



Meeting Call to Order: The meeting was called to order at 8:04 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), David Thompson, Barb Wehde, Dr. Michele Neblock, Jim Price, Rod Barnhill, Adam Burkemper, Margie Beckmann, Kristin Gentry, Kathy Boessen and Cheri Winchester (Executive Director)

Absent: Dan Busekrus, Christine Heintzeman, Nancy Behlmann and Glenda Fitzgerald

Guests: Brittany Pursifull (PFH), Kelly Broeker (PFH), Cindy Jones (PFH), Laura Cook (TCC), Amy Robins (TCC), Michelle Ritter (SJA), Vicky Walker (CHC), Christine Petty (CHC), Laura Bickford (FACT), Lauri Cross-Fink (CFS), Terri Roche (Arise Equine Therapy) and Fran Natoli (Arise Equine Therapy)

Approval of Minutes: *A motion was made to approve the minutes of the August 24, 2016, meeting. (M.S.P.: Boessen, Beckmann)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of August 31, 2016
- Profit & Loss Budget vs. Actual August 31, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 9-27-2016 was \$50,000.00 in the Main Account and \$96,575.41 in the Money Market Account for a total balance of **\$146,575.41**.

The Balance Sheet as of August 31, 2016, showed \$6,302.30 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$102,985.89.

A total of \$84,329.09 was received in August 2016 (90.35% of monthly budget) and a total of \$87,176.82 (87.81% of monthly budget) was paid out in expenditures, resulting in net income of -\$2,847.73.

The August 2016 sales tax revenue (deposited on 9-6-2016) was \$135,173.91 (\$13,802.61 or 11.37% more than August 2015).

In September 2016, \$84,970.94 was paid to our providers. The 2016 contract balance totaled \$339,953.10. The usage rate of our contracted services through August 31, 2016, was 72.50%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Boessen)

Correspondence & Announcements:

Cheri Winchester extended invitations to the board members to attend the Crisis Nursery Wentzville's 8th birthday celebration held on September 29; a site visit to Arise Equine Therapy, where youth from Lincoln County are receiving equine-based psychotherapy through private pay and collaborations with LCRB-funded providers; and the Lincoln County Domestic Violence Taskforce Candlelight Vigil event.

Ms. Winchester also routed the September 6 issue of the *Lincoln County Journal*, which featured a front-page article "Programs reach 5,000 in six months," highlighting the LCRB's mid-year provider reports. The Journal edition also featured coverage of Sts. Joachim & Ann Care Service and its recent grant awarded by Toyota Bodine.

Provider Brief: Vicky Walker with Crider Health Center thanked the board for its commitment to meeting the mental health needs of Lincoln County children and youth. Ms. Walker provided an overview of the Crider School-based Mental Health Specialist and Partnership with Families programs. The programs provide specialized mental health services in the schools and in the home, based on the child's needs. Mental Health Specialists and Integrated Health Specialists work to create a team with the school staff, family and other community/family resources to support and improve child functioning and create connections between home, school and community. Crider workers use therapeutic interventions and link families to community resources when needed, as well as provide mental health consultation and training to the school staff and families. Ms. Walker also shared success stories, including a youth and caregiver who achieved healthy behaviors that support the youth's success at school and at home. Ms. Walker said that oftentimes Crider workers will make referrals to F.A.C.T. for Parent Support Partner services, which is part of the larger Partnership with Families program. Laura Bickford from F.A.C.T. said she has been with the agency for 14 years and attributes the Parent Support Partner program's success to its peer-support model, where each F.A.C.T. worker has her/his own experiences with raising a child with a mental challenge or disorder. Ms. Bickford said the personal experiences help families to open up with their Lincoln County F.A.C.T. worker, Angela Mitchell, to help them address the root cause of the challenges they are facing. Currently, Ms. Mitchell is serving 45 local families, educating and empowering them to use their own voice to advocate for their children's needs. Last, Christine Petty with Crider spoke about the Pinocchio program, currently offered at Sacred Heart and Immaculate Conception. The program provides screening and early intervention services for students kindergarten through third grade. Pinocchio addresses early to mild and moderate needs, working with students individually or in small groups on building identified skills, which can range from improved socialization to managing emotions and impulses. The program partners with parents and teachers to achieve positive student outcomes from the classroom to the playground and at home.

