



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by LCRB Chair Kathy Boessen.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Kathy Boessen, Melba Houston, Kristin Gentry, David Thompson, Margie Beckmann, Nancy Behlmann, Jim Price, Dr. Elaine Henderson, Glenda Fitzgerald, Christine Heintzeman and Cheri Winchester

**Absent:** Sheriff John Cottle, Dr. Michele Neblock and Rod Barnhill

**Guests:** Michelle Young (PFH), Kelly Broeker (PFH), Lauren Russell (PFH), Porscha Thorpe (TCC), Jen Kaiser (Compass), Felicia Linear (Best Choice), Suzanne Entzeroth (Best Choice), Tracie Smith (FACT), Carol Wells (FACT), Kim Hewlett (SJA), Kristi Machica (YIN), Heidi Hubbard (YIN), Lauri Cross Fink (SLC), Amy Ilgenfritz (SLC), Mark Grzeskowiak (PCHAS), Jim Wallis (Chestnut Health Systems), Jason Miller (Elsberry School District), Tim Reller (Elsberry School District), Sasha Vandeven (LCHD), Kim Vickers (LCHD), Marlene Creamer (LCHD), Hillari Lagemann (Silex School District), St. Charles LINK, Pheeze Kemper Family (Mary Anne, Mende and Tim Kemper and Nann Kemper Green)

**Approval of Minutes:** A motion was made to approve the June 25, 2019, meeting minutes. *(M.S.P.: Houston, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of June 30, 2019
- Profit & Loss Budget vs. Actual June 30, 2019
- Sales Tax History from 2018 to Present
- LCRB 2019 Funding Summary
- LCRB 2019 Schedule of Units

The balance of the Peoples Bank & Trust account on July 23, 2019 was \$55,760.99 in the Main Account and \$204,293.39 in the Money Market Account for a total balance of \$260,053.48.

The Balance Sheet as of June 30, 2019, shows \$4,729.53 in the prepaid tax match fund and \$120,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$179,654.19.

A total of \$150,237.09 was received in June 2019 (138.8% of the monthly budget) and a total of \$127,992.08 (109.15% of monthly budget) was paid out in expenditures, resulting in net income of \$22,373.27.

The June 2019 sales tax revenue (deposited on 7-8-2019) was \$129,352.73 (-\$19,223.93 or -12.94% less than June 2018).

In July 2019, \$84,544.77 was paid to our providers for June services. The outstanding 2019 contract commitment is \$558,098.25. The usage rate of our contracted services through June 30, 2019, is 52.29%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Heintzeman)*

#### **Correspondence & Announcements:**

None.

#### **Provider Brief: Saint Louis Counseling**

Lauri Cross Fink and Amy Ilgenfritz reviewed Saint Louis Counseling's LCRB-funded programs—including school-based clinical groups, which have included stress management, coping skills and mindfulness for middle and high school students; office-based counseling; and psychiatry—supporting local children and youth with conditions, such as anxiety and depression. Finally, Lauri Cross Fink detailed the trauma-based pilot program integration at Sacred Heart School,

which includes training and mentoring for teachers and support staff; incorporating the H.E.L.P. emotional learning program (as an alternative for suspensions); establishing classroom-based self-regulation centers; and fostering a student's emotional intelligence for learning and growth.

#### **D.A.R.T. Report:**

Michelle Young with Preferred Family Healthcare reported that the taskforce will meet July 25 at 9:30 a.m. at the Troy Police Department to plan for a presence at the back to school open houses, including vaping presentations at Troy South and Troy Middle Schools. The September Addiction Awareness Rally will take place on September 14 from 10 a.m. to noon on the Kroger parking lot. The teen summit is scheduled for October 22 to coincide with Red Ribbon Week.

#### **Old Business:**

##### LCRB 2019 "Pheeze Kemper Award"

The LCRB recognized Principal Jason Miller, Elsberry School District, with the 2019 "Pheeze Kemper Award." The award honors the legacy of former board member Charles "Pheeze" Kemper by recognizing individuals who "Put Kids First" in our county by working to address their mental and behavioral health needs. Previous recipients include former Winfield School District Superintendent Nancy Baker (2017) and Troy R-III School District Guidance Counselor Kristi Gregory (2018). Members from the Kemper and Miller families and Elsberry School District Superintendent Tim Reller were in attendance to surprise Mr. Miller with this honor.

