



**Meeting Call to Order:** The meeting was called to order at 8:05 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

Present: Melba Houston (Chairman), Margie Beckmann, Glenda Fitzgerald, Rod Barnhill, Kathy Boessen, Kristin Gentry, Barb Wehde, Dan Busekrus and Cheri Winchester (Executive Director)

Absent: David Thompson, Christine Heintzelman, Jim Price, Adam Burkemper, Nancy Behlmann and Dr. Michele Neblock

Guests: Kelly Broeker (PFH), Beth Sailors (PFH), Sabrina Kuznecoff (TCC), Vicky Walker (CHC), Stefanie Moon (SJA), Kimberly Hewlett (SJA), Meghan Henkelman (SJA), Lauri Cross-Fink (CFS), Heather Lytle (FACT), Renee Headrick (LCHD), Joy Maxwell (ThriVe), Juvaughn Baker (ThriVe), Lydia Vaughan (ThriVe), Cheryl Schorr (Mercy Neighborhood Ministry), Kristen Montgomery (LCRB Volunteer) and Susan Hakenewerth.

**Approval of Minutes:** *A motion was made to approve the minutes of the May 27, 2015, meeting. (M.S.P.: Boessen, Fitzgerald)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of May 31, 2015
- Profit & Loss Budget vs. Actual May 31, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 6-23-2015 was \$73,793.28 in the Main Account and \$123,292.31 in the Money Market Account for a total balance of **\$197,085.59**.

The Balance Sheet as of May 31, 2015, showed \$17,194.10 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$122,808.10.

A total of \$73,384.44 was received in May 2015 (86.24% of monthly budget) and a total of \$130,513.95 (118.99% of monthly budget) was paid out in expenditures, resulting in net income of -\$57,129.51.

The May 2015 sales tax revenue (deposited on 6-5-2015) was \$120,422.60 (\$24,124.80 or 25.05% more than May 2014).

In June 2015, \$93,746.11 was paid to our providers for May services. The 2015 contract balance totals \$656,263.95. The usage rate of our contracted services through May 31, 2015, was 43.08%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Barnhill, Beckmann)*

#### **Correspondence & Announcements:**

- Ms. Winchester announced:
  - The next Youth Mental Health First Aid Lincoln County training session will be held via two sessions at the Lincoln County R-III Central Office on Tuesday, June 30 from 4 to 8 p.m. and on Thursday, July 2 from 4 to 8 p.m. To earn certifications, participants must attend both sessions. The training is open to the community and providers for a cost of \$75 or free for parents of Lincoln County R-III students.

**Community Provider Brief, ThriVe Best Choice Program:** Joy Maxwell, Juvaughn Baker and Lydia Vaughan provided an overview of the Best Choice sexual integrity program, which is offered to middle and high school students. The program provides science-based curriculum designed to empower students to make healthy choices and choose abstinence. The program is based on the theory of planned behavior, which links beliefs to behaviors. ThriVe issues a pre- and post-survey to gauge student impact, which is formally evaluated based on the following three measures: 1. Reinforcement of the parent or guardian role to increase communications and engagement; 2. Provide information; 3. Encourage abstinence until marriage. ThriVe's school educators address how sexual activity affects the whole person and offers information to students so they may protect their bodies, physical and mental health. Baker and Vaughan demonstrated the classroom bonding activity; discussed how they emphasize hope and re-commitment to abstinence; and discussed ways they encourage students to demonstrate love without engaging in risky behaviors. ThriVe currently offers the Best Choice program to the Silex and Winfield middle and high schools and to New Horizons Alternative High School for Troy R-III. The programs are delivered in one-hour classroom increments for four consecutive days and the material is age-appropriate per grade level. Schools have the right to preview and tailor content to meet school policies and needs.

#### **D.A.R.T. Report:**

Beth Sailors reported D.A.R.T. met earlier this month with key coalition members, NCADA and the National Guard to review the coalition's strategy and priorities, working to confirm whether the coalition will maintain its focus on prescription drug abuse or address other timely issues, such as meth and specifically "Ice," which is on the rise in Lincoln County. This fall, the coalition will issue another in-school survey to confirm student needs and D.A.R.T.'s impact. The survey will go to the county's students in 6<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grades. Coalition members also are working on a "menu of services," a one-page overview of available in-school prevention programs, for the school districts to work from.

