



**Meeting Call to Order:** The meeting was called to order at 8:04 a.m. by Kristin Gentry, vice chair.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Adam Burkemper, Margie Beckmann, David Thompson, Kristin Gentry, Christine Heintzelman, Glenda Fitzgerald, Rod Barnhill, Barb Wehde and Cheri Winchester (Executive Director)

**Absent:** Melba Houston (Chairman), Kathy Boessen, Nancy Behlmann, Jim Price and Michele Neblock

**Guests:** Charles (Pheeze) Kemper, Jim Wallis (PFH), Beth Sailors (PFH), Brittany Pursifull (PFH), Kelly Broeker (PFH), Lauri Cross-Fink (CFS), Sissy Swift (TCC), Mark Grezeskowiak (PCHAS), Kim Lawrence (PCHAS), Meghan Henkelman (SJA), Kimberly Hewlett (SJA), Stephanie Moon (SJA), Jane Gavril (CHC), Brittany McDonnell (CNW), Heather Lytle (FACT), Brenda Petruso (ThriVe), Kristi Gregory (R-III Guidance Counselor), Jennifer Lescher (R-III Guidance Counselor), Kristen Montgomery (Citizen), Susan Hackenworth (Citizen), Dan Busekrus (Citizen), Jan Burkemper (CenterPointe) and Renee Headrick (LCHD)

**Approval of Minutes:** *A motion was made to approve the minutes of the December 17, 2014, meeting as printed. (M.S.P.: Burkemper, Thompson)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of December 31, 2014
- Profit & Loss Budget vs. Actual December 31, 2014
- Sales Tax History from 2013 to Present
- LCRB 2014 Funding Summary
- LCRB 2014 Schedule of Units

The balance of the Peoples Bank & Trust account on 1-27-2015 was \$50,000.00 in the Main Account and \$225,448.83 in the Money Market Account for a total balance of **\$275,448.83**.

The Balance Sheet as of December 31, 2014, showed \$13,282.38 in the prepaid tax match fund and \$102,000.00 in the LCRB Reserve Fund. Assets and equity were in balance at \$253,079.90.

A total of \$105,348.96 was received in December 2014 (133.08% of monthly budget) and a total of \$73,068.03 (72.76% of monthly budget) was paid out in expenditures, resulting in net income of \$32,280.93.

As of December 31, 2014, a total of \$1,090,242.62 (or 114.77% of budget to date) had been received in revenue and a total of \$1,200,703.53 (or 99.64% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$110,460.91.

The December 2014 sales tax revenue (deposited on 1-7-2015) was \$94,397.40 (\$12,380.45 or 15.09% more than December 2013).

In January 2015, \$70,516.21 was paid to our providers for December 2014 services. The 2014 contract balance totaled \$32,680.03. The usage rate of our contracted services through December 31, 2014, was 97.52%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Fitzgerald, Burkemper)*

#### **Correspondence & Announcements:**

- None

#### **Provider Brief: Youth Mental Health First Aid Update, R-III Guidance Counselors Kristi Gregory and Jennifer Lescher**

Kristi and Jennifer, our county's certified Youth Mental Health First Aid trainers, reported that since their LCRB-funded training they have taught three Youth Mental Health First Aid courses, which served 30 participants each. The focus of the trainings is to

teach participants how to respond to a mental health challenge or crisis with empathy and without unintentionally escalating a situation. The training also helps to increase community awareness and decrease the stigma associated with mental health. Last year, Kristi and Jennifer were awarded an \$80,000 federal grant to expand the program in Lincoln County, which provides funding for six additional instructors to train community partners, such as first responders, law enforcement, school personnel, parents and more. In February, they will provide Youth Mental Health First Aid trainings for the Lincoln County Sheriff's Department and Troy Police Department. The grant also allows the certified trainers to offer the 8-hour courses at a rate of \$75, compared to \$175, which includes lunch and resource materials. Kristi and Jennifer asked LCRB-funded providers who submitted letters of commitment during the grant-submission process to consider the ways in which they would like to partner/support these trainings, e.g., sponsor a training lunch, promote upcoming trainings with the parents they serve, send staff to trainings, etc. They also asked our board meeting attendees to consider attendance of upcoming trainings.

#### **D.A.R.T. Report:**

- Brittany Pursifull reported D.A.R.T. will hold its January meeting later this morning. The December youth flag football event attracted approximately 100 participants, including nearly 70 students. During the January meeting the coalition will discuss plans for the spring event.

**Children's Trust Fund Report:** Kristin Gentry reported that in the second quarter the fund collected \$75 in revenues bringing the total balance to \$6,415.16. Ms. Gentry said she has not received any purchasing requests from the school districts at this time.