##### LCRB Administrative Assistant

LCRB Personnel Chair Kristin Gentry reported that the committee interviewed candidates in early July and has hired Hally Wells for the position. Ms. Wells will begin working with the LCRB in August 2019.

##### LCRB Vendor Payments: ACH Origination Program

Ms. Winchester reported that she has been working with People's Bank and Trust to activate the board-approved ACH payment program, which would allow for LCRB payments to vendors and contracted providers to be uploaded to the bank's ACH program for enhanced security protocols and more efficient and less costly payment systems (no postage, printed checks, etc.). The ACH program would require authorization by a LCRB trustee for processing, akin to the second check signer system the LCRB currently employs. As instructed by the Finance Committee, Ms. Winchester reviewed the program with Sarah Burkemper, CPA, to ensure it meets the financial integrity and standards of the LCRB. Ms. Burkemper reported that the program affords the proper security protocols and board review process the LCRB currently upholds.

#### **New Business:**

##### LCRB School-based Survey Assessments

Ms. Winchester reviewed outcomes from the 2019 school-based assessment surveys. She reported copies of the survey analysis have been emailed to the board and funded providers. Providers who were specifically mentioned in the surveys also received a "micro-report" for their review and follow-up as appropriate. Ms. Winchester will also upload the survey results to the LCRB website. According to Lincoln County school personnel, the most critical behavioral/emotional health issue is: "friend/peer relationships, social skills, problem solving and self-esteem."

#### **Executive Director's Report:**

- The Early Childhood Taskforce held its 3<sup>rd</sup> annual parents/caregivers' engagement night on June 27 at Boone Elementary in Troy, attracting 19 parents/caregivers. The event featured an expert panel discussion, including LCRB-funded providers Compass Health Network and Saint Louis Counseling, to help parents manage challenging behaviors. A second session featured a "Protecting our Children" presentation, presented by The Child Center and law enforcement, which was dedicated to preventing child abuse. The LCRB Finance Committee approved the funding of pizza for the event, which totaled approximately \$67.00.
- Ms. Winchester reminded funded providers that the mid-year report link has been issued to funded agencies and the deadline for submission is Wednesday, July 31. The report will detail funded programs' effectiveness in achieving established clinical objectives; demand for programs and services; and wait lists, among other reporting items.
- Ms. Winchester announced that 2020 funding applications and deadline submissions are available via the LCRB website ([www.lincolncountykids.org](http://www.lincolncountykids.org)).
- Ms. Winchester reported that the board members and funded providers are planning their coordinated presence at the August back-to-school open houses and that she, Saint Louis Counseling, Crisis Nursery and Compass Health Network will present to the Lincoln County R-III School District employees on Aug. 6.

**Committee Reports:**

- A. Finance Committee: Committee Chair David Thompson expressed appreciation of agencies' high utilization and shared concerns regarding the impact of local flooding on the economy as well as affected families' mental health.
- B. Personnel Committee: Chair Kristin Gentry reported the committee will partner with Christen Butler of Butler Consulting to review the LCRB personnel manual for compliance review and updates pertinent to the hiring of the new LCRB assistant.
- C. Selection & Review Committee: Chair Christine Heintzelman reminded agencies of the August 23 request for funding proposals deadline.

**Comments for the Good:**

Board member Glenda Fitzgerald reported that Hawk Point Community Church and its summer lunch program for Lincoln County children and youth is serving approximately 40 lunches, along with games and recreational activities for kids Mondays through Thursdays through the entire month of July. Lunch is served at noon at the Hawk Point park. Children do not need to register to receive their lunch bags or other giveaways.

Board member Kristin Gentry reported that the Children's Trust Fund does not have a local provider and encouraged funded partners and local agencies to explore this opportunity, helping to ensure collected Lincoln County dollars support local child abuse and neglect prevention initiatives.

Michelle Young with Preferred Family Healthcare reported the free Camp Catalyst program offered in Elsberry for all Lincoln County youth served an average of 14 students each day of the camp, working on social skills, peer relationships, sportsmanship, conflict resolution, self-regulation and community outreach. Ms. Young said Preferred has hired a new associate counselor, Lauren Russell, to serve the Winfield and Troy communities and that Preferred will present on vaping, JUULS and marijuana education during the Troy South and Troy Middle schools' back-to-school parent-student events.

**Adjournment:** The meeting was adjourned at 9:07 a.m. by Kathy Boessen (*M.S.P. Fitzgerald, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, August 28, at the Lincoln County Health Department.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director