



Meeting Call to Order: The meeting was called to order at 8:05 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Margie Beckmann, Rod Barnhill, Nancy Behlmann, David Thompson, Dan Busekrus, Kristin Gentry, and Cheri Winchester (Executive Director)

Absent: Jim Price, Christine Heintzelman, Adam Burkemper, Glenda Fitzgerald, Dr. Michele Neblock, Barb Wehde and Kathy Boessen

Guests: Jim Wallis (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Michelle Stille (TCC), Amy Robins (TCC), Vicky Walker (CHC), Mark Grzeskowiak (PCHAS), Lauri Cross-Fink (CFS), Sherry Saunders (SJA), Kimberly Hewlett (SJA), Angie Range (CAE), Tina Clayton (Bridgeway Behavioral Health), Chelsea Wire (Bridgeway Behavioral Health), Mary Kay Kunz (Mercy Hospital Lincoln) and Terry Roche (Arise Equine Therapy Foundation)

Approval of Minutes: *A motion was made to approve the minutes of the January 27, 2016, meeting. (M.S.P.: Beckmann, Gentry)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of January 31, 2016
- Profit & Loss Budget vs. Actual January 31, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 2-23-2016 was \$50,000.00 in the Main Account and \$145,754.26 in the Money Market Account for a total balance of **\$195,754.26**.

The Balance Sheet as of January 31, 2016, showed \$15,902.07 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$187,479.72.

A total of \$105,929.89 was received in January 2016 (113.49% of monthly budget) and a total of \$87,428.62 (87.66% of monthly budget) was paid out in expenditures, resulting in net income of \$18,501.27.

The January 2016 sales tax revenue (deposited on 2-5-2016) was \$81,639.86 (\$1,756.30 or 2.20% more than January 2015).

In February 2016, \$118,422.72 was paid to our providers. The 2016 contract balance totaled \$1,049,941.34. The usage rate of our contracted services through January 31, 2016, was 11.50%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Thompson, Barnhill)

Correspondence & Announcements:

- Cheri Winchester routed front-page coverage of the LCRB in the February 16 edition of the *Lincoln County Journal* with the story "Resource Board funding \$1.1 million for children's services."

Provider Brief: Center for Autism Education

Angie Range, clinic director, provided an overview of the agency, which offers services to local school districts serving students with challenging behaviors, an adult day program and in-home services. This year, the LCRB is funding the center's IMPACT program, an offshoot of its inaugural Rage to Reason program, which provides individualized services to families whose children exhibit behavioral challenges and explosive behaviors. The program is designed for children and

youth, up to age 18, and their families. Criteria include a mental health diagnosis but, because behavioral challenges extend beyond children with autism, an autism diagnosis is not a requirement. IMPACT provides families with an assessment of the child's needs and then the program is built around the identified and individualized needs of the child, with services including hands-on instruction to help de-escalate explosive behaviors and improve compliance, role playing and modeling, and in-home support to ensure strategies are properly implemented. The LCRB funding will support two Lincoln County youth to participate in the program. Thus far, the agency has received two referrals from F.A.C.T. but they are awaiting parental consents. Last year, the St. Charles Community and Children's Resource Board (CCRB) allocated funding to support seven individuals with in-home services. In 2016, they doubled the number of children its funding would support to 14 youth.

D.A.R.T. Report:

Brittany Pursifull reported D.A.R.T. held its large group meeting last month with focus on increasing the coalition's membership and educating the local medical community about prescription drug abuse through trainings and informational pieces. D.A.R.T. will reconvene today at 9:30 a.m. at the Troy Police Department.

Children's Trust Fund Report:

Kristin Gentry reported she reached out to the Lincoln County school districts to assess/confirm needs as nearly all of the contract dollars were allocated. New Horizons Alternative High Schools reported it was currently not using the Reality Babies, which have since been collected for re-allocation. After the meeting, Bridgeway Behavioral Health will accept their donated Reality Babies for their local outreach and education efforts.