D.A.R.T. Report:

Brittany Pursifull reported D.A.R.T.'s 5th Annual Addiction Awareness Rally held on Sept. 17 attracted approximately 149 attendees, making it the largest rally D.A.R.T. has held. The event, held on the Cannon Companies parking lot at the corner of Highway 47 and Lincoln Drive, featured several speakers, including individuals who are in recovery, Juan Wilson and Lincoln County Prosecuting Attorney Leah Askey. The rally also offered kids' activities, providers with resource tables and a balloon release to honor lives lost. The event is held in conjunction with the Doug Geiger family to honor their son, brother and father and to prevent future deaths from addiction. D.A.R.T. will reconvene later this morning, at 9:30 a.m. at the Troy Police Department, to discuss future activities and St. Charles County's new drug monitoring program and its implications for Lincoln County.

Old Business:

Lincoln County Legislative Summit & Mobile Outreach Tour

Ms. Winchester reported the November 3 summit will begin with a kick-off gathering at the Health Department followed by a mobile engagement tour with planned stops to include the Crisis Nursery Wentzville, The Child Center and Main Street Elementary in Troy to see some of our school-based providers, including Crider Health Center, Preferred Family Healthcare and Presbyterian Children's Homes and Services. Ms. Winchester has mailed save the date postcards. Providers who are not scheduled for the tour, due to time constraints, will have opportunities to share their programs with attendees using a portable PA system provided on the coach.

Children's Trust Fund Status

Kristin Gentry reported that the Children's Trust Fund did not receive any Lincoln County applicants following the Lincoln County Resource Board's contract with the fund, which concluded at the end of June. Ms. Gentry encouraged interested providers to conduct outreach to the Children's Trust Fund regarding the Lincoln County allocation.

New Business:

Recommendations for 2017 Funding

Ms. Kathy Boessen, Selection and Review Committee chair, reviewed the committee's proposed 2017 program funding allocations. She reported that the committee conducted a diligent review of the proposals, referring to the needs assessment, school assessment surveys, program utilization and available budget, to recommend prudent allocations to address timely mental health needs among our students and families. Ms. Boessen presented the Selection and Review Committee's recommendation to fund approximately \$1,208,377.00 for contract year 2017 programs and services, allowing for a minor variance to account for unit cost contractual adjustments.

A motion was made to recommend that the LCRB Trustees approve the proposed 2017 funding recommendations as printed, allowing for a minor variance to account for unit cost contractual adjustments. (M.S.P.: Boessen, Thompson)

Supplemental Funding

Ms. Winchester reported that she has routed the LCRB supplemental funding requests to the board for consideration against our current financial status. Once the board has rendered its decision, she will contact providers regarding funding status.

Board members reviewed the supplemental requests presented at Finance Committee and sent via email. The board considered the timely needs against the current financial status of the LCRB, where expenses are outpacing revenues; the limited reserve fund; and the long-term viability of the fund to meet consumer and taxpayer obligations.

A motion was made to not issue supplemental funding at this time citing insufficient funds to meet the financial requests. (M.S.P.: Thompson, Price)

Executive Director's Report:

Ms. Winchester reported she:

- Earned front-page coverage of the LCRB mid-year provider reports in the September 6 issue of the *Lincoln County Journal* with the story "Programs reach 5,000 in six months."
- Helped facilitate support to meet consumer needs, including addressing requests for grief support in Winfield, clinical groups at the Troy Middle/Troy South schools, trauma training at William Cappel Elementary, Youth Behavioral Health Liaison for homeless student and other needs.
- Presented to the Crisis Nursery advisory board at its September meeting regarding the Nursery's partnership with the LCRB.
- Scheduled a meeting with new Silex guidance counselor to review LCRB-funded programs and establish rapport.
- Facilitated the September Early Childhood Taskforce meeting and worked to coordinate a taskforce meeting with Mercy Hospital Lincoln.
- Coordinated Troy Buchanan High School and Ninth Grade Center interagency meetings for the 2016-17 school year.
- Will hold the fall All Agency meeting following the October 26 board meeting.

Committee Reports:

- A. Finance Committee: David Thompson reported that expenses continue to outpace revenues at this time.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

None

Adjournment: The meeting was adjourned at 8:59 a.m. by Melba Houston. *(M.S.P. Thompson; Price)*

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, Oct. 26, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director