



**Meeting Call to Order:** The meeting was called to order at 8:06 a.m. by Melba Houston, Chairman.

**Roll Call and Introduction of Guests:** The Trustees and other guests introduced themselves.

**Present:** Melba Houston (Chairman), Christine Heintzelman, Charles (Pheeze) Kemper, Rod Barnhill, Margie Beckmann, Glenda Fitzgerald, Michele Neblock, Kristin Gentry, Barb Wehde, Adam Burkemper and Cheri Winchester (Executive Director).

**Absent:** David Thompson, Kathy Boessen, Nancy Behlmann and Jim Price.

**Guests:** Kelly Broeker (PFH), Brittany Pursifull (PFH), Meghan Hastings (PFH), Lauri Cross-Fink (CFS), Mark Grezeskowiak (PCHAS), Sarah Neuman (SJA), Meghan Henkelman (SJA), Victoria Walker (CHC), Nicole Dulle (CNW-Family Empowerment Program), Barb Skelton (TCC), Renee Headrick (LCHD-WIC) and Bob Padilla (citizen).

**Approval of Minutes:** *A motion was made to approve the minutes of the February 26, 2014, meeting as printed. (M.S.P.: Kemper, Heintzelman)*

#### **Monthly Financial Report:**

Ms. Winchester reviewed several financial documents that included:

- Balance Sheet as of February 28, 2014
- Profit & Loss Budget vs. Actual February 28, 2014
- Sales Tax History from 2013 to Present
- LCRB 2014 Funding Summary
- LCRB 2014 Schedule of Units

The balance of the Peoples Bank & Trust account on 3\_25\_2014 was \$50,000.00 in the Main Account and \$224,887.19 in the Money Market Account for a total balance of **\$274,887.19**.

The Balance Sheet as of February 28, 2014, showed \$19,243.63 in the prepaid tax match fund and \$102,000 in the LCRB Reserve Fund. Assets and equity were in balance at \$307,300.52.

A total of \$65,444.16 was received in February 2014 (82.67% of monthly budget) and a total of \$111,584.22 (112.81% of monthly budget) was paid out in expenditures, resulting in net income of -\$46,140.06.

As of February 28, 2014, a total of \$147,611.87 (or 93.23% of budget to date) had been received in revenue and a total of \$203,852.16 (or 103.04% of budget to date) had been paid out for expenses. The net ordinary income to date was -\$56,240.29.

The February 2014 sales tax revenue (deposited on 3-7-2014) was \$88,248.02 (\$7,472.99 or 9.25% more than February 2013).

In February 2014, \$96,763.11 was paid to our providers. The outstanding 2014 contract commitment totaled \$917,496.71. The usage rate of our contracted services through February 28, 2014, was 20.93%.

*A motion was made to file the financial report for audit as presented. (M.S.P.: Kemper, Barnhill)*

### Correspondence & Announcements:

- Cheri Winchester and Glenda Fitzgerald announced the Rise Above Foundation Scholarship Golf Tournament scheduled for April 26 at Woods Fort Country Club in Troy. Registration for the 18-hole tournament begins at 11 a.m. with a noon shotgun start. All funds raised will support Rise Above Foundation scholarships for graduating Lincoln County seniors who face overwhelming obstacles in furthering their education.

### D.A.R.T. Report:

- Brittany Pursfull reported the D.A.R.T. executive team recently met to advance the strategic planning process. On April 30, D.A.R.T. will host its large-group meeting for community participation. D.A.R.T. will support the April 26 Prescription Drug Take-Back event with participating pharmacies: Troy Medicine Shoppe, Troy Walgreens and Elsberry Pharmacy. The purpose of the event is to prevent the sale or abuse of unused or expired medications (prescription and over-the-counter medications). The group is planning an end-of-school mud volleyball youth event, tentatively scheduled for May 30.

### Provider Brief: Crisis Nursery Family Empowerment Program, Nicole Dulle reported:

- The Crisis Nursery's empowerment program is offered to Lincoln County parents who have a child under the age of 12. Parents do not have to utilize respite care services to access the free program. There also are no income or insurance guidelines or restrictions. The family empowerment program is provided by staff with master-level degrees who offer crisis counseling and strength-based interventions, including:
  - **Community Outreach Visits** – Providing intensive home-based crisis interventions and skill development.
  - **Parent Education Groups** – Teaching critical parenting skills and basic child-development issues; topics include appropriate discipline, budgeting and job preparedness skills.
    - In April and May, the Crisis Nursery will offer a free, five-week stress management parent education series—meeting Thursdays from 10 a.m. to noon on April 10, 17, 24 and May 1 and 8 at the Crisis Nursery Wentzville Outreach Center (LINC Family Center) 9 Love Parc Lane, Wentzville.
  - **Emergency Fund** – For families enrolled in the program, the Crisis Nursery has a limited emergency fund available to help families with the necessities of life (i.e., housing, utilities, food and medicine).

To learn more about the program, call Nicole at 314-229-1834.

