



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by Kathy Boessen, LCRB Chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Kathy Boessen, Melba Houston, Adam Burkemper, Christine Heintzelman, Glenda Fitzgerald, Nancy Behlmann, David Thompson, Barb Wehde, Margie Beckmann, Jim Price and Cheri Winchester (Executive Director)

**Absent:** Rod Barnhill, Kristin Gentry, Dan Busekrus and Dr. Michele Neblock

**Guests:** Kelly Broeker (PFH), Kimberly Hewlett (SJA), Maggie Wiber (TCC), Lauri Cross-Fink (CFS), Mark Grzeskowiak (PCHAS), Jason Beard (PCHAS), Carl Adcock (PCHAS), Jennifer Kaiser (CHC), Joy Maxwell (ThriVe), Juvaughn Baker (ThriVe), Laura Ojo (FACT), Cara Merritt (YIN), Terri Roche (Arise) and Fran Natoli (Arise)

**Approval of Minutes:** A motion was made to approve the February 28, 2018, meeting minutes.  
(M.S.P.: Burkemper, Price)

### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of February 28, 2018
- Profit & Loss Budget vs. Actual February 28, 2018
- Sales Tax History from 2017 to Present
- LCRB 2018 Funding Summary
- LCRB 2018 Schedule of Units

The balance of the Peoples Bank & Trust account on 3-27-2018 was \$50,000.00 in the Main Account and \$201,236.01 in the Money Market Account for a total balance of \$251,236.01.

The Balance Sheet as of February 28, 2018, showed \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$192,666.06.

A total of \$81,945.57 was received in February 2018 (76.44% of monthly budget) and a total of \$138,675.20 (119.3% of monthly budget) was paid out in expenditures, resulting in net income of -\$56,729.63.

The February 2018 sales tax revenue (deposited on 3-8-2018) was \$129,425.44 (\$9,768.30 or 8.16% more than February 2017).

In March 2018, \$95,795.40 was paid to our providers. The 2018 contract balance totaled \$1,077,003.63. The usage rate of our contracted services through February 28, 2018, was 13.96%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Wehde, Behlmann)*

### **Correspondence & Announcements:**

Ms. Winchester shared upcoming community and provider event notices, which were sent to the LCRB office, including: F.A.C.T.'s 23<sup>rd</sup> Annual Hopes and Dreams Gala scheduled for May 18 at the Old Hickory Golf Club in St. Peters; Mercy Health Foundation Lincoln's Sporting Clay Shoot on April 21 at Blackhawk Valley Hunting Preserve in Old Monroe; Lincoln-Pike Counties Drug Court Foundation, in partnership with Mercy Hospital Lincoln, Community and Drug Prevention Awareness Event, featuring The Awaken Project on June 16; Winfield Bright Futures' Community Outreach event on June 16; and Easterseals Midwest Autism Services April 26 open house in Troy. Ms. Winchester announced that People's Bank & Trust's "Community Spotlight" award, which donates \$2,000 to a local nonprofit organization based on community voting, is currently open for nominations. Ms. Winchester also circulated recent LCRB coverage in the *Lincoln County Journal*, including the March 13 story "LCRB-funded programs serve thousands of kids," reporting on the 2017

annual provider reports, and the March 27 Progress edition coverage “Lincoln County Resource Board Helps Lincoln County Students Get the Help They Need.”

#### **D.A.R.T. Report:**

Kelly Broecker with Preferred Family Healthcare reported that D.A.R.T. received an ACT Missouri grant and is currently planning the May 23 Mud Volleyball tournament. Volunteers are needed to support the tournament.

#### **Provider Brief:**

Representatives from Presbyterian Children’s Homes and Services (PCHAS), including Jason Beard, regional director of East/Central region; Mark Grzeskowiak, mentor coordinator; and Carl Adcock, Lincoln County mentor, shared updates regarding the LCRB-funded therapeutic mentoring program. Mr. Grzeskowiak reported that the program has experienced substantial growth in its school-based delivery, serving 60 kids now within the schools as opposed to 15 in 2017 with the additions of therapeutic mentors at Troy Middle and Troy South Middle Schools.

Mr. Grzeskowiak stated that while the severity of the needs of local students have also grown, when PCHAS therapeutic mentoring is in place, Lincoln County students have had zero law enforcement referrals and zero substantiated hotline reports. The major issues PCHAS works to address with Lincoln County students are self-esteem, confidence, coping skills and poor academic performance due to lack of organizational skills.

