



**Meeting Call to Order:** The meeting was called to order at 8:06 a.m. by Kristin Gentry, vice chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Barb Wehde, Nancy Behlmann, Dr. Michele Neblock, Christine Heintzelman, David Thompson, Jim Price, Kristin Gentry, Margie Beckmann, Rod Barnhill and Cheri Winchester (Executive Director)

**Absent:** Melba Houston, Dan Busekrus, Glenda Fitzgerald, Kathy Boessen and Adam Burkemper

**Guests:** Kelly Broeker (PFH), Cindy Jones (PFH), Maggie Wiber (TCC), Kimberly Hewlett (SJA), Vicky Walker (CHC), Lauri Cross-Fink (CFS), Joy Maxwell (ThriVe), Laura Bickford (FACT), Mark Grezeskowiak (PCHAS), Brittany McDonnell (CNW) and Terri Roche (Arise Equine Therapy)

**Approval of Minutes:** *A motion was made to approve the minutes of the January 25, 2017, meeting. (M.S.P.: Price, Barnhill)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of January 31, 2017
- Profit & Loss Budget vs. Actual January 31, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 2-21-2017 was \$87,569.90 in the Main Account and \$207,739.04 in the Money Market Account for a total balance of **\$295,393.94**.

The Balance Sheet as of January 31, 2017, showed \$5,841.32 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$223,292.55.

A total of \$115,358.53 was received in January 2017 (113.75% of monthly budget) and a total of \$68,118.35 (32.45% of monthly budget) was paid out in expenditures, resulting in net income of \$47,240.18.

The January 2017 sales tax revenue (deposited on 2-7-2017) was \$91,425.66 (\$9,785.80 or 11.99% more than January 2016).

In February 2017, \$114,318.22 was paid to our providers. The 2017 contract balance totaled \$1,073,725.68. The usage rate of our contracted services through January 31, 2017, was 9.41%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Barnhill, Thompson)*

#### **Correspondence & Announcements:**

Ms. Winchester routed information and an event flyer for the April 15 "Out of the Darkness" suicide awareness walk and shared information regarding mental health booths, which will be available to agencies at no charge. Ms. Winchester also announced that Sacred Heart Church parishioners prepared nine freezer meals for local fragile families. Providers who have families that could benefit from the healthy, frozen meals should contact Ms. Winchester.

#### **Brief: Todd Barnes, Executive Director, Community Council**

Mr. Barnes provided an overview of the Community Council, which serves Lincoln, St. Charles and Warren Counties to unite resources; educate the community on timely issues, such as homelessness, hunger and affordable housing; and to provide community space for meetings and networking opportunities, among other benefits. Mr. Barnes provided an overview of the new Caseworthy Program to support fragile families and help them to access local resources more

efficiently and effectively. He also spoke of a current project with United Way to bolster its 211 directory with more local resources and a Coordinated Entry system where consumers could contact and work through one single source to help triage services.

#### **D.A.R.T. Report:**

Ms. Winchester reported that D.A.R.T. will meet this morning at 9:30 a.m. at the Troy Police Department to plan the coalition's next event, Mud Volleyball. Taskforce members from Winfield and Troy School Districts, Troy Police Department, Mercy Hospital Lincoln and the Lincoln County Health Department presented to the Troy Rotary Club last week about D.A.R.T.'s mission, community activities and efforts to bring a prescription drug monitoring program to Lincoln County.

#### **Old Business:**

##### School-based Electronic Survey

Ms. Winchester reported that the survey will serve as a "living" document for the board and has already prompted some school-based initiatives to address the most critical mental health needs identified by school referral sources: "peer relationships, social skills, problem solving and self-esteem (according to 57 percent of respondents) followed by "anxiety (worry/fear) prevention and control" and "controlling emotions, anger management and conflict resolution." For example, Catholic Family Services is bringing more clinical groups to Troy Middle School and Presbyterian is working on an after-school social initiative for mentoring candidates. The Troy R-III elementary school principals have also requested a meeting with the LCRB to discuss ways to keep pace with rising mental health needs.

#### **New Business:**

##### 2016 Annual Report of Services and Outcomes

Ms. Winchester circulated electronic copies of the 2016 annual provider reports to board members, which showed that LCRB-funded provider programs largely achieved or exceeded their clinical goals. Ms. Winchester thanked providers for the submitted success stories (with names, etc., changed for privacy concerns). Ms. Winchester said the LCRB will promote the outcomes via a social media campaign, news release and in the board's presentation to the Lincoln County Commissioners this spring.

##### MO KIDS COUNT Children's Services Funds article

Ms. Winchester reported that she had reviewed and provided minimal edits for the KIDS COUNT article on the LCRB, its role and community outcomes. Ms. Winchester said she has an electronic copy of the draft for any board member to review.

#### **Executive Director's Report:**

Ms. Winchester reported she:

- Will reach out to providers to schedule the 2017 spring audits for completion.
- Facilitated the February Early Childhood Taskforce. Taskforce member Margie Beckmann reported that the taskforce is finalizing a resource flyer for local pediatric referrals. The taskforce is also planning an inaugural Mothers' Tea to reach out to isolated, high-risk moms and connect them to community members and resources, build self-esteem and promote peer socialization.
- Is working with Dr. Cynthia Berry to initiate the spring school-based assessment survey and 2017 needs assessment.
- Facilitated the February System of Care meeting and invited providers to join the April meeting for a proposed agenda to focus on transportation resources.
- Completed her Personal Financial Disclosure statement for the Missouri Ethics Commission.

#### **Committee Reports:**

A. Finance Committee: David Thompson reported he will be out for the March finance meeting so the committee members can plan accordingly.

B. Personnel Committee: No report.

C. Selection & Review Committee: No report. Ms. Winchester noted that she will call upon committee members next month to consider a "New Funder" application.

**Comments for the Good:** Mark Grezeskowiak with Presbyterian reported that he has hired three mentors, one for the Elsberry/Winfield region and two male mentors for Troy. He's working to embed a male mentor at Troy Middle School, who could also float between Main Street Elementary. Now, Presbyterian has no wait list for the therapeutic mentoring program.

**Adjournment:** The meeting was adjourned at 8:57 a.m. by Kristin Gentry (*M.S.P. Thompson, Wehde*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, March 22, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director