**Children's Trust Fund Report:** No report

#### **Old Business:**

##### Legislative Update

Ms. Winchester reported Senate Bill 341, which includes House Bill 1045 language protecting county voters and their intentions with local tax funding for children's mental health services, is on Governor Nixon's desk to sign. The legislation will become law, with or without Governor Nixon's signature, by mid-July unless he vetoes the bill, which is not expected.

Ms. Winchester also reported that the LCRB, in partnership with D.A.R.T., will host a Lincoln County legislative summit in early November. Plans are underway and providers are asked to submit legislative needs/priorities to the LCRB.

##### GSK Impact Grant Update: Kiwanis Park

Melba Houston reported that the Lincoln County collaborative GSK Impact Grant Submission, which included the LCRB as a collaborative partner for mental health-focused amenities, was not selected to move forward in the grant process. Grant administrators said the Lincoln County letter of intent was excellent, but they were not looking to fund capital projects. The collaborative partners will look for additional funding opportunities.

#### **New Business:**

##### Open Houses: Video, On-site Support/Strategy

Ms. Winchester reported the LCRB awareness video is underway, with shoots scheduled for June 25 at the Crisis Nursery Wentzville, June 26 at The Child Center and a shoot to be determined at the McCoy Family Farm in Silex to highlight the therapeutic mentoring program. The video will work to demonstrate the variety and depth of LCRB-funded programs and address stigma associated with mental health.

Ms. Winchester circulated an Excel spreadsheet denoting provider and LCRB trustee presence confirmed for the August open houses. Ms. Winchester reported that she'll continue working closely with schools and providers to provide a coordinated LCRB presence, offering information about available programs and services and offering giveaways to attract booth visitation and promote awareness beyond the open house events.

### Pilot Program: In-school Therapeutic Mentoring

Ms. Winchester reported that earlier this month she, Jason Beard and Mark Grzeskowiak with Presbyterian Children's Home and Services met with R-III's Superintendent Mr. Mark Penny and Director of Student Services Dr. Kevin Conner to gauge their interest in piloting an in-school therapeutic mentoring program next fall. R-III would like to move forward with this pilot program and voiced their appreciation for our advocacy and outreach. The program will be piloted within a high-need elementary school. We proposed Main Street Elementary but the specific school is still to be determined.

### **Executive Director's Report:**

Ms. Winchester reported she:

- Has submitted documentation to Charles Montgomery, CPA, for the LCRB 2014 audit.
- Has sent the LCRB providers the CY 2015 mid-year service report link.
- Will post the CY 2016 funding applications on the LCRB website by June 30, 2015.
- Researched and drafted an article on the Youth Mental Health Training program for the *ExploR-III* magazine.
- Promoted Lincoln County Youth Mental Health First Aid summer training sessions via meetings, email distribution of flyer and social media feeds. Provided the YMHFA trainer with LCRB brochures for training handouts.
- Participated in regional directors meeting, focusing on legislative priorities and gauging interest in a 2016 collaborative initiative, akin to the Youth Mental Health "Train the Trainers" effort.
- Conducted outreach to school district directors regarding LCRB programs for August staff trainings.
- Scheduled Troy R-III School Board of Education presentation for Sept. 15.
- Maintains ongoing correspondence with Bright Futures Lincoln County regarding homeless youth community initiative.
- Purchased template and prepared contact list for e-newsletter.
- Continues to update the LCRB social media feeds with 173 current Facebook likes and 162 Twitter followers.
- Will begin work on the LCRB 2016 budget for board member review/approval next month.

### **Committee Reports:**

- A. Finance Committee: Rod Barnhill reported the board enjoyed a large rebound in its sales tax earnings this month, bringing our total to more than \$65,000 over last year's sales tax collections. Barnhill said he hopes continued growth will allow the board to invest more dollars in 2016 programs.
- B. Personnel Committee: No report.
- C. Selection & Review Committee: Kathy Boessen reported the committee convened to make minor changes to the 2016 funding applications, which will be available on the LCRB website by June 30, 2015.

### **Comments for the Good:**

Meghan Henkelman with Sts. Joachim & Ann Care Service will be leaving the agency to pursue a new career opportunity. Kimberly Hewlett and Stefanie Moon will oversee the Lincoln County office until a new supervisor is announced.

Cheryl Schorr with Mercy Neighborhood Ministry left literature for community resources that work to meet the needs of the under-served communities. She also invites all who gathered to complete Mercy's community health survey.

**Adjournment:** The meeting was adjourned at 8:58 a.m. by Melba Houston. (M.S.P. Busekrus; Wehde)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, July 22, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director