



LINCOLN COUNTY RESOURCE BOARD
Lincoln County, Missouri
Meeting Minutes of March 22, 2017
Lincoln County Health Department
Troy, MO 63379

Meeting Call to Order: The meeting was called to order at 8:07 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston, Kristin Gentry, Barb Wehde, Nancy Behlmann, Christine Heintzelman, Glenda Fitzgerald, Margie Beckmann and Cheri Winchester (Executive Director)

Absent: David Thompson, Jim Price, Rod Barnhill, Dr. Michele Neblock, Dan Busekrus, Kathy Boessen and Adam Burkemper

Guests: Kelly Broeker (PFH), Maggie Wiber (TCC), Kimberly Hewlett (SJA), Vicky Walker (CHC), Lauri Cross-Fink (CFS), Joy Maxwell (ThriVe), Juvaughn Baker (ThriVe), Laura Bickford (FACT), and Terri Roche (Arise Equine Therapy)

Approval of Minutes: *A motion was made to approve the minutes of the February 22, 2017, meeting.*
(M.S.P.: Gentry, Beckmann)

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of February 28, 2017
- Profit & Loss Budget vs. Actual February 28, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 3-21-2017 was \$96,294.93 in the Main Account and \$205,462.79 in the Money Market Account for a total balance of **\$301,757.72**.

The Balance Sheet as of February 28, 2017, shows \$5,014.76 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity are in balance at \$192,095.26.

A total of \$92,046.37 was received in February 2017 (90.76% of the monthly budget) and a total of \$123,243.66 (58.67% of monthly budget) was paid out in expenditures, resulting in net income of -\$31,197.29.

The February 2017 sales tax revenue (deposited on 3-7-2017) was \$119,657.14 (\$3,760.84 or 3.25% more than February 2016).

In March 2017, \$104,027.08 was paid to our providers for February services. The outstanding 2017 contract commitment is \$969,698.60. The usage rate of our contracted services through February 28, 2017, is 18.85%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Heintzelman, Fitzgerald)

Correspondence & Announcements:

Ms. Winchester routed invitations the LCRB received for upcoming providers' fundraisers; announced that the First Christian Church in Troy is currently accepting applications for free home repairs (must live within the Troy R-III School District and own the home) as part of its Troy Story 2 mission scheduled for July 15-21, 2018; and reminded attendees of the April 15 "Out of the Darkness" suicide awareness walk and the availability of mental health booths, provided to agencies at no charge, at the event. Ms. Winchester also announced that she nominated the LCRB for the first Community Spotlight Award and invited participants to vote for the LCRB and its potential award of \$2,000 to support a non-profit's mission.

Brief: ThriVe, Best Choice Program

Joy Maxwell and Juvaughn Baker shared a review of the Best Choice program, which has served Lincoln County since 2014. The program was created based on Missouri's state statute 170.015, which instructs such programs/curriculum to: "Present abstinence from sexual activity as the preferred choice of behavior in relation to all sexual activity for unmarried pupils" The program encompasses more than sexual integrity, educating students of risky behaviors that could interfere with their future goals. ThriVe employs licensed medical professionals who ensure the accuracy of content, as well as subjecting the content to outside review by board-certified medical doctors, and research is properly cited and sourced. ThriVe partners with school districts to drive the program's content, tailoring the program to meet the students' distinct needs. As requested, ThriVe provides parent nights at schools to review the program and answer questions from parents. Recently, ThriVe has established a parent portal to enhance accessibility and outreach to parents. Schools also issue consent forms to parents for student participation. The program includes appropriate content for grades 6, 7 and 8 as well as high school. Ideally, students will receive the program multiple times prior to graduation.

D.A.R.T. Report:

Kelly Broeker with Preferred reported the taskforce will meet next Wed. at 9:30 a.m. at the Troy Police Department. D.A.R.T. volunteers will advance planning of the May 17 Mud Volleyball Tournament to be held at the Lincoln County Fairgrounds for Lincoln County middle and high school students, promoting safe and sober recreational opportunities for our youth.

Old Business:

2016 Annual Report of Services and Outcomes

Ms. Winchester circulated the LCRB's coverage in the March 7 issue of the *Lincoln County Journal*, "Lincoln County Resource Board serves nearly 8,000 youth in 2016." Funded program outcomes were also promoted by the LCRB via the social media campaign #2016ClinicalOutcomes, leveraged on Facebook and Twitter. Report highlights and success stories were also featured in the 2016 *LCRB Report to the Community*, which was shared with the Lincoln County Commissioners during our annual oral report given on March 14.

Missouri KIDS COUNT Children's Services Funds article

Ms. Winchester reported that Missouri KIDS COUNT has finalized its article, which concluded, in part: *Behavioral health is an essential component of overall well-being. It can dictate whether a child can become a productive adult that contributes to his or her community. The counties that have established the Children's Services Fund understand that investing in child behavioral health is investing in the future of their communities.* The LCRB has posted a link to the full article, with a provided county snapshot, on its website and via the LCRB's Facebook page and Twitter feed. Report highlights were also included in the recently published 2016 *LCRB Report to the Community*.

New Business:

LCRB Rules of Conduct for Meetings

Melba Houston presented proposed Rules of Conduct to support the board's ongoing efforts to hold productive, respectful meetings for the good of our children, youth and county.

A motion was made to accept the proposed rules of conduct to govern future LCRB meetings. (M.S.P.: Wehde, Behlmann)

2016 LCRB Report to the Community/Lincoln County Commissioners' Presentation

Ms. Winchester circulated final copies of the 2016 *LCRB Report to the Community*, which can also be found on the LCRB website with links posted on LCRB social media channels. The reports were given to the Lincoln County Commissioners during the LCRB's March 14 presentation. Melba Houston reported that the LCRB presentation and report were well received by the commissioners who posed thoughtful questions about the fund, local need and provided programs and services.

Executive Director's Report:

Ms. Winchester reported she:

- Will commence the 2017 spring provider audits later this week.
- Is working with Dr. Cynthia Berry to publish the spring school-based assessment survey next month and to initiate the 2017 needs assessment, which will be completed later in the year to feature timely data.
- The Early Childhood Taskforce met, with taskforce member Margie Beckmann sharing the group's plans for an inaugural Mother's Tea scheduled for May 13.
- Reached out to the *Lincoln County Journal* to explore a story next month commemorating National Child Abuse Prevention Month and the LCRB's funded programs to reduce incidents of child abuse and neglect in Lincoln County.

- Will hold the spring All Agency meeting following the May 24 board meeting.

Committee Reports:

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good: Kelly Broeker with Preferred Family Healthcare reported that Preferred is moving to a new Troy office next week, located at 269 Firehouse Lane, which will afford local youth with more space, including a large yard where Preferred can host activities and camps. Ms. Broeker said Preferred will host an open house once the move is complete.

Christine Heintzelman reported that the new adult residential addiction treatment facility in Eolia, called The Aviary Recovery Center, is now in operation. The Center planned for an open house in late March, which has been postponed.

Glenda Fitzgerald shared that Cheri will present on the LCRB to the Hawk Point Evening Club for the group's March meeting.

Adjournment: The meeting was adjourned at 9:10 a.m. by Melba Houston (*M.S.P. Heintzelman, Gentry*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, April 26, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director