



Meeting Call to Order: The meeting was called to order at 8:09 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston, Dan Busekrus, Christine Heintzelman, David Thompson, Jim Price, Kristin Gentry, Margie Beckmann, Rod Barnhill and Cheri Winchester (Executive Director)

Absent: Barb Wehde, Dr. Michele Neblock, Glenda Fitzgerald, Kathy Boessen, Nancy Behlmann and Adam Burkemper

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Amy Robins (TCC), Kimberly Hewlett (SJA), Vicky Walker (CHC), Cindy Luce (CHC-Troy office), Lauri Cross-Fink (CFS), Joy Maxwell (ThriVe), Kathy Weatherford (Lincoln County Health Dept) and Laura Bickford (FACT)

Approval of Minutes: *A motion was made to approve the minutes of the December 21, 2016, meeting. (M.S.P.: Price, Thompson)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of December 31, 2016
- Profit & Loss Budget vs. Actual December 31, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 1-24-2017 was \$97,919.55 in the Main Account and \$184,278.11 in the Money Market Account for a total balance of **\$282,197.66**.

The Balance Sheet as of December 31, 2016, showed \$5,841.32 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$176,052.37.

A total of \$123,038.94 was received in December 2016 (131.82% of monthly budget) and a total of \$99,164.50 (99.03% of monthly budget) was paid out in expenditures, resulting in net income of \$23,874.44.

The December 2016 sales tax revenue (deposited on 1-6-2017) was \$115,269.49 (\$9,419.98 or 8.9% more than December 2015).

In December 2016, \$61,281.18 was paid to our providers. The 2016 contract balance totaled \$20,955.33. The usage rate of our contracted services through December 31, 2016, was 97.96%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Thompson, Busekrus)

Correspondence & Announcements:

Ms. Winchester routed recent coverage of the D.A.R.T. youth Knocker-Ball tournament in the *Lincoln County Journal* and save-the-date cards for upcoming provider fundraisers.

D.A.R.T. Report:

Brittany Pursifull reported that D.A.R.T. hosted a free Knocker-Ball tournament on Wed., Dec. 21 for Lincoln County youth at Winfield High School. The event attracted nearly 90 students, parents and staff with participants from the Troy and Winfield school districts. In addition to the recreational opportunity, participants also heard from a speaker regarding addiction and recovery. D.A.R.T. will meet later this morning to address topics including ways to boost coalition involvement and updates on the county's Prescription Drug Monitoring Program efforts.

Old Business:

LCRB Office Lease

Ms. Winchester reported board member and attorney Adam Burkemper reviewed and approved the new LCRB office lease for suite #5 at the Berk Building. The lease was revised to a three-year term, which board chairperson Melba Houston has signed. Board-approved mover Gary Brewer is scheduled to complete the office move upstairs on Thursday, Jan. 26. Ameren and CenturyLink have been contacted to update accounts and service areas.

New Business:

School-based Electronic Survey

Ms. Winchester circulated electronic and hard copies of the mid-year school-based prevention programs' assessment, which the LCRB issued in December electronically to public and parochial schools in Lincoln County, covering elementary, middle and high school buildings. In total, 23 different school personnel across the four public school districts and two private schools responded. Ms. Winchester shared report highlights, including that schools identified the most critical mental health need of youth across all grade levels as "peer relationships, social skills, problem solving and self-esteem" (according to 57 percent of respondents) followed by "anxiety (worry/fear) prevention and control" and "controlling emotions, anger management and conflict resolution" as the second most critical. Ms. Winchester said she will follow up with individual schools and providers regarding specific needs that can be addressed by LCRB-funded programs, such as grief clinical groups for Elsberry Middle School and parent support for Troy Middle School regarding technology and risk mitigation.

Executive Director's Report:

Ms. Winchester reported she:

- Will receive the 2016 Annual Provider Report of Services and Outcomes on Feb. 3. After sharing the findings with the board, she will promote the achieved outcomes through LCRB social media feeds and a news release to advance community awareness.
- Attended the Missouri School Board Association meeting with Nancy Baker, Winfield Superintendent, regarding in-school health clinics.
- Participated in the MO KIDS COUNT children's services fund interview regarding pending articles about the state's children's services funds, their community impact and achieved results for local kids.
- Attended a meeting with The Child Center, Prosecuting Attorney's office and Sheriff's Department regarding school-based trainings to protect criminal investigations involving alleged crimes against children and participation in inter-agency meetings.
- Facilitated the January Early Childhood Taskforce meeting and updated local resource flyer for members' review.
- Will file her Missouri Ethics Commission Financial Disclosure in advance of the May 1 deadline.
- Corresponded with local foster parent about the March Youth Mental Health First Aid (YMHFA) training, additional LCRB-funded trainings and support and potential YMHFA scholarships.
- Has spoken with Crider Health Center and Preferred Family Healthcare about helping our schools become trauma informed. In the Troy district, William Cappel, Boone, Main Street and Claude Brown elementary schools have either scheduled or participated in trainings. Cuivre Park and Lincoln elementary schools have expressed interest in a future training. Ms. Winchester would like to extend trauma trainings to all Lincoln County districts.

Committee Reports:

- A. Finance Committee: David Thompson reported that he is cautiously optimistic about economic growth and, if the growth is realized, the board could consider greater funding for local programs as needs warrant.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good: Crider Health Center's Cindy Luce announced that Crider's Troy office located at #5 Dandelion Drive is now open serving both adults and kids. Currently, the Troy office provides outpatient counseling and psychiatry services for children, youth and adults. The center can do testing and psychological assessments and will add two days for telehealth services for patients 18 years and older by the end of February or early March.

Melba Houston thanked People's Bank & Trust Co. and David Thompson for the bank's recent employee dress-down day to raise monies for the LCRB. Melba invited board members to join her at 9:30 a.m. at People's Bank's main branch in Troy for a check presentation and photo opportunity.

Adjournment: The meeting was adjourned at 8:51 a.m. by Melba Houston (*M.S.P. Price, Thompson*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, February 22, 2017, at the Lincoln County Health Department in Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director