



**Meeting Call to Order:** The meeting was called to order at 8:03 a.m. by Melba Houston, LCRB Chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston, Kristin Gentry, Christine Heintzelman, Glenda Fitzgerald, Nancy Behlmann, David Thompson, Rod Barnhill, Dan Busekrus, and Cheri Winchester (Executive Director)

**Absent:** Barb Wehde, Adam Burkemper, Margie Beckmann, Jim Price, Dr. Michele Neblock and Kathy Boessen

**Guests:** Kelly Broeker (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Cindy Jones (PFH), Amy Robins (TCC), Mark Grezeskowiak (PCHAS), Kimberly Hewlett (SJA), Vicky Walker (CHC), Laura Modica (CHC), Lauri Cross-Fink (CFS), Joy Maxwell (ThriVe), Brittany McDonnell (CNW), Laura Bickford (FACT), Cara Merrit (YIN), Kristi Machica (YIN) and Hally Wells (Silex School District Guidance Counselor)

**Approval of Minutes:** *A motion was made to approve the minutes of the June 28, 2017, meeting. (M.S.P.: Busekrus, Thompson)*

### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of June 30, 2017
- Profit & Loss Budget vs. Actual June 30, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 7-25-2017 was \$60,984.33 in the Main Account and \$206,425.78 in the Money Market Account for a total balance of **\$267,410.11**.

The Balance Sheet as of June 30, 2017, showed \$7,576.99 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$177,481.20.

A total of \$116,806.40 was received in June 2017 (115.18% of monthly budget) and a total of \$120,354.28 (109.83% of monthly budget) was paid out in expenditures, resulting in net income of -\$3,547.88.

The June 2017 sales tax revenue (deposited on 7-7-2017) was \$135,597.42 (\$21,273.95 or 18.61% more than June 2016).

In July 2017, \$79,388.95 was paid to our providers. The 2017 contract balance totaled \$599,875.54. The usage rate of our contracted services through June 30, 2017, was 60.20%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Thompson, Barnhill)*

### **Correspondence & Announcements:**

Ms. Winchester routed a copy of the July 18 edition of the Lincoln County Journal, which featured the article "LCRB Honors Nancy Baker with Award," along with a thank you card from Ms. Baker for the board members. Ms. Winchester also shared information she received from a new not-for-profit The Divine Nest, its mission and its upcoming golf tournament and fundraising gala.

### **Brief: Preferred Family Healthcare**

Cindy Jones, Preferred's program director for Lincoln, Franklin and St. Charles counties, reported on LCRB-funded programs and their recent achievements, including:

- Team of Concern: Prevention and early intervention school consultation services, providing 883 school-based interventions from July 1, 2016, to June 30, 2017. Team of Concern members also served 141 youth individually (during the same reporting period); facilitated small groups addressing issues including building social competencies, emotional regulation, drug prevention education, health and wellness and school success; presented timely topics to students in classroom settings; and facilitated 245 referrals.
- Outpatient Substance Abuse Treatment and Alumni Programs: Since 2007, Preferred has served 498 Lincoln County youth in the outpatient program, including 58 local youth from July 1, 2016, to June 30, 2017. The program continues to meet or exceed its clinical outcomes, including 95 percent of participating youth demonstrating an improvement in school performance and engagement. Currently, seven local youth are actively involved in the alumni program.
- The Farm: Offering a therapeutic community and adolescent-focused substance abuse treatment program that now includes offerings from Trailhead Camp, a therapeutic wilderness program designed to change the lives of youth through challenge and self-discovery with the use of outdoor adventure and recreation. The Farm residents also have access to the neighboring Redemption Ranch and its equine-assisted therapy program.

Preferred's Beth Sailors also shared that Preferred plans to reopen its local domestic violence shelter, not funded by the LCRB, in January 2018.

#### **D.A.R.T. Report:**

Brittany Pursifull with Preferred reported the taskforce will not meet in July but will reconvene in August to plan for the September Addiction Awareness Rally to be held in Troy from 10 a.m. to noon. More details, including rally location confirmation, to come next month.

#### **Old Business:**

None

#### **New Business:**

##### School-based Survey Assessments

Ms. Winchester reviewed outcomes and highlights from the 2017 School-based Assessment Survey project. School officials reported "friend/peer relationships, social skills, problem solving, and self-esteem" as the most critical mental health need. The survey also provided school personnel's perspectives regarding barriers to care, including "lack of time within the school day to respond to the youth with the behavioral health needs" and "severity of students' problems."

##### Review of Proposed LCRB 2018 Administrative and General Budgets

Ms. Winchester reviewed the initial 2018 LCRB budget projections, reviewing figures with the committee for their consideration and scrutiny. Ms. Winchester said she plans to ask the board for budget approval at next month's LCRB meeting and requested that board members submit their questions and feedback in advance of the August 23 meeting.

#### **Executive Director's Report:**

Ms. Winchester reported she:

- Supported the Selection and Review Committee members with the 2018 concept paper review. The LCRB received four concept papers and Selection & Review invited three agencies to submit a full application.
- Conducted outreach to providers for the mid-year provider reports, due to the LCRB by Aug. 2.
- Has submitted all requested materials for the LCRB audit and has followed up with the CPA regarding its completion.
- Worked with Dr. Cynthia Berry to complete the agency survey component of the Needs Assessment. Funded agencies were asked to complete two surveys to uncover gaps in our local system of care, underscore critical service needs and report timely barriers to care.
- Is finalizing the LCRB coordinated open house presence at our school districts and will reach out to building leadership to report on our planned attendance.
- Filed the LCRB's second quarter taxes.
- Is working with the Early Childhood Taskforce to host a parent empowerment night Fri., Sept. 29 at Love N' Learn Preschool regarding "managing challenging behaviors." The event will feature funded LCRB providers and is open to the community (targeting parents of children 0-5) at no cost.

#### **Committee Reports:**

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

**Comments for the Good:**

None

**Adjournment:** The meeting was adjourned at 9:02 a.m. by Melba Houston (*M.S.P. Thompson, Busekrus*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, August 23, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director