



Meeting Call to Order: The meeting was called to order at 8:07 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), David Thompson, Christine Heintzelman, Glenda Fitzgerald and Cheri Winchester (Executive Director)

Absent: Margie Beckmann, Rod Barnhill, Kristin Gentry, Nancy Behlmann, Dan Busekrus, Dr. Michele Neblock, Adam Burkemper, Jim Price, Kathy Boessen and Barb Wehde

Guests: Kelly Broeker (PFH), Chris Lewis (Bridgeway), Michelle Stille (TCC), Amy Robins (TCC), Vicky Walker (CHC), Michelle Ritter (SJA), Kimberly Hewlett (SJA), Nicole Dulle (CNW), Courtney Stribler (CNW intern), Juvuagh Baker (ThriVe) and Terry Roche (Arise Equine Therapy Foundation)

Approval of Minutes: *A motion was made to approve the minutes of the February 24, 2016, meeting. (M.S.P.: Thompson, Fitzgerald)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of February 29, 2016
- Profit & Loss Budget vs. Actual February 29, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 3-22-2016 was \$50,000.00 in the Main Account and \$127,391.31 in the Money Market Account for a total balance of **\$177,391.31**.

The Balance Sheet as of February 29, 2016, shows \$13,244.73 in the prepaid tax match fund and \$102,000 in the LCRB Reserve Fund. Assets and equity are in balance at \$145,598.12.

A total of \$82,177.69 was received in February 2016 (88.04% of the monthly budget) and a total of \$124,059.29 (124.96% of monthly budget) was paid out in expenditures, resulting in net income of -\$41,881.60.

The February 2016 sales tax revenue (deposited on 3-7-2016) was \$115,896.30 (\$12,626.32 or 12.23% more than February 2015).

In March 2016, \$121,161.01 was paid to our providers for February services. The outstanding 2016 contract commitment is \$928,780.33. The usage rate of our contracted services through February 29, 2016, is 21.54%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Thompson, Heintzelman)

Correspondence & Announcements:

Cheri Winchester announced that The Child Center will honor the Lincoln County Resource Board as its "Partner of the Year" at its Third Annual One with Courage Gala on Saturday, May 7 at the Wine Country Gardens in Defiance, Mo., beginning at 6 p.m. Ms. Winchester encouraged board members to attend.

Provider Brief: Crisis Nursery Wentzville

Nicole Dulle, family empowerment social worker, reviewed the nursery's core offerings for Lincoln County children and their families, including respite care services, a help line that's open 24/7 and the family empowerment program. Ms. Dulle explained that the crises are varied among the families they serve. The nursery's family empowerment program offers

long-term support for a growing number of families from Lincoln County. Families can participate in family empowerment regardless if they have or had used the nursery's respite care services. The in-home program works to strengthen the family unit to prevent child abuse and neglect. Nicole provides in-home developmental assessments for children, ages birth to three years. In addition, this program provides age-appropriate toys, books and videos to further a child's development and offers parent support groups, parent-child outings and additional events.

The nursery is now offering Nurturing Parenting, a 12-session parenting skills curriculum offered at no cost to Lincoln County (and surrounding counties) families.

Ms. Dulle also announced that the nursery will host a donation day, offering clothing, toys and other items to local families at no cost. A flyer will follow with event details to promote and share with local families.

D.A.R.T. Report:

Kelly Broeker reported D.A.R.T. is focusing on education and awareness initiatives, including securing permission to place information regarding heroin use and relevant statistics on the billboard outside Troy City Hall and coordinating a meeting with local physicians regarding collaborations to increase awareness of prescription drug abuse. D.A.R.T. will also host a mud volleyball tournament for Lincoln County youth on Thursday, May 26. The coalition will reconvene on March 30 at 9:30 a.m. at the Troy Police Department.

Children's Trust Fund Report:

No report

Old Business:

2015 Annual Report

Ms. Winchester routed the completed *2015 LCRB Annual Report to Community*. The report is now available on the LCRB website and will be shared with the Lincoln County Commissioners during our presentation on March 29. Ms. Winchester will also circulate the reports among community members, referral sources and via LCRB social media channels.

Dr. Cynthia Berry Survey Project

Ms. Winchester has been working with Dr. Berry to formulate questions for the school survey. They are currently revising a preliminary draft, which will be shared with Selection & Review Chair Kathy Boessen for review/edits and then shared broadly with the LCRB board.

New Business:

LCRB's 10th Anniversary/Legislative Summit

Ms. Winchester shared initial plans to commemorate the LCRB's 10th anniversary in conjunction with the 2nd Annual LCRB-D.A.R.T. Legislative Summit. Preliminary plans include offering a mobile tour for our policymakers and local leadership to meet and engage with LCRB-funded providers, referral sources, e.g., local guidance counselor, and, possibly, a consumer or parent. Ms. Winchester asked board members and providers who are interested in participating in the 2016 summit's planning to contact her directly. Ms. Winchester will submit a grant application again to cover the event's costs.

Executive Director's Report:

Ms. Winchester reported:

- Invited participants to attend and/or promote the April 23 Youth Mental Health First Aid (YMHFA) Community Training offered at Harvester Christian Church in Troy. Ms. Winchester asked providers to participate in the event's mental resource fair, which will be held during the YMHFA's lunch break, and noted scholarship availability for consumers who can't afford the training fee.
- She is working through Preferred Family Healthcare to coordinate trauma-informed school trainings with R-III schools that have expressed interest in the presentation. The trainings will fall under established 2016 prevention and outreach budgets.
- April's commemoration as National Child Abuse Prevention Month will offer opportunities to create awareness of issues and LCRB-funded services and programs through the *Lincoln County Journal* and social media channels.
- Spring audits will commence next month for completion in May.
- Plans to hold the all agency meeting following the May 25 board meeting to plan our coordinated open house presence this August and discuss opportunities with the 2016 Legislative Summit.

Committee Reports:

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

Kelly Broeker with Preferred Family Healthcare invited guests to attend their free HOPEfest, scheduled for April 30 at Morning Star Church in Dardenne Prairie. The event will feature a walk and remembrance, horses from Arise Equine Therapy and more.

Board member Glenda Fitzgerald shared information about a community initiative that partners with local retired senior citizens to rock babies at daycare facilities, reminding members to look for opportunities to connect our senior community with our youth for shared health benefits.

Michelle Stille with The Child Center announced their 12th Annual Midwest Justice for Children Conference will be held Sept. 13 through 16 at the St. Charles Convention Center. Registration is open online with continuing education credits available.

Adjournment: The meeting was adjourned at 8:55 a.m. by Melba Houston. (M.S.P. Thompson; Heintzelman)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, April 27, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director