



**Meeting Call to Order:** The meeting was called to order at 8:07 a.m. by Melba Houston, chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston (Chairman), Margie Beckmann, David Thompson, Christine Heintzelman, Nancy Behlmann, Jim Price, Michele Neblock, Rod Barnhill, Barb Wehde, Dan Busekrus and Cheri Winchester (Executive Director)

**Absent:** Adam Burkemper, Kathy Boessen, Kristin Gentry and Glenda Fitzgerald

**Guests:** Beth Sailors (PFH), Kelly Broeker (PFH), Lauri Cross-Fink (CFS), Sabrina Kuznecoff (TCC), Victoria Walker (CHC), Brittany McDonnell (CNW), Theresa Pierce (CNW), Laura Bickford (FACT), Jan Burkemper (CenterPointe), Jennifer Harris (LCHD), Renee Headrick (LCHD)

**Approval of Minutes:** *A motion was made to approve the minutes of the January 28, 2015, meeting as printed. (M.S.P.: Busekrus, Thompson)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of January 31, 2015
- Profit & Loss Budget vs. Actual January 31, 2015
- Sales Tax History from 2014 to Present
- LCRB 2015 Funding Summary
- LCRB 2015 Schedule of Units

The balance of the Peoples Bank & Trust account on 2-24-2015 was \$50,000.00 in the Main Account and \$228,701.83 in the Money Market Account for a total balance of **\$278,701.83**.

The Balance Sheet as of January 31, 2015, showed \$19,572.83 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$271,016.22.

A total of \$94,506.51 was received in January 2015 (111.06% of monthly budget) and a total of \$76,570.19 (69.81% of monthly budget) was paid out in expenditures, resulting in net income of \$17,936.32.

The January 2015 sales tax revenue (deposited on 2-6-2015) was \$79,883.56 (\$14,567.11 or 22.30% more than January 2014).

In February 2015, \$116,041.77 was paid to our providers for January services. The 2015 contract balance totals \$1,107,687.71. The usage rate of our contracted services through January 31, 2015, was 8.72%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Price, Barnhill)*

#### **Correspondence & Announcements:**

- Cheri Winchester routed the February 10, 2015, issue of the *Lincoln County Journal*, which featured the front-page article "Lincoln County Resource Board's Utilization Reaches Nearly 98 Percent Funding for Services."

#### **D.A.R.T. Report:**

Beth Sailors reported D.A.R.T. will meet later this morning to reconvene on its strategic planning, led by Missouri National Guard SGT Anica Jankowski. The coalition will advance its initiatives, which includes advocating for prescription drug monitoring and securing grants for a teen drug summit, following the St. Charles County Drug Court's summit/model in partnership with the Lincoln County Prosecuting Attorney and Lincoln County school districts. Ms. Sailors also reported that prevention advocates were in Jefferson City this week to raise awareness and lobby for a prescription drug monitoring program.

**Children's Trust Fund Report:** No report

## Old Business:

### Annual Report of Services

Ms. Winchester routed a binder of the completed 2014 provider Annual Report of Services. She also noted that she emailed the trustees the report narratives and Excel spreadsheets compiled by Dr. Cynthia Berry. According to the providers' reporting, 10,575 students received services in 2014. To account for potential duplication (for children and youth who receive services from multiple providers), we reduce the figure 10,575 by 30 percent, which totals 7,402 children and youth. To calculate the additional family members impacted, we multiply 7,402 by a factor of 1.75, totaling **12,954 additional family members**. If we add the number of children/youth served, 10,575, plus the number of additional family members impacted, 12,954, these services **reached 23,529 Lincoln County residents**. With the current population of Lincoln County at 53,860, **roughly 44% of Lincoln County residents received direct or indirect benefits from these programs of service in 2014** (Jan. 1-Dec. 31, 2014).

### Youth Mental Health First Aid

Ms. Winchester announced the county's Youth Mental Health First Aid certified trainers trained 20 local law enforcement officials on Feb. 24. They are tentatively planning to host a community training on Friday, March 20 for interested agencies and organizations. The meeting times and location have yet to be determined. Training costs for the 8-hour session is \$75.

