



Meeting Call to Order: The meeting was called to order at 8:08 a.m. by Melba Houston, chairman.

Roll Call and Introduction of Guests: The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Christine Heintzelman, Margie Beckmann, Kristin Gentry, Kathy Boessen, Nancy Behlmann, Glenda Fitzgerald and Cheri Winchester (Executive Director)

Absent: David Thompson, Dan Busekrus, Barb Wehde, Dr. Michele Neblock, Jim Price, Rod Barnhill and Adam Burkemper

Guests: Brittany Pursifull (PFH), Kelly Broeker (PFH), Cindy Jones (PFH), Chris Lewis (The Farm), Maggie Wiber (TCC), Kimberly Hewlett (SJA), Michelle Ritter (SJA), Sherry Saunders (SJA), Linda Yates (SJA), Vicky Walker (CHC), Laura Bickford (FACT), Lindsey Zeiler (ThriVe), Sandra Barker (CFS), Lauri Cross-Fink (CFS), Lori Weber (CFS) and Terri Roche (Arise Equine Therapy)

Approval of Minutes: *A motion was made to approve the minutes of the June 27, 2016, meeting. (M.S.P.: Gentry, Heintzelman)*

Monthly Financial Report:

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of June 30, 2016
- Profit & Loss Budget vs. Actual June 30, 2016
- Sales Tax History from 2015 to Present
- LCRB 2016 Funding Summary
- LCRB 2016 Schedule of Units

The balance of the Peoples Bank & Trust account on 7-26-2016 was \$98,769.55 in the Main Account and \$93,185.50 in the Money Market Account for a total balance of **\$191,955.05**.

The Balance Sheet as of June 30, 2016, showed \$7,096.50 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$87,674.36.

A total of \$127,817.87 was received in June 2016 (136.94% of monthly budget) and a total of \$118,522.87 (119.37% of monthly budget) was paid out in expenditures, resulting in net income of \$9,295.00.

The June 2016 sales tax revenue (deposited on 7-6-2016) was \$114,323.47 (\$2,456.59 or 2.20% more than June 2015).

In July 2016, \$86,551.64 was paid to our providers. The 2016 contract balance totaled \$503,104.91. The usage rate of our contracted services through June 30, 2016, was 60.20%.

A motion was made to file the financial report for audit as presented. (M.S.P.: Heintzelman, Fitzgerald)

Correspondence & Announcements:

Cheri Winchester extended an invitation to all providers and the board to attend the Aug. 2 System of Care training, to be provided by Katrina McDonald of Crider Health Center and Denise Gould of F.A.C.T. The meeting will take place from 11 a.m. to noon at the Troy R-III School District's Board of Education Room.

On behalf of the Lincoln County Health Department, Ms. Winchester also extended an invite to guests to attend a Missouri Sunshine Law training presented by Tom Durkin, Public Education Director with Attorney General Chris Koster's office, on Wed., Sept. 28 at 10 a.m. at the Lincoln County Health Department.

Ms. Winchester also routed the July 5 edition of the *Lincoln County Journal*, featuring the article "D.A.R.T. hosts mud volleyball tournament, over 100 area youth turn out for the fun."

Provider Brief: Laurie Cross-Fink thanked the board for its continuity of service and for supporting Catholic Family Services' (CFS) work to help more than 800 Lincoln County kids. Ms. Cross-Fink shared how the agency has evolved to keep pace with local mental health needs, including providing more trauma care and education for adjustment disorders to opening the office on Saturdays with expanded staff. Saundra Barker, chief program director, further addressed CFS' trauma-informed care, which is currently not funded by the LCRB. CFS offers trauma groups for all schools, including recent training at Troy Buchanan High School. With the training, CFS staff educates teachers on how to work with traumatized students and the agency itself has a three-year strategic plan for becoming a fully trauma-informed agency, training all levels of staff. Lori Weber addressed CFS' clinical groups, which allows for CFS staff to offer mobilized care, reaching students wherever they are (schools, etc.) for treatment. CFS has offered the following clinical groups in Lincoln County: grief, parenting, anxiety and prevention-based groups. This year, CFS provided First Baptist Christian Academy with its bullying prevention program, teaching resiliency, peer support and other necessary skills. CFS also offered its fourth grade BrainWise program at all three Catholic schools to promote critical thinking skills.

