



Meeting Call to Order: The meeting was called to order at 8:03 a.m. by Melba Houston.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston, Christine Heintzelman, Glenda Fitzgerald, David Thompson, Margie Beckmann, Jim Price, Rod Barnhill, Kristin Gentry, Dan Busekrus, Dr. Michele Neblock and Cheri Winchester (Executive Director)

Absent: Kathy Boessen, Adam Burkemper, Nancy Behlmann and Barb Wehde

Guests: Cindy Jones (PFH), Beth Sailors (PFH), Johnathon White (Bridgeway-PFH), Mary Jones (Bridgeway-PFH), Kimberly Hewlett (SJA), Maggie Wiber (TCC), Amanda Fox (TCC), Lauri Cross-Fink (CFS), Mark Grzeskowiak (PCHAS), Jane Gavril (CHC), Felicia Linear (ThriVe), Austin McCartney (ThriVe), Laura Ojo (FACT), Heidi Hubbard (YIN), Terri Roche (Arise), Fran Natoli (Arise), Jason Miller (Elsberry School District), Sarah Valenza (LCHD) and Brenda Saxe (AFSP)

Approval of Minutes: A motion was made to approve the March 28, 2018, meeting minutes.
(M.S.P.: Heintzelman, Fitzgerald)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of March 31, 2018
- Profit & Loss Budget vs. Actual March 31, 2018
- Sales Tax History from 2017 to Present
- LCRB 2018 Funding Summary
- LCRB 2018 Schedule of Units

The balance of the Peoples Bank & Trust account on 4-24-2018 was \$61,163.77 in the Main Account and \$229,480.60 in the Money Market Account for a total balance of \$290,643.87.

The Balance Sheet as of March 31, 2018, showed \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$219,889.81

A total of \$129,527.69 was received in March 2018 (120.83% of monthly budget) and a total of \$102,201.69 (87.92% of monthly budget) was paid out in expenditures, resulting in net income of \$27,326.00.

The March 2018 sales tax revenue (deposited on 4-8-2018) was \$117,624.27 (\$19,599.06 or 19.99% more than March 2017).

In April 2018, \$86,148.13 was paid to our providers. The 2018 contract balance totaled \$990,855.94. The usage rate of our contracted services through March 31, 2018, was 20.40%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Thompson, Gentry)

Correspondence & Announcements:

Ms. Winchester shared upcoming community and provider event notices, which were sent to the LCRB office, including: F.A.C.T.'s 23rd Annual Hopes and Dreams Gala scheduled for May 18 at the Old Hickory Golf Club in St. Peters; Lincoln-Pike Counties Drug Court Foundation, in partnership with Mercy Hospital Lincoln, Community and Drug Prevention Awareness Event, featuring The Awaken Project on June 16; Easterseals Midwest Autism Services April 26 open house in Troy; and the May 1 Baby Shower and Baby Safety 101 presentation with giveaways from 1-3 p.m. at the Lincoln County Health Department, offered in partnership with Missouri Care and SSM Cardinal Glennon. Ms. Winchester also circulated recent LCRB coverage in the *Lincoln County Journal*, including the April 17 story "Saint Louis Crisis Nursery honors county resource board" and its April 3 coverage of the Crisis Nursery's Operation Roundup grant.

D.A.R.T. Report:

Cheri Winchester reported that D.A.R.T. will hold its annual Mud Volleyball tournament for Lincoln County youth on Thurs., May 24 at the Lincoln County Fairgrounds. There's no cost for youth to play and the event represents one of D.A.R.T.'s focus areas: providing prosocial youth activities to demonstrate safe, sober recreation. D.A.R.T. needs volunteers to make the event a success and information and updates will be shared via D.A.R.T.'s Facebook and Twitter feeds.

Provider Brief:

Johnathon White and Mary Jones with Bridgeway Behavioral Health, a division of Preferred Family Healthcare, shared updates regarding local services, including the recently renovated Robertson Center, and statistics regarding domestic violence in our communities. According to 2016 data, there were 33 intimate partner homicides in Missouri. Missouri law enforcement reported 44,477 domestic violence incidents (including stats from St. Charles County 1,444; Warren County 394; and Lincoln County 301) and 15,000-plus domestic violence-related arrests. Research validates that intimate partner violence is on the rise, reporting a 15-20 percent increase.

Bridgeway provides in-house and outreach services to support victims of domestic violence, working with individuals to help them regain their lives and independence. Bridgeway's services include a 24-hour crisis hotline; a sexual assault response team (S.A.R.T.) for Mercy Hospitals in Lincoln and St. Charles counties; two shelters that afford 43 beds; court advocacy; and providing victims with six- to eight-week-long programs affording support services, which range from short-term housing assistance and clothing vouchers to resume development. Bridgeway will extend services for longer durations based on the individual's needs.