Mr. Beard added that the therapeutic mentor program excels at serving as a bridge between school and home, positively impacting the daily functioning of students. The program works to help students come to school prepared to be educated by working with the family and school to eliminate educational barriers.

According to Mr. Beard, even though the Lincoln County program’s school-based therapeutic mentoring piece has grown, community-based services still remain as PCHAS’ core offering. Mr. Beard shared that the therapeutic mentoring program is always evolving to meet the changing needs of our students and communities.

Local therapeutic mentor Carl Adcock reported that he currently serves 22 Lincoln County students as a community and in-school mentor at Main Street Elementary and at Troy Middle School. He said the commonality among the kids he mentors is that they come from broken homes and generally lack self-esteem and the ability to complete classwork. Now, all of the students Mr. Adcock is mentoring are passing their classes and he sees all of his mentees outside of the classroom as well. He also shared a growing concern regarding suicide risk among our local youth.

#### **Old Business:**

##### Trauma Trainings

Ms. Winchester reported on outreach to Crider Health Center regarding trauma curriculum to meet schools’ training requests and to provide opportunities for ongoing learning and advancement, potentially working toward the establishment of “trauma teams” within our local school buildings to meet critical, timely needs.

Jennifer Kaiser with Crider Health Center added that Crider recently led trauma trainings for our early childhood education centers and the Winfield School District. At the early childhood training session, 14 participants from five schools/daycare centers attended. Feedback from both sessions was positive with further trainings requested.

Lauri Cross Fink with Catholic Family Services shared that the agency will provide trauma training for our local parochial schools on May 4 at Sacred Heart School in Troy.

#### **New Business:**

##### Catholic Family Services Program Evolution

Lauri Cross Fink reported that after the latest tragedy involving school violence in Florida, she has worked with our local school partners to enhance services to prevent:

- Unaddressed emotional and mental health issues of students; and
- Schools as the target for violence

This forward-looking approach will now provide students with “H.E.L.P.” (Having Emotional Learning Plans) as opposed to a purely punitive approach that fails to reach students with frontal-lobe processing deficits. In these cases, punitive

responses can trigger more reactive and explosive behaviors disrupting the learning environment for the student and his/her classmates.

Further, with research demonstrating the suspension/detention model as a pipeline for future legal system referrals, Catholic Family Services is working with its school partners to eliminate school suspensions for all parochial students, grades kindergarten through eighth. Moving forward for students who, prior to H.E.L.P., would receive a suspension, the school will now refer them to Catholic Family Services' in-school counselors. The students will stay in school, spending the day primarily with their Catholic Family counselor keeping up with core studies while dedicating the majority of the day to the agency's emotional learning program. These students will reunite with classmates for lunch, recess and P.E. to avoid social isolation.

To advance these plans, Catholic Family has developed and issued school surveys to students and staff to create a baseline for enhancing the school-student relationship and will provide trauma trainings to school personnel on May 4.

#### 2017 Annual Report to the Community/Lincoln County Commissioners' Presentation

Ms. Winchester reported that she is finalizing the 2017 LCRB *Annual Report to the Community* in time for the April 2 Lincoln County Commissioners annual presentation. The report will highlight 2017 provider outcomes and will highlight the role of the LCRB in creating a local system of mental health services for our children, youth and their families. Ms. Winchester invited all board members to attend and participate in the address to the commissioners.

#### **Executive Director's Report:**

Ms. Winchester reported she:

- Facilitated the March Early Childhood Taskforce Meeting, which served as the catalyst for the early education centers' Crider-led trauma trainings.
- Spoke with Dr. Mark Penny from the Troy R-III School District regarding the coordination of a LCRB-Lincoln County superintendents meeting to be held tentatively in June.
- Will facilitate a children's services meeting in Winfield on April 10 regarding the topic "From Hotline to Help."
- Is scheduling spring provider audits, which will commence later in the week.
- Is finalizing the end-of-school-year school assessment survey with Dr. Cynthia Berry for distribution to all Lincoln County school districts and partner parochial schools.
- Will hold the "All Agency" meeting in May, immediately following the board meeting, and will consider utilizing the time to update the LCRB-funded prevention brochure.

#### **Committee Reports:**

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

#### **Comments for the Good:**

Glenda Fitzgerald shared information regarding a local author who has written a book about bullying, which is available for local purchase.

**Adjournment:** The meeting was adjourned at 9:03 a.m. by Kathy Boessen (*M.S.P. Thompson, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, April 25, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director