



**Meeting Call to Order:** The meeting was called to order at 8:07 a.m. by Melba Houston, LCRB Chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Melba Houston, Barb Wehde, Glenda Fitzgerald, Margie Beckmann, David Thompson, Jim Price, Nancy Behlmann, Kathy Boessen and Cheri Winchester (Executive Director)

Absent: Rod Barnhill, Dr. Michele Neblock, Dan Busekrus, Adam Burkemper, Christine Heintzelman and Kristin Gentry

Guests: Kelly Broeker (PFH), Brittany Pursifull (PFH), Maggie Wiber (TCC), Mark Grezeskowiak (PCHAS), Sherry Saunders (SJA), Jane Gavril (CHC), Brittany McDonnell (CNW), James Crawford (CFS), Juv Vaughn Baker (ThriVe) and Renee Headrick (Lincoln County Health Department)

**Approval of Minutes:** *A motion was made to approve the minutes of the April 26, 2017, meeting. (M.S.P.: Price, Thompson)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of April 30, 2017
- Profit & Loss Budget vs. Actual April 30, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 5-23-2017 was \$71,683.20 in the Main Account and \$168,044.12 in the Money Market Account for a total balance of **\$239,727.32**.

The Balance Sheet as of April 30, 2017, showed \$6,622.58 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$180,243.66.

A total of \$98,112.17 was received in April 2017 (96.74% of monthly budget) and a total of \$118,845.71 (108.45% of monthly budget) was paid out in expenditures, resulting in net income of -\$20,733.54.

The April sales tax revenue (deposited on 5-5-2017) was \$95,812.89 (\$11,698.54 or 13.91% more than April 2017).

In May 2017, \$88,352.74 was paid to our providers. The 2017 contract balance totaled \$769,645.68. The usage rate of our contracted services through April 30, 2017, was 36.35%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Beckmann, Boessen)*

#### **Correspondence & Announcements:**

Ms. Winchester routed notices of upcoming provider fundraising campaigns, including outreach from Catholic Family Services and Sts. Joachim & Ann Care Service. She announced that registration is open for The Child Center's Midwest Justice for Children Conference. Ms. Winchester also circulated front-page coverage of the D.A.R.T. mud volleyball event, which ran in the May 23 edition of the *Lincoln County Journal* and annual reports she received from the St. Louis Mental Health Board and Crisis Nursery.

#### **Provider Brief: Crider Health Center, School-based Prevention Program**

Susan Schragger, supervisor for Crider's Lincoln County school-based prevent program, provided an overview of the curriculum and presentation methods delivered at all Lincoln County school districts. Ms. Schragger shared statistics regarding the effect of bullying on school attendance, reporting that by the age of 5 children can determine if violence and cruelty are acceptable behaviors. Schragger defined bullying as a learned behavior that has three components:

1. Intentional hurtful action.
2. Repeated over time.
3. Involving imbalance of power.

The repetitive nature of bullying is often what leads to dire consequences for children and youth. Therefore, Crider's prevention program begins by teaching kids at early ages coping techniques, including anger management, conflict resolution and more. The program started with the "Be Cool" curriculum that helps kids identify their responses and to act appropriately to stimulus: cold, hot or cool responses. For example, Crider prevention specialists teach kids that it's OK to feel angry, but how they act based on that feeling may or may not be OK.

Crider's prevention programming builds skills over the years with students, from teaching accountability and how to identify and respond to dangerous anger to role playing (how to stand up for yourself and friends, "be a hero"); the dangers of cyberbullying; and feeling empathy for others.

Schrager offered two local success stories of how the program helped Lincoln County students to act with empathy and become "heroes."

#### **D.A.R.T. Report:**

Brittany Pursifull with Preferred reported the annual mud volleyball tournament attracted just under 100 students from Troy and Winfield, with 11 teams registered for play. A team from Winfield took first place and a Troy South Middle School team earned honors for sportsmanship. Students also heard from a Drug Court Foundation speaker who told of her journey through addiction and encouraged students to never try illegal substances. The tournament also earned front-page coverage in the *Lincoln County Journal*. The taskforce will meet this month to advance plans for D.A.R.T.'s fall schools presence, programs and the addiction awareness rally.

