipes, food bags, Thanksgiving dinners/food, school supplies, Easter baskets, and its Street Outreach program. Last year, SJA served 196 Lincoln County children and youth.

**D.A.R.T. Report:**

Michelle Young with Preferred Family Healthcare reported that the taskforce will meet on both September 26, 2019, and October 11, 2019, at the Troy Police Department. Ms. Young reported that the Addiction Awareness Rally, which was held on the Kroger parking lot on September 14 was well attended. The taskforce is now working to host a teen summit on October 22 to coincide with Red Ribbon Week at NorthRoad Church. The summit is targeting middle school students throughout Lincoln County schools.

**Old Business:**

LCRB Vendor Payments: ACH Origination Program

Ms. Winchester reported that the ACH program has been fully implemented and LCRB-funded providers were reimbursed via the ACH program in September. Please contact Ms. Winchester with any concerns or issues moving forward.

Proposed LCRB 2020 Administrative and General Budgets

Ms. Winchester thoroughly reviewed the updated 2020 budgeting spreadsheets with current financial data, including the 2020 administrative budget spreadsheet and 2020 general budget spreadsheet with program funding allocations as presented to Finance Committee last week.

Ms. Winchester reviewed each line item, including budgeted 2020 costs such as the LCRB needs assessment, which is conducted every three years. For 2019, Ms. Winchester is projecting 98% utilization across LCRB-funded programs. In total, the calculations afford more than \$1.3 million in 2020 LCRB funding allocations.

*A motion was made to approve the 2020 Administrative and General Budgets as presented as presented. (M.S.P.: Beckman, Price)*

**New Business:**

Supplemental Funding Request

Youth In Need submitted a supplemental funding request to keep pace with the demand for services in under-served regions of the county, which were most affected by flooding this year, namely Elsberry and Winfield School Districts' students and their families. The additional funding request of \$21,900 would cover the remaining 2019 calendar year of services for the two districts, providing school-based mental health counseling services.

*A motion was made to approve Youth In Need's supplemental funding request. (M.S.P.: Price, Heintzelman)*

### Saint Louis Counseling Contract Amendment

Ms. Winchester shared that, in light of the tragic August car accident involving Troy Buchanan High School (TBHS) students, TBHS has requested ongoing counseling support and Saint Louis Counseling-facilitated grief groups at their school. Ms. Winchester proposed an update to the Saint Louis Counseling school-based contract to reflect and remain consistent with Saint Louis Counseling's funding proposal, which allows for the delivery of school-based funded services in Lincoln County parochial and public schools.

*A motion was made to approve the amendment of the Saint Louis Counseling 2019 funding contract as presented.  
(M.S.P.: Heintzelman, Fitzgerald)*

### 2019 Legislative Summit

Ms. Winchester reported that she is in the beginning phases of planning for this year's legislative summit. She is considering a poverty theme for this year's summit, which would include reviewing the issues of both emotional and fiscal poverty. Additionally, the summit may focus on related issues, such as slum landlords, and the effect of poor living conditions on our children's health and educational pursuits. Ms. Winchester invited the board and agencies to offer feedback and direction regarding plans.

### **Executive Director's Report:**

- Ms. Winchester reported that most providers have now been scheduled for audits, which will take place starting in October through November.
- The Early Childhood Task Force met earlier this month and confirmed it will host a fourth annual caregivers' event in 2020. The taskforce has discussed hosting the event again at Boone Elementary School, dedicating the Boone side to an early childhood focus and leveraging Lincoln Elementary with a program for caregivers of middle school students. The taskforce also plans to use social media as a vehicle for promoting information about parenting, resources and other timely news. The taskforce also has Shower of Love monetary donations it can allocate for agencies serving families with children 0-5 who need basic care items, such as diapers and formula. If there's a need, the taskforce can issue the agency with a gift card to purchase the items for the families.
- Interagency meetings with all four school districts are underway.
- The LCRB will hold its annual fall all agency meeting immediately following the October 23 board meeting.

### **Committee Reports:**

- A. Finance Committee: None.
- B. Personnel Committee: None.
- C. Selection & Review Committee: Chair Christine Heintzelman thanked agencies for submitting their funding requests and for the daily work they perform for the health and wellbeing of Lincoln County children, youth and families.

### **Comments for the Good:**

Elaine Henderson shared that the Community Council is hosting a "Bridges out of Poverty" forum on Wednesday, Dec. 4 from 8:30 a.m. to 4 p.m. at the Community Commons at Spencer Road Library. Early bird registration is \$75 and increases to \$85 after November 1. The nationally acclaimed program brings people from all sectors and economic classes to learn concepts, perspectives and strategies to address poverty in a comprehensive way.

Michelle Young with Preferred Family Healthcare reported that Preferred is currently conducting "Academic Success Groups" with students at Troy Middle School, Troy South Middle School and Silex School District. The groups are working on developing strategies for academic achievement, identifying and mapping career paths, healthy coping skills and more. She also shared that she will be doing a program at Silex on the dangers of vaping/Juuling, which has reached nearly epidemic proportions.

**Adjournment:** The meeting was adjourned at 9:12 a.m. by Kathy Boessen (*M.S.P.: Fitzgerald, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, October 23, 2019, at the Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director