Bridgeway's staff also affords victims (and witnesses, such as children within the home where the incidents occurred) with goal setting and trauma-informed counseling services. Currently, Bridgeway is offering a local high school teen-dating program aimed to mitigate risks for partner violence by teaching ways to prevent codependency, cycles of violence and how to foster healthy relationships.

Community support helps to sustain Bridgeway's funded local efforts, ranging from donations to volunteers.

Old Business:2017 Annual Report to the Community/Lincoln County Commissioners' Presentation

Board member Christine Heintzelman reported that the LCRB delivered its 2017 annual Lincoln County Commissioners report on April 2 at the Lincoln County Courthouse. Heintzelman said that LCRB director Cheri Winchester distributed the LCRB *Annual Report to the Community* and highlighted 2017 provider outcomes and collaborative efforts to ensure a robust local system of mental health services for our children, youth and their families. In total, six board members attended the presentation. Ms. Heintzelman expressed gratitude to the commissioners for their engagement and support.

New Business:School-based Assessment Survey

Ms. Winchester reported that the end-of-school-year school assessment survey, drafted by Dr. Cynthia Berry with direction and feedback from the LCRB, was completed and distributed to all Lincoln County school districts and partner parochial schools. The LCRB has requested that the surveys be completed by May 10 to allow time for Dr. Berry's analysis and reporting to support the 2019 Selection & Review process. Dr. Berry reported that she has already received some completed surveys from our school partners.

In line with the school-based assessments, Ms. Winchester invited Mr. Jason Miller, Elsberry Middle School principal, to address the board and providers regarding a timely need. Mr. Miller thanked the board for its funding of programs that positively impact students and support local schools. He shared that recently their district has experienced a higher rate of students requiring hospitalizations due to mental health concerns. Mr. Miller asked for provider support to foster improved coping skills among youth and healthy transitions, with support plans in place, from hospitalizations to the student's return to school.

Ms. Winchester invited LCRB-funded providers of school-based services to stay after the meeting to collaborate regarding ways to best address this critical need, which extends beyond Elsberry.

Board Member Dan Busekrus thanked Mr. Miller for taking the time to attend the LCRB meeting and reporting on the needs of his students.

Toyota Bodine Grant Application

Ms. Winchester shared that she will submit a grant application to Toyota by May 1 to request funding for the 4th Annual LCRB Legislative Summit & Mobile Outreach Tour. Since the summit's inception in 2015, Toyota has served as the event's sole sponsor covering all related costs. The grant awards will be announced in July. Ms. Winchester reported that without outside funding, the LCRB will not hold a summit.

LCRB 2018 "Pheeze Kemper Award"

Ms. Winchester asked board members to contact her with nominations for the 2nd Annual Pheeze Kemper Award, to honor a community member who works as an advocate for our local children and youth and their mental health needs, carrying forward Pheeze's legacy. Pheeze Kemper was instrumental in helping Lincoln County secure a Children's Services Fund, now the LCRB, and served on the board from its inception through 2014. Ms. Winchester plans to honor the recipient at the June board meeting.

Executive Director's Report:

Ms. Winchester reported she:

- Facilitated the April Early Childhood Taskforce Meeting and announced the upcoming Baby Safety class to be held at the health department on May 1, in partnership with Missouri Care and SSM. Expecting Lincoln County moms will receive a free class and baby supplies and LCRB-funded providers are invited to leave brochures and resource materials for the attending moms.
- Facilitated a children's services meeting in Winfield on April 10 regarding the topic "From Hotline to Help," participants included members from the Lincoln County Sheriff's Department, Children's Division, Juvenile Office and the Lincoln County Prosecuting Attorney.
- Has completed five provider audits this month and will complete the remaining spring audits in May.
- Will hold the "All Agency" meeting in May, immediately following the board meeting.

Committee Reports:

- A. Finance Committee: Finance Chair David Thompson reported that the committee has been considering the need to raise the LCRB reserve fund to keep pace with increasing allocations. Thompson said the committee remains dedicated to meeting immediate needs while safeguarding the long-term sustainability of the fund.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: Selection & Review Committee Chair Christine Heintzelman shared the importance of school personnel participation in the recently issued LCRB school-based assessment surveys.

Comments for the Good:

Brenda Saxe with the American Foundation for Suicide Prevention shared information about the organization and efforts to establish a regional board for Lincoln, Pike and Warren Counties. Mrs. Saxe spoke of the foundation's work to make mental health a national priority and break down stigmas that prevent access to needed services. She noted the new state mandate that will require school-based suicide prevention education and the foundation's role in providing school-based resources. Mrs. Saxe invited participants to support or join their next fundraiser, Ride Against Suicide, scheduled for June 3.

Adjournment: The meeting was adjourned at 9:08 a.m. by Melba Houston (*M.S.P. Thompson, Busekrus*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, May 23, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director