*A motion was made that the LCRB pay the \$75 fee for any board of trustee member who wishes to attend the Youth Mental Health First aid training. (M.S.P.: Thompson; Beckman)*

## New Business:

### CHADS Coalition Spring Prevention Initiative

Ms. Winchester reported that she and Chairman Melba Houston discussed exploring the associated costs for sharing the successful "Signs of Suicide" prevention program, provided by the CHADS Coalition, with all of the county's school districts to commemorate the spring observance of children's mental health awareness. The "Sign of Suicide" program presented to Winfield Middle School students resulted in 20 percent of participating students requesting support and/or counseling services. The CHADS Coalition charged \$65 per hour for 10.5 hours of service to provide the program to one grade level at each district (grade level limitations are intended to avoid overwhelming school counselors and meeting student needs), plus travel expenses. Total costs for Winfield Middle School equaled \$720.

#### Board member comments:

- Christine Heintzelman acknowledged this funding and effort as an important, proactive step to address a timely need.
- Barb Wehde added expanding this program demonstrates the board's recognition of our students' needs.
- Dan Busekrus advised, if approved, that we begin scheduling with schools immediately given hectic spring schedules, testing, etc.

*A motion was made that the LCRB fund the CHADS Coalition "Signs of Suicide" program for each Lincoln County school district, offering a one-day program targeting one grade level as recommended by CHADS, at a cost of up to \$3,000. (M.S.P. Thompson; Price)*

## Executive Director's Report:

Ms. Winchester reported she:

- Will be reaching out to providers within the next week to coordinate on-site spring audits.
- Will join the Troy Area Chamber of Commerce delegation in Jefferson City on Tuesday, March 3.
- Is collaborating with the children's services fund directors on a response to Rep. Courtney Curtis' House Bill 909.
- Will initiate efforts to hold a local legislative forum to address local mental health needs given there's no date set as of yet for a Gov. Nixon visit to Lincoln County.
- Will draft the 2014 Annual LCRB Report to Community and schedule our annual presentation to the Lincoln County Commissioners.
- Is working with the R-III School District regarding requested support to address the needs of a growing number of unaccompanied youth. Troy alone currently reports it has 27 homeless students registered in the district. Ms. Winchester has been collaborating with R-III to explore effective transitional living programs offered in St. Louis and St. Charles that the community could consider for Lincoln County adoption/creation. The LCRB is also working to connect students to our funded mental health services. Ms. Winchester said she would keep the committee and board informed of their collective findings and when a community meeting on this issue will be held.
- Provided ongoing support and LCRB provider contacts, e.g., Crisis Nursery Wentzville and Nurses for Newborns, to support New Horizons High School and its teen parent empowerment program.
- Partnered with R-III on the creation of a LCRB-focused video—touting the role of LCRB-funded programs in helping students' achieve academic success—for use with commissioners' report, website and social media.
- Delivered LCRB presentation for the February 4 Troy Rotary Club meeting.

**Committee Reports:**

- A. Finance Committee: David Thompson reported he filed his MEC report. The 2015 sales tax revenues are exceeding our funding schedule, but noted the weather may impact next month's revenues.
- B. Personnel Committee: None
- C. Selection & Review Committee: None

**Comments for the Good:**

Brittany McDonnell with Crisis Nursery Wentzville thanked the board and providers for helping to make the January free donation day one of the nursery's largest donation events, attracting 76 families from Lincoln and St. Charles Counties. The Crisis Nursery will hold an education group on March 20 at 10 a.m. To learn more or attend, consumers should contact Nicole Dulle at 314-229-1834.

Board member Jim Price announced his company Price-Gnade Ford will host a "Drive 1 for Your Community" event to benefit the Lincoln County R-III Buddy Bag program on Wed., March 4 from 2-7 p.m. at the Ninth Grade Center. For every person who test drives a Ford product, Ford Motor Company will donate \$20 toward the Buddy Bag program.

Melba Houston congratulated board member and Lincoln County Health Department WIC Coordinator Margie Beckman for her recent honor and invitation to present her work on the WIC program in Washington D.C. Beckman was the only person from Missouri selected to present at the Washington Leadership Conference.

Ms. Houston also introduced Jennifer Harris as the new director of programs for the Lincoln County Health Department.

**Adjournment:** The meeting was adjourned at 8:57 a.m. by Melba Houston. (M.S.P. Busekrus; Thompson)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, March 25, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director