#### **Old Business:**

##### Missouri Ethics Commission Financial Disclosure Statement

Ms. Winchester reported she has submitted the list of LCRB filers to the Missouri Ethics Commission. Those filers from the LCRB should receive notification from the commission regarding the filing in January via mail for completion in May 2015.

##### Annual Report of Services

Ms. Winchester announced that the 2014 Annual Report of Services e-mail survey is due Friday, February 6. Upon completion, Ms. Winchester will share report outcomes with the board. Additionally, Dr. Cynthia Berry will assess and merge collected data into the 2014 Needs Assessment to enhance the report's timeliness.

#### **New Business:**

##### Trustee Recommendation

*A motion was made that the LCRB formally request that the Lincoln County Commissioners appoint Dan Busekrus to serve a three-year term to fill the vacant seat of retired board member Charles "Pheeze" Kemper.  
(M.S.P.: Thompson; Barnhill)*

##### Billboard Renewal

Ms. Winchester reported the LCRB/Troy CVB billboard lease will expire March 2015 and the Troy CVB has expressed interest in continuing our partnership/lease for another year.

*A motion was made to renew the LCRB-Troy CVB billboard lease for another year term, through March 2016.  
(M.S.P. Thompson, Beckmann)*

#### **Executive Director's Report:**

Ms. Winchester reported she:

- Corresponded with Catholic Family Services and New Horizons High School regarding a 2015 clinical group addressing the needs of teen parents.
- Corresponded with R-III regarding the creation of a mental health video, touting the role of LCRB-funded programs in helping students' achieve academic success, for use with commissioners' report, website and social media.
- Ongoing correspondence with Governor Nixon's Deputy Scheduler and April Bryant regarding the governor's interest in visiting Lincoln County regarding our youth mental health investments and advances.
- Drafted/submitted news release announcing the 2014 utilization rate of 97.52 percent.
- Observed CHADS Coalition "Signs of Suicide" prevention program at Winfield Middle School.
- Coordinated and observed Catholic Family Services trauma presentation to the R-III School District's guidance counselors.
- Provided assistance, research and outreach to support homeless teen case, coordinating a tour of Covenant House and its transitional living program for possible referrals.
- Created and delivered LCRB presentation for Healthy Communities' January meeting.
- Ongoing correspondence with regional directors regarding 2015 legislative initiatives, including SB22 that targets St. Louis County Children's Service Fund.

- Met with LCRB volunteer candidate Kristen Montgomery, who has studied social work at the collegiate level, and researched liability/insurance implications (\$12 additional fee per year to add a volunteer to the liability policy). *A motion was made that Kristen Montgomery serve as a volunteer resource for the LCRB, working directly with the executive director to advance administrative and research initiatives. (M.S.P. Beckmann, Fitzgerald)*

**Committee Reports:**

- A. Finance Committee: David Thompson reported that the 2015 sales tax revenues are performing at a strong start. Currently, there are no economic indicators suggesting the pace won't continue.
- B. Personnel Committee: Margie Beckmann welcomed volunteer Kristen Montgomery.
- C. Selection & Review Committee: None

**Comments for the Good:**

Brett Siefert, Lincoln County Health Department administrator, addressed participants regarding the Public Health Fund Inc. and its efforts to address unmet health needs. Mr. Siefert said his board is considering a partnership with CenterPointe Hospital to bring telepsychiatry to the health department to primarily serve consumers ages 18 and older. The benefits of telepsychiatry would include reduced costs, improved access to psychiatric care and medication management. The services would be funded through insurance. Mr. Siefert asked the attending mental health providers to contact him with questions or if they have a need/interest in referring adult guardians from the youth programs they offer.

Meghan Henkelman with Sts. Joachim & Ann Care Service introduced Stephanie Moon, new full-time social worker at the Troy office. Stephanie worked previously at Paraquad in St. Louis.

Brittany McDonnell with Crisis Nursery Wentzville announced they will host a free donation day event on Friday from 1-3 p.m. at their LINC office located at 9 Love Park Lane in Wentzville. To attend, consumers must RSVP to Nicole Dulle at 314-229-1834.

Mark Grezeskowiak with Presbyterian Children's Homes and Services thanked all who attended the "Unfrozen" Christmas program performed by students from the therapeutic mentoring program. Mark reported the students were overjoyed with the crowd and community support.

Brenda Petruso with ThriVe announced they are hiring a new full-time educator, seeking youthful candidates who can relate to middle and high school students.

Sissy Swift with The Child Center announced they will hold their annual conference April 1 through 3 at Ameristar in St. Charles.

**Adjournment:** The meeting was adjourned at 8:59 a.m. by Kristin Gentry. (M.S.P. Thompson, Barnhill)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m. on Wednesday, February 25, 2015, at the Lincoln County Health Department, #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director