Old Business:

CHADS Coalition, Troy Middle School Presentations

Ms. Winchester reported that 171 Troy Middle School 7th graders participated in the CHADS Coalition "Signs of Suicide" program. The program resulted in four immediate student referrals, made on behalf of themselves or a friend, followed by 19 additional referrals for a total of 23 students seeking support and resources or 13.5 percent of the students who participated.

Michelle Stille with The Child Center reported that their agency received a referral from a student who came forward with suicidal ideations. The student disclosed sexual abuse after participating in the CHADS program and is now receiving needed services.

Dan Busekrus added that Troy Middle School principal Dr. Kelly Briscoe presented to the Lincoln County R-III School Board regarding the prevention program and expressed her gratitude for the CHADS Coalition program and the information it provided to their students.

Dr. Cynthia Berry Proposal

Ms. Winchester reviewed the proposal from Dr. Cynthia Berry, which she sent to the board members electronically in advance of the meeting. The proposal calls for creating and conducting systematic surveys with LCRB referral sources, particularly our schools districts to begin the process, and assessment/refinement of the LCRB request for funding proposal. Ms. Winchester outlined the need for such research to support informed decision making with regards to future funding allocations and efforts to meet the evolving needs of consumers.

A motion was made to accept Dr. Cynthia Berry's proposal to perform the research functions as outlined and per the associated costs. (M.S.P.: Thompson, Barnhill)

New Business:

Annual Report of Services

Ms. Winchester reported that she has received the 2015 provider annual reports of services and will route the outcomes and findings to the board in the coming days. She will share the outcomes with the community via communications channels, including the *Lincoln County Journal* and LCRB social media feeds.

Executive Director's Report:

Ms. Winchester reported:

- There will be a special Youth Mental Health First Aid Community Training offered on Saturday, April 23 at Harvester Christian Church in Troy. The organizers are planning to run three concurrent sessions in an effort to train 90 Lincoln County residents in one day. The training will target members of our faith-based community but all Lincoln County residents who have, volunteer or work with our youth are encouraged to attend. The trainings are free for staff and parents of the R-III School District as a result of a SAMHSA grant and \$75 for individuals not affiliated with R-III.

David Thompson expressed an interest in providing scholarships to individuals who wish to attend but can't afford the \$75 fee. He said between the LCRB and his bank, Peoples Bank & Trust, there would be monies to support this critical training.

- She attended a meeting at the Missouri Foundation for Health regarding the federal Excellence in Mental Health Act. At this time, Missouri has secured a planning grant. There was discussion regarding the potential role Missouri's Children's Services Funds could play to leverage resources and bring more children and families into care.
- Crider Health Center, Preferred Family Healthcare and the Youth Behavioral Health Liaison participated in its first Troy High School staffing last week to offer dedicated time for high school counselors to help them navigate services for students in crisis. She also noted that Preferred and Crider are working to provide on-site support and coverage for high school counselors to assist with crisis interventions.
- She is working with Dr. Kevin Conner, regarding an initiative to create trauma-informed schools. Trauma trainings could be provided by LCRB providers as part of their 2016 prevention and outreach budgets.
- She attended the February Fostering Court Improvements meeting where the participants are working to provide sexual abuse prevention outreach to at-risk families.
- She will begin scheduling spring provider audits.

Committee Reports:

- A. Finance Committee: Mr. Thompson reported that while the county's sales tax revenues continue to grow, he's keeping a close eye on a looming agriculture industry crisis that could affect overall consumerism in terms of spending and demand for mental health services.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

Michelle Stille with The Child Center shared another successful referral that emanated from the agency's prevention program, where the child made a disclosure after learning that you should tell a trusted adult even if you are scared. Also, the school counselor had received the agency's mandated reporter training; thus, the referral and intervention process was efficient with the child and family receiving services and the perpetrator in custody within 24 hours.

Adjournment: The meeting was adjourned at 9:05 a.m. by Melba Houston. (M.S.P. Busekrus; Barnhill)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, March 23, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director