



**Meeting Call to Order:** The meeting was called to order at 8:06 a.m. by Kathy Boessen, Selection & Review Committee Chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Melba Houston, Barb Wehde, Adam Burkemper, Christine Heintzelman, Glenda Fitzgerald, Margie Beckmann, David Thompson, Jim Price, Rod Barnhill, Dr. Michele Neblock, Dan Busekrus, Kathy Boessen and Cheri Winchester (Executive Director)

Absent: Nancy Behlmann and Kristin Gentry

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Laura Cook (TCC), Mark Grezeskowiak (PCHAS), Kimberly Hewlett (SJA), Vicky Walker (CHC), Lauri Cross-Fink (CFS), Juvaughn Baker (ThriVe), Laura Bickford (FACT), Terri Roche (Arise Equine Therapy), Fran Natoli (Arise Equine Therapy) and Sarah Valenza (Lincoln County Health Department)

**Approval of Minutes:** *A motion was made to approve the minutes of the March 22, 2017, meeting. (M.S.P.: Boessen, Heintzelman)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of March 31, 2017
- Profit & Loss Budget vs. Actual March 31, 2017
- Sales Tax History from 2016 to Present
- LCRB 2017 Funding Summary
- LCRB 2017 Schedule of Units

The balance of the Peoples Bank & Trust account on 4-25-2017 was \$50,000.00 in the Main Account and \$148,949.80 in the Money Market Account for a total balance of **\$198,949.80**.

The Balance Sheet as of March 31, 2017, showed \$10,036.60 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$200,977.20.

A total of \$119,747.42 was received in March 2017 (118.08% of monthly budget) and a total of \$110,865.48 (101.17% of monthly budget) was paid out in expenditures, resulting in net income of \$8,881.94.

The March 2017 sales tax revenue (deposited on 4-7-2017) was \$98,025.21 (-\$5,425.21 or -5.24% less than March 2016).

In April 2017, \$111,700.44 was paid to our providers. The 2017 contract balance totaled \$857,998.16. The usage rate of our contracted services through March 31, 2017, was 28.15%.

*A motion was made to file the financial report for audit as presented \*with correction to QuickBooks' budget, removing Program Operations entry to correct percentage of budget totals for expenses. (M.S.P.: Price, Barnhill)*

#### **Correspondence & Announcements:**

Ms. Winchester routed an invitation from Sts. Joachim & Ann Care Service to support its 13<sup>th</sup> Annual Golf Outing, scheduled for Sept. 11 at Bear Creek Golf Club in Wentzville.

### **Brief: Arise Equine Therapy**

Terri Roche and Fran Natoli shared an overview of their foundation, which began in 2015, and its therapeutic offerings, which includes counseling using equine-assisted psychotherapy. The licensed counseling takes place in the horse arena, where the horses serve as a tool as part of the EAGALA model. An overview video was shown demonstrating the therapeutic setting and offerings, staff and consumer results. Consumers reported health achievements for children, providing a forum where the youth can observe the horses behavior, which can act as a mirror for behaviors without placing focus on the child, who can then apply practical strategies to alter behaviors. Arise offers individual and group therapeutic encounters for adults, veterans, youth and children.

Terri explained that intakes and assessments comprise the initial visit, which does not include interaction with horses. Once treatment goals are identified, then consumers move to the arena to interact with the horses and work toward treatment goals. Consumers do not ride horses as part of their therapy.

Fran and Terri shared that horses provide nonjudgmental responses. Clients can draw metaphors from their interactions with the horses and the therapeutic conversations center on the horse's behavior, as opposed to the consumers, which can help clients to be open with their feedback. The hands-on experience lends to shorter program duration and problem-solving skills for application in day-to-day life.

### **D.A.R.T. Report:**

Brittany Pursifull with Preferred reported the taskforce will meet later in the morning to advance planning for the May 17 mud volleyball tournament to be held at the Lincoln County Fairgrounds. The tournament is open to Lincoln County middle and high school students at no cost, promoting safe and sober recreational opportunities for our youth. Ms. Pursifull also reported that D.A.R.T. and the Lincoln County Drug Court Foundation are collaborating to bring the Awakening Project to Lincoln County students next fall, targeting grades 5, 6, 7 and 8, and will follow the program with a teen drug summit in the spring. The two nonprofits are working together to secure a grant from Toyota Bodine to fund the Awakening Project. D.A.R.T. is also planning to have a presence at all open houses this August.

### **Old Business:**

None

### **New Business:**

#### School-based Survey Assessments

Ms. Winchester reported that the end-of-year, school-based assessment survey has been issued to all Lincoln County public school districts and to our parochial schools. The survey will include some components to support our 2017 needs assessment, including evaluation of community indicators. The LCRB has asked for schools to return the surveys by May 26 to provide Dr. Berry time to complete the analysis in advance of the 2017 Selection & Review committee proceedings.

#### Toyota Bodine Grant Application

Ms. Winchester reported that she is finalizing the LCRB's grant submission this week, requesting funding to cover expenses associated with the LCRB's Legislative Summit and Mobile Outreach Tour. At this time, Ms. Winchester is considering a trauma-based focus for four participants.

#### Elsberry Growth Association

Ms. Winchester reported that the Elsberry Growth Association asked the LCRB to join the association. Board members responded to table the request, citing time to better understand the function of the association and its correlation to advancing the LCRB mission/objectives.

### **Executive Director's Report:**

Ms. Winchester reported she:

- 2017 spring provider audits are nearly complete. At this time, no billing discrepancies have been found. Spring audits should conclude next month.
- Met with Dr. Berry to initiate planning and development of the 2017 Needs Assessment.
- The Early Childhood Taskforce met and is advancing plans for the inaugural Mother's Tea scheduled for May 13.
- Managed a LCRB booth at the Lincoln County "Out of the Darkness" suicide awareness/prevention walk.
- Will hold the spring All Agency meeting following the May 24 board meeting.

**Committee Reports:**

- A. Finance Committee: David Thompson reported the committee will continue to monitor sales tax closely. At this time, it seems the March downturn is not indicative of a broader economic trend.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: Kathy Boessen asked committee members to gather after next month's board meeting to look at calendars and set some tentative meeting dates for September's proposal review.

**Comments for the Good:**

Ms. Winchester announced that New Horizons High School has a student who will graduate in May and is actively seeking local employment. She asked for leads to route to his guidance counselor.

Laura Cook with The Child Center announced that the agency will host its annual One with Courage gala and fundraiser on Saturday.

Kathy Boessen shared that she has a friend who is looking for volunteer opportunities.

**Adjournment:** The meeting was adjourned at 9:02 a.m. by Melba Houston (*M.S.P. Busekrus, Price*)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, May 24, at the Lincoln County Health Department, #5 Health Department Dr, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director