D.A.R.T. Report:

Brittany Pursifull reported D.A.R.T. will meet later this morning to work on plans for the Sept. 17 Addiction Awareness Rally to be held on the Cannon Companies' parking lot at the corner of Highway 47 and Lincoln Drive. The event will take place from 11 a.m. to 1 p.m., featuring several speakers, activities for kids, providers with resource tables and a balloon release to honor lives lost. The event is held in conjunction with the Doug Geiger family to honor their son, brother and father and to prevent futures deaths from addiction.

Old Business:

Dr. Cynthia Berry Project Updates

Ms. Winchester reported that the school assessment survey is completed. She routed a preliminary report of findings and said Dr. Berry is working to complete the report and her analysis by the first week of August to support the 2017 Selection & Review application process.

Early Childhood Taskforce

Ms. Winchester reported that the taskforce met on July 21 and is working to create an awareness flyer for distribution at upcoming school open houses; a case management pilot project targeting five fragile families to provide weekly "touches" from providers, referrals and timely support; and is planning to host local pediatrician Dr. James Bockhorst at an upcoming meeting to discuss collaborative opportunities to engage and educate local families on infant mental health.

Margie Beckmann reported that the Women, Infant and Children Program (WIC) has launched a pilot program in Missouri (currently, the program won't formally be offered in Lincoln County). The program calls for the creation of a resource checklist as part of the WIC assessment process to ensure every child's needs are addressed. Ms. Beckmann said she will share the list with the taskforce upon receipt.

Ms. Winchester also extended an invitation from taskforce member and Early Childhood Education Center Director Kelly Groeber for providers to participate in the Aug. 12 Parents as Teachers resource fair. The resource fair will be held on the childhood center's parking lot from 4-7 p.m.

New Business:

LCRB 2017 Administrative and General Budgets Review

- Ms. Winchester reviewed proposed 2017 LCRB budgets, offering board members two sales tax projections based on the finance committee's direction and trend analyses. Ms. Winchester reported that at the July finance committee meeting, members considered the board's long-term sustainability against high program utilization, factoring in a slower paced growth than experienced thus far in 2016. She said the finance committee recommended a 2 percent sales tax growth rate for 2017 for full board consideration. Board members were encouraged to closely review and consider the budgets for a board vote at the August meeting.

Executive Director's Report:

Ms. Winchester reported she:

- Attended the July meeting of the children's services funds regional directors in Boone County. At the meeting, Boone County Director Kelly Wallis provided an update from a meeting we held previously with Brian Kinkade, Missouri

Department of Family Services (DFS). Based on our meeting, DFS is hiring a consultant to identify ways the department can better leverage our children's services funds. DFS will conduct meetings with the local funds to identify needs and opportunities, such as providing families with waivers for services if their children receive care through a children's services fund program, for example.

- Corresponded with Charles Montgomery, CPA, who says he'll have the LCRB's 2015 audit completed this week.
- Will look for the completed 2016 mid-year service reports by Fri., July 29.
- Is finalizing the LCRB open house spreadsheet so that we can confirm attendance plans with schools by the first week of August.
- Has spoken with Representative Randy Pietzman, Zach Monroe, from Senator Jeanie Riddle's office, and Charla Whalen-Mueller with Toyota Bodine to advance plans for the 2016 Legislative Summit and LCRB Anniversary. Preliminary plans include a morning event to be held the end of October or first week in November where participants will travel by coach to LCRB-funded providers where our legislative leaders can experience our programs and services first hand and engage directly with service providers. The event will culminate with a luncheon to honor the LCRB's 10th anniversary and our local children's mental health advocates. Ms. Winchester passed along a request from Zach Monroe that we present specific legislative asks at the event.

Committee Reports:

- A. Finance Committee: No report.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: No report.

Comments for the Good:

Kimberly Hewlett with Sts. Joachim & Ann Care Service reported the new executive director, Jack Lipin, has assumed official duties and plans to attend the LCRB's August board meeting.

Adjournment: The meeting was adjourned at 9:25 a.m. by Melba Houston. (*M.S.P. Fitzgerald; Heintzelman*)

Next Meeting: The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, Aug. 24, 2016, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director