#### **Old Business:**

##### School-based Survey Assessments

Ms. Winchester reported that the end-of-year, school-based assessment survey responses are due by May 26 to allow Dr. Berry time to complete the analysis in advance of the Selection & Review Committee proceedings. Preliminary findings cite bullying and cyberbullying as the most timely mental health needs and identifies a gap in the system of care following a consumer's hospitalization. Ms. Winchester said she would share these needs with Lincoln County's System of Care members to address gaps in care and services.

#### **New Business:**

##### Crider Health Center Meeting Request

Ms. Winchester reported that Crider's CEO Laura Heebner has requested a meeting to review reimbursement changes as the agency transitions to its role as a Certified Community Behavioral Health Clinic. Ms. Winchester asked board members who would like to participate in the meeting to email her with their availability for meeting in early June.

##### LCRB Computer Hosting

Ms. Winchester asked the board for approval to convert the LCRB's pop server to the Microsoft platform, working with local vendor SysTek, to improve connectivity across platforms, amplify spam filters and protection, and enhance storage capabilities. SysTek gave a rough estimate of less than \$200 to make the conversion and the vendor said they seamlessly work with Tracker Designs to support the transfer. Ms. Winchester also shared a quote from Charter to reduce phone and Internet monthly costs and to avoid future service disruptions.

Board member and finance chair David Thompson gave Ms. Winchester authority to make necessary operational improvements, as budgeted, to improve work efficiencies and security.

##### LCRB Strategic Plan and Board Assessment

Ms. Winchester reported the board needs to update its strategic plan and recommended the board re-evaluate the plan following the completion of the 2017 needs assessment. As part of the strategic planning process, Ms. Winchester said she has a board assessment survey from Dr. Cynthia Berry for board members to complete to help with committee appointments and future board member recommendations.

### **Executive Director's Report:**

Ms. Winchester reported she:

- Has completed the spring audits with the exception of the F.A.C.T. audit.
- Is working with Dr. Berry on the agency surveys associated with the 2017 Needs Assessment development and asks agencies to thoroughly review for comprehensive responses.
- Provided on-site support and coordination of the Early Childhood Taskforce inaugural Mother's Pampering Event.
- Will work to publish the LCRB's 2018 request for funding proposals by June 30.
- Will hold the spring All Agency meeting following today's board meeting.

### **Committee Reports:**

- A. Finance Committee: David Thompson reported that the March downturn appears to be an isolated event and sales tax overall remains strong. He encouraged providers to utilize all LCRB monies so that the board can consider greater investments in 2018 if sales tax revenues continue to grow.
- B. Personnel Committee: Margie Beckmann reported that she plans to step down as committee chair and asked for board members to consider filling the position, which includes overseeing the director's time, PTO, contracts and evaluations.
- C. Selection & Review Committee: Kathy Boessen encouraged committee members to participate in the upcoming meeting with Crider's CEO regarding billing changes and to send their September meeting availability to her so that members can begin planning for the 2018 request for funding proposal review.

### **Comments for the Good:**

Kathy Boessen thanked Crider for their presentation and expressed her appreciation for the demonstration of the classroom teaching techniques.

Brittany Pursifull with Preferred announced that the TOC summer camp will be held at their new Troy facility July 5 through Aug. 3, Tuesdays through Thursdays. She also said Preferred had two of its students graduate this spring, with one student going to college.

Jane Gavril reported Crider has provided trauma trainings for most of the Troy R-III schools and Elsberry district, with Winfield and Silex scheduled for next school year. Crider also provided trauma training for the Lincoln County Health Department staff.

Maggie Wiber with The Child Center said the agency will offer a mandated reporter training at the Lincoln County Health Department on Tues., June 27 from 9-10:30 a.m. If interested in attending, please contact Maggie Wiber to register. Maggie said she also brought information for the September 12-15 Midwest Justice for Children Conference to be held in Chesterfield. Scholarships are available to help with costs if needed.

Juvaughn Baker with ThriVe reported the St. Charles School District voted unanimously to keep ThriVe's program in the district.

Renee Headrick with the Lincoln County Health Department asked agencies to confirm their listings in the Lincoln County Resource Guide.

**Adjournment:** The meeting was adjourned at 9:13 a.m. by Melba Houston (*M.S.P. Thompson, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, June 28, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director