### Children's Trust Fund Report: No report.

### Old Business:

- Legislative Update: HB 1813 and HB 1695  
Ms. Winchester reported neither bill will leave committee. Representative Courtney Curtis' efforts to fund transportation through the children's service funds and establish a state oversight committee were defeated this session. Children service funds directors, providers and collaborators remain concerned that he will work to introduce similar legislation next session. The LCRB issued correspondence to committee members to enhance awareness of these bills' far-reaching effects; how it discounts voters' who approved local monies with local oversight to address local needs; and the local boards' ability to effectively and prudently conduct oversight of local taxpayer dollars. The LCRB will work with its colleagues to proactively reach state legislators to educate them of the issues and effectiveness of our local funds.
- 2014 Needs Assessment  
Ms. Winchester shared the assessment is progressing per the approved schedule with provider e-survey responses due March 31. She also reported the 2014 needs assessment goals include producing a more condensed version for greater utility and a LCRB guide for community outreach.
- Youth Mental Health First Aid  
Ms. Winchester reported all four Lincoln County School Districts will participate in the April 9 training. The coordinators anticipate filling all 30 slots with districts' guidance counselors and administrators. Following the spring training, the coordinators will begin planning for a summer community-based training and will seek additional funding sources.

## **New Business:**

- Missouri Foundation for Health Inquiry

Ms. Winchester reported a representative with the Foundation phoned to learn more about the children's service funds, including how we allocate funding and determine need. The Missouri Foundation for Health is exploring mental health funding—reaching out to local funds and providers to learn more. Ms. Winchester provided information over the phone; followed up via email; and will keep the board informed of future inquiries/funding plans.

- Commemorations

- April:

- National Child Abuse Prevention Month: Ms. Winchester reported she coordinated an interview with the *Lincoln County Journal* and the LCRB's prevention partners (Crisis Nursery, The Child Center, Nurses for Newborns and Sts. Joachim & Ann Care Services) to report on our services and efforts to prevent child abuse and neglect. Ms. Winchester also shared plans to promote the national observance and LCRB's efforts via social media, specifically Facebook and Twitter.
- National Alcohol Awareness Month: Ms. Winchester noted the LCRB's plans to partner with Preferred Family Healthcare on a local radio interview to inform listeners of our efforts to prevent youth substance abuse and offered assistance to Preferred regarding outreach to the *Lincoln County Journal* regarding school-based efforts/April activities.

- May 8: National Children's Mental Health Awareness Day: Ms. Winchester reported reviewing the Department of Mental Health's website for activities and ideas for community outreach, which include hosting Youth Mental Health First Aid (YMHFA) trainings. Ms. Winchester plans to promote our recent Lincoln County School Districts training via communications channels, such as an article in *Eplor-III Magazine* (Lincoln County R-III School District publication), *Lincoln County Journal* news release and social media.

Ms. Winchester also shared an opportunity to bring speaker Kevin Hines to Lincoln County for a school-based speaking event. Hines, featured in the YMHFA training video, survived an attempted suicide attempt, jumping off the Golden Gate Bridge, after suffering from bipolar disorder and substance abuse. He currently tours the nation for speaking engagements, national media interviews and to promote his book *Cracked; Not Broken*, which chronicles his journey from attempted suicide to living mentally well with bipolar disorder. Ms. Winchester spoke with his booking agent and his fees would cost roughly \$5,000 plus travel expenses to bring him to Lincoln County. Ms. Winchester said she'd work to confirm interest in such an endeavor for 2015 and explore funding sources.

## **Executive Director's Report:**

Ms. Winchester reported:

- She presented the LCRB's annual report to the Lincoln County Commissioners, which included publishing the LCRB's inaugural annual report for ongoing community outreach, presentations and website.
- The first inner-agency meetings for Winfield and Elsberry were successfully held, helping move cases off waiting lists; confirming case status with juvenile officers in attendance; and adding provider partners to cases when relevant.
- Spring audits are underway, going well and will be completed by the end of April.
- Communications: Demonstrated website design and navigation for feedback before publishing the site; updated on recent and future coverage with the *Lincoln County Journal*; and shared the billboard design for approvals.
- She participated in the March regional directors' meeting, which concentrated largely on Representative Courtney Curtis' legislative efforts targeting children's funds, ways to inform committee members and monitor for future activities.
- The Child Center, Inc. requested the contractual budget allotment for children's activities books be modified so that The Child Center can extend those resources to all prevention-based materials (with no increase of funding), such as prevention posters, etc.

*A motion was made that The Child Center, Inc.'s contractual budget allotment for children's activity books be modified to cover prevention-based materials, at no budget increase. (M.S.P.: Kemper, Heintzelman)*

## **Committee Reports:**

### A. Finance Committee:

- Rod Barnhill reported the sound fiscal state of the LCRB, need to shop locally and expected sales tax rebound following harsh winter.

B. Personnel Committee:

- Committee Chair Margie Beckmann reported:

Gina Bueneman-Cooper, Cooper Management Training & Consulting, Inc., will have a revised manual for the committee's review by week's end and the committee will report on the revisions at the next board meeting.

C. Selection & Review Committee: No further report.

**Comments for the Good:**

- Sarah Neumann with Sts. Joachim and Ann Care Service (SJA) shared plans and updates for the Troy office move to Main Street.

**Adjournment:** The meeting was adjourned at 8:56 a.m. by Melba Houston, Chairman. (M.S.P.: Fitzgerald, Kemper)

**Next Meeting:** The next Lincoln County Resource Board meeting is scheduled for **8:00 a.m.** on **Wednesday, April 23, 2014, at the Lincoln County Health Department (Community Room), #5 Health Department Drive, Troy, MO.**

Minutes respectfully submitted by: Cheri Winchester, Executive Director